MOUNTAIN WEATHER INFORMATION SERVICE

Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.

Wheelwrights Cottages provide a wide range of self-catering accommodation around Langdale and beyond to suit all requirements. Please call us on 015394 37635 for details or go to www.wheelwrights.com

General Summary for Saturday, 19 July, 2025



British Mountain Summary:

Based on forecast chart for noon 19 July, 2025

Some early rain near west coast, but the Highlands largely dry in morning. Into afternoon, bursts of rain becoming extensive heavy rain. A swathe of prolonged heavy rain moves north over England; intense downpours and thunderstorms, focused on Pennines. A few local showers Wales, but often dry. Fairly warm, locally gusty.

Headline for Lake District

Rain becoming persistent, heavy bursts, risk thunder.

Detailed Forecast for Saturday, 19 July, 2025

How windy? (On the summits)	East then southeasterly, 10 to 20mph speeds varied, risk stronger gusts for a time, some lulls.	
Effect of wind on you?	Mostly small, but gusts at times may affect ease of walking where exposed, and locally through passes.	
How wet?	Periods of heavy rain setting in	
(Precipitation and its impact)	Briefly dry from dawn, but soon bursts of rain moving in from the south, by middle of day setting in for periods of heavy rain, risk of thunder. The worst of this system may graze just further east/northeast of the Lakes. Breaking up to become dry into evening-night.	
Cloud on the hills?	Fairly extensive, lowering in rain	
	Variable cloud banks on hills in the morning, some breaks for periods possible. As rain develops, cloud lowering to become extensive with ragged patches at various heights.	
Chance of cloud free summits?	30%	
Sunshine? Air clarity (below	Any early sun weak through high cloud, soon becomes overcast and dull. Visibility starting very good, then very poor as rain sets in.	
cloud)		
How Cold? (at 750m)	14C, little change all day, feeling humid.	
Freezing Level	Above the summits	



www.mwis.org.uk

MOUNTAIN WEATHER INFORMATION SERVICE

Lake District - Looking Ahead

	Sunday 20 July	Monday 21 July
How windy? (On the summits)	East or southeasterly, 15 to 25mph, speeds may vary, risk gusty 30mph for periods, mainly Scafell group.	Direction variable, typically below 10mph, but occasional sudden gusts around rain.
Effect of wind on you?	May be fairly small at times, but sometimes more blustery, affecting ease of walking and balance on exposed terrain.	Mostly small
How wet?	Rain on and off, thundery bursts	Bursts of rain, risk thunder
(Precipitation and its impact)	Patchy rain, drizzle, some heavier bursts mixed in; a few hours may be drier in morning. By afternoon, greater risk of more frequent rain, more widespread heavy and possibly thundery downpours.	Areas of patchy rain, risk developing increasingly into heavier bursts, possibly slow-moving thundery downpours by afternoon, but these very hit and miss, some places nearby may see little rain.
Cloud on the hills?	Varied, extensive in rain	Varied, some breaks, lowering in rain
	Banks of cloud on many hill slopes in the morning, but some breaks forming for a time especially west & northwest areas. Lowering widely in rain, ragged patches from lower slopes upward.	Varied patches of cloud in the morning, some hills clearer. Mostly confined to upper slopes by mid-late morning, some breaks above tops. Lowering in rain, ragged patches from forest canopies upward.
Chance of cloud free summits?	30%	50%
Sunshine? Air clarity (below cloud)	Little or no sun. Visibility good at times below cloud, but misty or widely murky in rain.	Occasional sun in morning, and later in day mainly toward coast. Visibility very good for periods, but reduced in rain, poor at times.
How Cold? (at 750m)	13 to 15C, quite humid.	13 or 14C, small variation all day.
Freezing Level	Above the summits	Above the summits

Planning Outlook

All mountain areas of Britain from Sunday, 20 July, 2025

Unsettled onward into early next week, as slack low pressure drifts slowly over the British Isles. Slow-moving showers and areas of persistent heavier rain in places, increasingly thundery downpours, these most extensive over England and Wales by Sunday. Staying fairly warm, quite humid. Often low wind speeds, but gusty south-southeasterlies at times. By mid-next week onward into late July, west to southwesterlies likely to prevail, with some rain or drizzle at times mostly western Scotland, often dry further south and east.

Forecast issued at 16:17 on Friday, 18 July, 2025

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.