

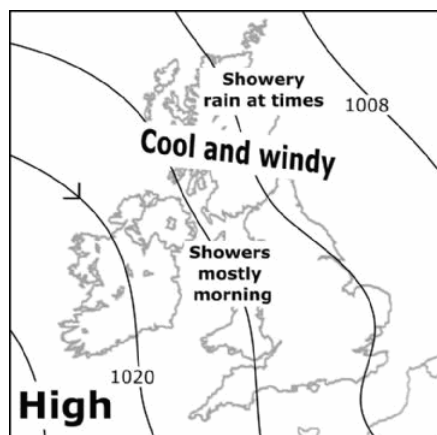
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Monday, 7 July, 2025



British Mountain Summary:

Based on forecast chart for noon 7 July, 2025

Northwesterly winds will be blustery over the mountains, feeling distinctly chilly in exposure. Plenty of dry weather, some showers toward the north and east of Scotland. Showery rain for Wales early in the day fades. Cloud clearing many tops and some sun.

Headline for Lake District

Windy and cool. Largely dry, broken cloud and sun.

Detailed Forecast for Monday, 7 July, 2025

How windy? (On the summits)	Northwesterly 25mph, at times up to 30mph on west coastal-facing slopes. Strengthening later, up to 35-40mph.
Effect of wind on you?	Walking impeded in strongest wind, becoming more strenuous with buffeting gusts later. Feeling cool.
How wet? (Precipitation and its impact)	Little rain expected Risk of a few light showers at first and chance of rare brief showers later in the day, but most of the time stays dry.
Cloud on the hills?	Lifting off high terrain through morning Patchy banks drift over highest fells in the morning, locally drifting slightly down slopes facing the Solway. Lifting for largely clear summits.
Chance of cloud free summits?	90%
Sunshine? Air clarity (below cloud)	Patchy sun soon becomes fairly extensive, some fair weather cloud around. Very good visibility, some haze west fells.
How Cold? (at 750m)	7C rising to 11C. Feeling near freezing in wind in morning, 4C afternoon.
Freezing Level	Above the summits

Lake District - Looking Ahead

	Tuesday 8 July	Wednesday 9 July
How windy? (On the summits) Effect of wind on you?	Northwest then westerly 15-25mph, easing for a time during morning, then increasing again later in daytime. Fairly small, becoming noticeably breezier later.	Westerly 15 to 20mph, occasional 25mph on highest tops early morning. Fairly small.
How wet? (Precipitation and its impact)	Little rain expected Chance local spots of drizzly rain late in the day.	Drizzly rain mostly morning Drizzle or patchy light rain in the morning. Tending to fade, but leaving fine drizzle where in cloud in west.
Cloud on the hills?	Tops largely clear until late Cloud caps over high fells, some banks drifting down north and western aspects. Lifting to clear most fells by midday. As evening approaches, patches intermittently return to tops, possibly briefly filling in across most high terrain.	Extensive, some improvement Shrouding fells widely in morning, bases 400-600m, lowest in west, to some lower slopes near coast for a time. Base rising a little, breaks forming soonest in east, but likely to linger over higher western fells.
Chance of cloud free summits?	Above 90%, reducing to 70% late	10% rising to 40%
Sunshine? Air clarity (below cloud)	Morning sunshine gradually weakened by building high cloud, quite cloudy later. Excellent visibility.	Largely cloudy, glimpses of sun developing mostly east/southeastern areas. Misty especially coastal hills in morning; visibility becoming good below cloud.
How Cold? (at 750m) Freezing Level	7C rising to 11C Above the summits	12C rising to 15C afternoon, humid. Above the summits

Planning Outlook**All mountain areas of Britain from Tuesday, 8 July, 2025**

Low pressure to the northwest maintains a humid southwesterly wind mid-late this week, with fronts situated near northwestern coasts - often extensive low cloud here with some drizzly rain. Drier with sun and broken cloud in east and southern Scotland. High pressure expanding over England and Wales brings more sunshine and draws in increasingly very warm air again in the later part of this week, higher temperatures extending into Scotland with time; some mist may continue to affect coasts in the west.

Forecast issued at 16:00 on Sunday, 6 July, 2025

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.