

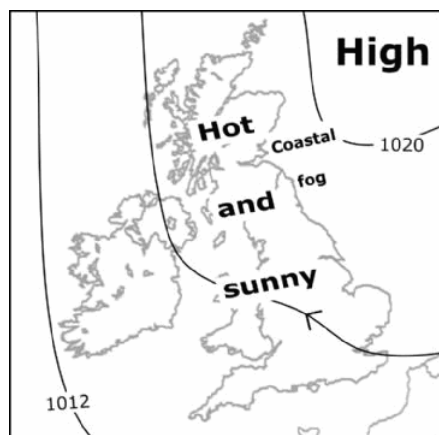
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Saturday, 12 July, 2025



British Mountain Summary:

Based on forecast chart for noon 12 July, 2025

Hot everywhere, rising to 30C in valleys widely by early afternoon, slightly cooler easternmost areas. Unbroken sunshine dawn til dusk. Light winds, though breezier west coast of Scotland, particularly on islands. Very dry ground conditions - high fire risk.

Headline for Lake District

Hot sunshine. Light winds.

Detailed Forecast for Saturday, 12 July, 2025

How windy? (On the summits)	Southeasterly 10mph or less. A slight rise later in the day up to easterly 15mph.
Effect of wind on you?	Negligible most of the day.
How wet? (Precipitation and its impact)	No rain
Cloud on the hills?	Cloud not expected
Chance of cloud free summits?	100%
Sunshine? Air clarity (below cloud)	Widespread strong sunshine; beware sunburn, dehydration and heatstroke. Excellent visibility but hazy over the Irish Sea.
How Cold? (at 750m)	18C rising to 21C by mid-afternoon, remaining warm overnight on high ground.
Freezing Level	Well above the summits. (Valley temperatures approaching 30C in the afternoon.)

All mountain areas of Britain from Sunday, 13 July, 2025

Lowering pressure from southwest late Sunday into Monday bringing increasing risk bursts of rain and thunderstorms to start the new week, strong and gusty southerly winds. Temperatures will cool towards average. Pressure goes slack and winds fall light into midweek. A risk of heavy rain moving across England and Wales in particular on Tuesday. Low pressure is likely to be more common in the extended outlook with slow-moving areas of showery rain, some thundery bursts locally, interspersed with drier days.

Forecast issued at 16:00 on Friday, 11 July, 2025

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.