

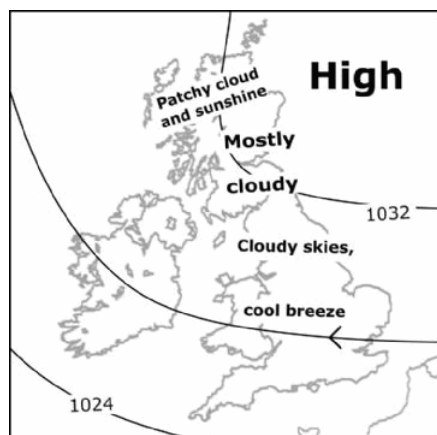
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Conistone.



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General Summary for Monday, 17 March, 2025



British Mountain Summary:

Based on forecast chart for noon 17 March, 2025

Staying near freezing on higher tops. Light winds for the Highlands, a chilly easterly breeze further south. Generally dry but rather cloudy, although much cloud lifting above the hills. Best sunshine toward the north and northwest of Scotland, also nearer western coasts in England and Wales.

Headline for Lake District

Chilly breeze. Dry but cloudy, some sun west.

Detailed Forecast for Monday, 17 March, 2025

How windy? (On the summits)	Easterly 10 to 20mph. Some gustiness over high summits and elevated passes.
Effect of wind on you?	Fairly small, some unpleasant gusts.
How wet? (Precipitation and its impact)	No precipitation expected
Cloud on the hills?	Mostly clear, a few patches over fell tops Patches may briefly drift over highest fell tops in the morning, more likely east. Otherwise cloud generally forming above the fells.
Chance of cloud free summits?	80%
Sunshine? Air clarity (below cloud)	Variable cloud and some sun, best in west. Visibility excellent.
How Cold? (at 750m)	-1C rising to +1C.
Freezing Level	Frost many valleys and sheltered higher areas at dawn, typically rising to fell tops or just above through the afternoon.

Lake District - Looking Ahead

	Tuesday 18 March	Wednesday 19 March
How windy? (On the summits) Effect of wind on you?	Southeasterly 15-25mph. Considerable gustiness over high terrain, up to 35mph possible. Walking starting to be impeded with notable buffeting and stability challenges. Significant wind chill.	Southeasterly 15mph, to gusty 20mph around some higher fells. Fairly small, but feeling cool on exposed higher terrain.
How wet? (Precipitation and its impact)	No precipitation expected	No precipitation expected
Cloud on the hills? Chance of cloud free summits?	Little to none A few isolated fog banks in sheltered valley bottoms in the morning. Soon clearing to cloud-free. Above 90%	Hills clear Above 90%
Sunshine? Air clarity (below cloud)	Widespread sunshine. Excellent visibility.	Sunshine and thin high cloud. Visibility good, but expect low-level haze.
How Cold? (at 750m) Freezing Level	Around -1C, rising towards 2C. Feeling like -10C in strong gusts. Slight frost across most terrain at dawn, rising above the summits.	3 or 4C, rising slightly higher by afternoon on south-facing slopes. Frost in the valleys and sheltered higher areas at first. Otherwise above freezing up to highest tops.

Planning Outlook

All mountain areas of Britain from Tuesday, 18 March, 2025

High pressure persists, maintaining dry conditions during this week. East to southeasterly winds will prevail, ushering in milder air from southern Europe with time - rising above freezing to highest summits into midweek. Cloud breaking up to offer sunnier skies more widely, but clear skies overnight will bring frosty dawns to many valleys and glens for several more nights ahead. By the end of this week, lowering pressure from Biscay will introduce an increasing risk of showery rain, soonest for Wales. Pressure may remain fairly high to the north, resulting in little rain for Scotland in the extended outlook. Late March may draw in some chillier air from the north once again.

Forecast issued at 16:30 on Sunday, 16 March, 2025

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.