

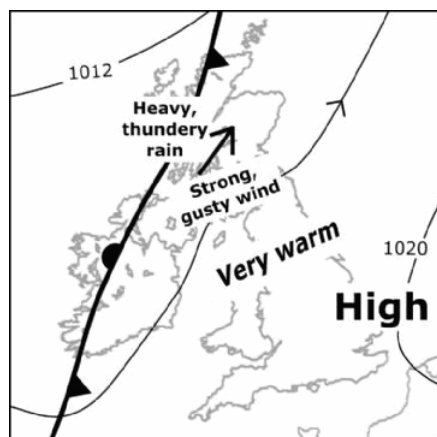
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Conistone.



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General Summary for Monday, 30 June, 2025



British Mountain Summary:

Based on forecast chart for noon 30 June, 2025

Very warm and humid. Gale force southerly winds for NW Scotland at first will ease, but gusty winds strengthen elsewhere. As a front encroaches from the west across the Highlands, bursts of rain will merge into a swathe of more extensive heavy rain, possible thunder. Dry with sunshine for England and Wales, small risk local showers.

Headline for Lake District

Increasingly windy. Very warm; low cloud south slowly thins.

Detailed Forecast for Monday, 30 June, 2025

| | |
|---|--|
| How windy? (On the summits) | Southerly 20 to 30mph, strongest higher western fells, gusty in places; strengthens afternoon-evening to southwesterly 35-40mph on tops. |
| Effect of wind on you? | Affecting comfortable walking and balance on some exposed ridges, becoming strenuous higher terrain. |
| How wet? (Precipitation and its impact) | Very likely dry Some fine drizzle possible near coast if in cloud early morning. Most likely all day dry, but toward evening, small chance of an isolated thundery burst of rain forming. |
| Cloud on the hills? | Low cloud in morning largely clearing Low cloud fairly extensive in the morning, most persistent south and southwestern fells, to some lower slopes. Slowly thinning and breaking to clear most fells, but fog may linger near coastal slopes. |
| Chance of cloud free summits? | 20% rising to 90% away from coast |
| Sunshine? Air clarity (below cloud) | Sunshine and some thin high cloud. Visibility very good, but some early haze or mist, which may linger into afternoon near southwest coast. |
| How Cold? (at 750m) | 15C where in cloud, up to 19C particularly further east; very humid. Likely to then drop into the night, to 10C or lower. |
| Freezing Level | Above the summits |

Lake District - Looking Ahead

| | Tuesday 1 July | Wednesday 2 July |
|---|---|--|
| How windy? (On the summits) | Direction variable 10 to 15mph or less. | Northwesterly or variable 10 to 20mph. |
| Effect of wind on you? | Small | Mostly small |
| How wet? (Precipitation and its impact) | Risk bursts of rain Occasional rain, local slow-moving showers forming into afternoon, possible thundery bursts later. | Risk local heavy showers later Possible local spots of rain morning. Scattered showers forming mainly mid-late afternoon onward, local heavy bursts, chance of isolated thunder. |
| Cloud on the hills? | Fairly extensive, improving Covering the fells fairly widely in the morning, lowest toward south and west Lakes, to mid or some lower slopes. Bases rising during day, may linger over high tops, later may clear most summits. | Likely very little Most likely the fells largely clear. Any patches in morning soon lifting above tops. If showers form, cloud banks drifting over tops. Chance low cloud banks more widely southern areas for a time. |
| Chance of cloud free summits? | 50% | 80% |
| Sunshine? Air clarity (below cloud) | Fairly cloudy, glimpses of sun. Visibility good, slight haze. | Areas of high cloud, some sun breaking through, mainly near to coast. Visibility very good. |
| How Cold? (at 750m) | 10 to 13C. | 9 to 12C. |
| Freezing Level | Above the summits | Above the summits |

Planning Outlook**All mountain areas of Britain from Tuesday, 1 July, 2025**

Cooler across Scotland by Monday night as a cold front advances eastwards. Risk of scattered thundery showers Tuesday-Wednesday, mostly eastern areas. High pressure then builds to the south, whilst a humid southwesterly returns to bring spells of rain and low cloud to western Scotland. The second week of July looks cooler for all with sunshine and showers.

Forecast issued at 16:00 on Sunday, 29 June, 2025

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.