

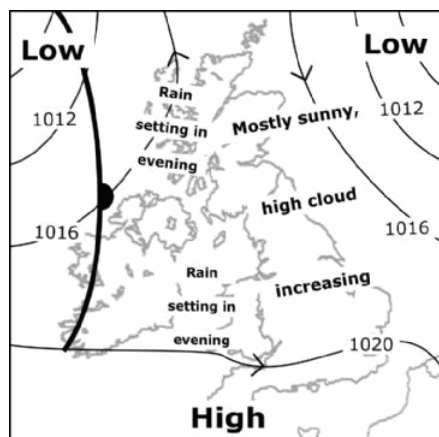
# Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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## General Summary for Friday, 23 May, 2025



### British Mountain Summary:

#### Based on forecast chart for noon 23 May, 2025

A sunny start for most. High cloud begins drifting over western areas, gradually thickening through afternoon. Patchy high cloud builds in eastern Scotland and down the spine of the Pennines before high cloud reaches these areas too. Overcast for most by dusk with rain setting into western coastal areas, spreading east overnight.

### Headline for Lake District

Sunny, high cloud increasing; rain into night

## Detailed Forecast for Friday, 23 May, 2025

<b>How windy? (On the summits)</b>	Generally westerly through variable, 15mph or less. A breeze picking up into the night, up to 25mph after dark.
<b>Effect of wind on you?</b>	<b>Mostly small, though becoming blustery into the night.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Dry daylight, rain from dusk</b> Dry during the daytime. Rain arriving from the west around dusk, setting in steadier into the night with heavy moments.
<b>Cloud on the hills?</b>	<b>Likely none</b>
<b>Chance of cloud free summits?</b>	<b>Nearly certain</b>
<b>Sunshine?</b> Air clarity (below cloud)	Strong sunshine, some patchy fair weather cloud building. High cloud thickens from the west through afternoon, becoming overcast by evening. Superb visibility.
<b>How Cold? (at 750m)</b>	5C rising to 8C, some locally warmer areas east of high fells.
<b>Freezing Level</b>	Above the summits. Chance of frost in some eastern valleys at dawn.

**All mountain areas of Britain from Saturday, 24 May, 2025**

Low pressure facilitates a strong westerly Atlantic breeze over the weekend: blustery winds, low cloud, damp conditions for Saturday, then widely heavier rain is expected by Saturday night, accompanied by winds strengthening to gale force over many hills. Remaining very windy through Sunday and Monday with mountain gales; cooler too, with heavy showers, particularly frequent in western Scotland, a risk of hail and thunder. A changeable week follows, winds generally easing and likely a period of rain for England and Wales Tuesday. Eastern Scotland may be substantially dry with regular sun. Some improvement likely late week into the weekend.

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.