

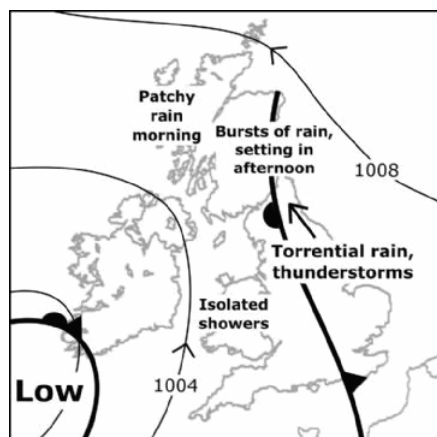
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Saturday, 19 July, 2025



British Mountain Summary:

Based on forecast chart for noon 19 July, 2025

Some early rain near west coast, but the Highlands largely dry in morning. Into afternoon, bursts of rain becoming extensive heavy rain. A swathe of prolonged heavy rain moves north over England; intense downpours and thunderstorms, focused on Pennines. A few local showers Wales, but often dry. Fairly warm, locally gusty.

Headline for Lake District

Rain becoming persistent, heavy bursts, risk thunder.

Detailed Forecast for Saturday, 19 July, 2025

How windy? (On the summits)	East then southeasterly, 10 to 20mph speeds varied, risk stronger gusts for a time, some lulls.
Effect of wind on you?	Mostly small, but gusts at times may affect ease of walking where exposed, and locally through passes.
How wet? (Precipitation and its impact)	Periods of heavy rain setting in Briefly dry from dawn, but soon bursts of rain moving in from the south, by middle of day setting in for periods of heavy rain, risk of thunder. The worst of this system may graze just further east/northeast of the Lakes. Breaking up to become dry into evening-night.
Cloud on the hills?	Fairly extensive, lowering in rain Variable cloud banks on hills in the morning, some breaks for periods possible. As rain develops, cloud lowering to become extensive with ragged patches at various heights.
Chance of cloud free summits?	30%
Sunshine? Air clarity (below cloud)	Any early sun weak through high cloud, soon becomes overcast and dull. Visibility starting very good, then very poor as rain sets in.
How Cold? (at 750m)	14C, little change all day, feeling humid.
Freezing Level	Above the summits

All mountain areas of Britain from Sunday, 20 July, 2025

Unsettled onward into early next week, as slack low pressure drifts slowly over the British Isles. Slow-moving showers and areas of persistent heavier rain in places, increasingly thundery downpours, these most extensive over England and Wales by Sunday. Staying fairly warm, quite humid. Often low wind speeds, but gusty south-southeasterlies at times. By mid-next week onward into late July, west to southwesterlies likely to prevail, with some rain or drizzle at times mostly western Scotland, often dry further south and east.

Forecast issued at 16:17 on Friday, 18 July, 2025

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.