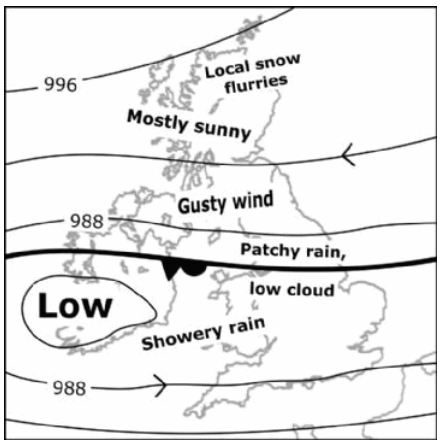
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.

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General Summary for Thursday, 19 November, 2026



British Mountain Summary:
Based on forecast chart for noon 19 November, 2026

Chilly but fine for much of the Highlands, local snow showers moving inland from the Moray Firth. Brisk easterly winds for Scotland and northern England. Murky with rain over the Pennines, snow higher tops, drier for Lake District. Low cloud for east Wales, clearer west; showery in south Wales.

Headline for Cairngorms NP and Monadhliath

Largely dry, an odd snow flurry, sunnier west; breezy.

Detailed Forecast for Thursday, 19 November, 2026

How windy? (On the Munros)	East-northeasterly 20 to 30mph.
Effect of wind on you?	**Starting to affect ease of walking on some high terrain. Considerable wind chill.**
How wet? (Precipitation and its impact)	**Isolated snow showers** Most places often dry all day. Risk of one or two brief snow or soft hail showers or flurries toward north and eastern Cairngorms NP.
Cloud on the hills?	**Capping tops most often in north** Banks of cloud drifting onto higher Cairngorms, mostly above 900m, most frequent in north and eastern areas, but often clearing above tops south and west.
Chance of cloud free Munros?	**60%**
Sunshine? Air clarity (below cloud)	Intermittent sun, more often sunnier toward Drumochter. Visibility very good.
How Cold? (at 900m)	-1 or -2C. Feeling like -10C directly in the wind.
Freezing Level	700m, rising marginally in middle of day. Frost widely in glens in morning.

Cairngorms NP and Monadhliath - Looking Ahead

	Friday 20 November	Saturday 21 November
How windy? (On the Munros) **Effect of wind on you?**	Northeasterly then variable, 10-15mph or less, locally 20mph on higher eastern Cairngorms occasionally. **Mostly small.**	Variable direction below 10mph. Toward dusk rising east-southeasterly 15-20mph, perhaps stronger after dark. **Small most or all daylight.**
How wet? (Precipitation and its impact)	**Local snow showers north** Occasional brief snow showers or flurries for the northern Cairngorms, perhaps Monadhliath; possible brief hail. Most southern areas largely dry.	**Precipitation unlikely** Small chance of an isolated snow flurry toward the northeast Cairngorms NP.
Cloud on the hills? **Chance of cloud free Munros?**	**Varying, mostly northern areas** Cloud banks likely drift over higher and northern Cairngorms much of the morning, in places may persist above 800-1000m for a few hours. Tending to break further southwards and may widely disperse. **50%**	**Little or none** Chance of local fragments around northern corries, otherwise hills likely clear. **90%**
Sunshine? Air clarity (below cloud)	Occasional sun, mostly southern areas. Visibility excellent, locally reduced in any showers.	Mostly sunny and superb visibility. Patchy fog in glens.
How Cold? (at 900m) **Freezing Level**	-2C. 700m. Frost in many glens in the morning.	-2C. Much terrain frozen in morning, partial thawing sunlit slopes up to 600-700m.

Planning Outlook

All mountain areas of Britain from Friday, 20 November, 2026

Staying below freezing over Scottish mountains into the weekend and next week, varying around freezing for tops in northern England, at times milder for Wales. Frost common into valleys and glens. A few snow showers in northeastern Scotland on Friday, otherwise plenty of dry weather and sunshine into the weekend; patchy fog on some low ground. A risk of rain moving into Wales into Sunday, may fall as snow on hills. Light winds for most places on Saturday, then stronger east-southeasterlies on Sunday, which may bring cloud onto some eastern hills. Next week sees weather systems pushing in from the Atlantic with some strong winds, rain and hill snow in the outlook.

Forecast issued at 7:49 on Thursday, 19 November, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.