

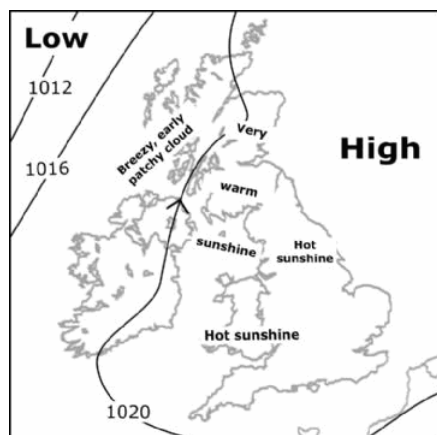
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Conistone.



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General Summary for Friday, 11 July, 2025



British Mountain Summary:

Based on forecast chart for noon 11 July, 2025

Sunny and very warm across most areas with light or negligible wind - beware risk of sunburn and dehydration. Warm temperatures will persist overnight. Temperatures nearer the middle teens on Scotland's west coast in the breeze, some early patchy cloud onto Skye and coastal slopes to the south.

Headline for Lake District

Sunny and very warm, staying warm into night

Detailed Forecast for Friday, 11 July, 2025

How windy? (On the summits)	Generally southerly through increasingly variable, 10mph or less.
Effect of wind on you?	Negligible.
How wet? (Precipitation and its impact)	No rain
Cloud on the hills?	Little or no cloud Local patchy mist in valley bottoms from dawn may lift somewhat after sunrise, soon dissipating for cloud-free fells.
Chance of cloud free summits?	Almost certain
Sunshine? Air clarity (below cloud)	Widespread sunshine; beware sunburn and dehydration. Excellent visibility; hazy over the Irish Sea.
How Cold? (at 750m)	16C in the morning, rising to 19C in the afternoon. Remaining warm on high ground overnight.
Freezing Level	Well above the summits.

Lake District - Looking Ahead

	Saturday 12 July	Sunday 13 July
How windy? (On the summits) Effect of wind on you?	Southerly 10mph or less, shifting southeasterly. A slight rise later in the day up to 15mph. Negligible most of the day.	Southeasterly 15mph most of the day, some notable gusts around low slopes early. Rising to 20mph into evening. Mostly small, some light buffeting in stronger winds early and late in the day.
How wet? (Precipitation and its impact)	Very likely dry Very remote risk of isolated thunderstorms in the late afternoon or early evening. Otherwise, dry all day.	Little or no rain Small chance local spots of light rain late in the day.
Cloud on the hills?	Cloud not expected	Fells clear A few local patches of fret on easternmost N Pennines at dawn soon clear for cloud free hills. Low patches may return and thicken into nighttime.
Chance of cloud free summits?	Almost certain	Above 90%
Sunshine? Air clarity (below cloud)	Widespread strong sunshine; beware sunburn, dehydration and heatstroke. Excellent visibility but hazy over the Irish Sea and Lancashire plains.	A sunny morning, then a patchwork of cloud building, at times shrouding sun. Excellent visibility.
How Cold? (at 750m) Freezing Level	18C rising to 21C by mid-afternoon, remaining warm overnight on high ground. Well above the summits. (Valley temperatures approaching 25 to 30C in the afternoon.)	17 or 18C, rising only slightly during the day. Above the summits

Planning Outlook

All mountain areas of Britain from Saturday, 12 July, 2025

Very warm or hot conditions this weekend in the mountains and the valleys, with extreme risk of wildfire in Scotland; beware dehydration and sunburn. Light winds and very little cloud.

Low pressure returns late Sunday into Monday bringing rain to most, risk heavy or thunderstorms north England and Scotland. Temperatures will cool towards average and often raining for the first half of the week. Becoming more mixed from mid-week as pressure goes slack and Atlantic fronts make only weak pushes from the west. Patchy rain and cloud will come and go with the best opportunities for sun in north and western areas.

Forecast issued at 16:08 on Thursday, 10 July, 2025

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.