

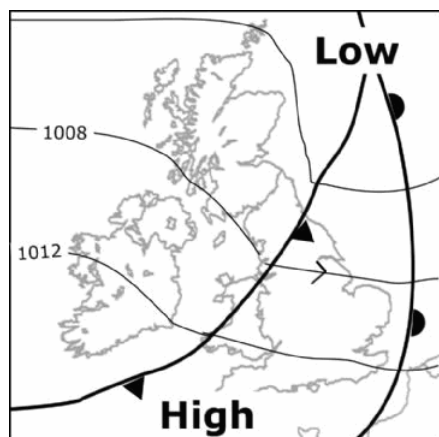
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Conistone.



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General Summary for Sunday, 3 August, 2025



British Mountain Summary:

Based on forecast chart for noon 3 August, 2025

Rain, low cloud and fog ahead of a front will clear Scotland late morning and England and Wales afternoon - but high humidity may maintain a little drizzle and low cloud Wales (most likely SW). Cloud base may not rise sufficiently to clear higher mountains mainly in W Scotland.

Headline for Lake District

Wet, windy and misty morning; then improving markedly

Detailed Forecast for Sunday, 3 August, 2025

| | |
|---|--|
| How windy? (On the summits) | Westerly, 25 to 30mph morning. Easing middle of day to 20-25mph, and by late afternoon 15-20mph. |
| Effect of wind on you? | Will widely impede ease of walking and notable wind chill; becoming small afternoon. |
| How wet? (Precipitation and its impact) | Morning rain, then extensively dry Morning: Rain and drizzle frequently. Afternoon: Soon clearing to isolated if any showers. |
| Cloud on the hills? | Fog across the mountains morning - nearly all clearing afternoon. Extensive down to lower slopes morning, particularly central and western fells. Through early afternoon, hills more or less clearing - may come and go above 800 or 900m. |
| Chance of cloud free summits? | Less than 10%, rising to 90% by late afternoon |
| Sunshine? Air clarity (below cloud) | Patchwork of sunshine coming through afternoon. Good visibility after rain clears although slight haze. |
| How Cold? (at 750m) | 11 to 13C warmest east Cumbria. Will feel like only a few degrees above freezing point in the wind morning, |
| Freezing Level | Above the summits |

Lake District - Looking Ahead

| | Monday 4 August | Tuesday 5 August |
|---|--|---|
| How windy? (On the summits) | South turning westerly; soon frequently 60mph, but risk temporarily 75mph. | Northwesterly; slowly easing through day from 35 to perhaps 40 or 45mph post dawn to 25-30mph by early evening. |
| Effect of wind on you? | Expect difficult conditions lower slopes up. Sometimes mobility challenging - difficult to stay upright - severe wind chill. | Widely strenuous or in places difficult walking and considerable wind chill, particularly morning. |
| How wet? (Precipitation and its impact) | Heavy rain mostly morning Rain soon extensive and heavy. Will clear to the odd shower early afternoon. | Showers Occasional brief showers. |
| Cloud on the hills? | Persistent fog morning; clearing to higher tops afternoon Soon shrouding the hills morning, covering lower slopes, particularly south lakes. Changing abruptly, probably early afternoon as cloud clears to above 750m, although still patches much lower coastal slopes. | Very extensive at first: cloud base gradually rising. After dawn, cloud base typically 450 to 650m, lowest western fells. By early afternoon, most cloud will have lifted above nearly all summits, but cloud may remain frequent above about 750m western and northwestern fells. |
| Chance of cloud free summits? | Less than 10% rising to 70% afternoon | 20% rising to 70% |
| Sunshine? Air clarity (below cloud) | Sunshine intermittently into afternoon, particularly lower slopes northeast. Visibility poor during rain, improving, but very hazy indeed. | Ranging from glimpses of sunshine western and northwestern fells to patchwork of sun southern and eastern fells. Generally hazy, particularly west. |
| How Cold? (at 750m) | 9 to 11C, Directly in the wind, will feel like -5C. | 6C; rising a couple of degrees or so through day, particularly well inland. |
| Freezing Level | Above the summits | Feeling below freezing point directly in the Above the summits. |

Planning Outlook

All mountain areas of Britain from Monday, 4 August, 2025

A mixed week: unusually stormy for August on Monday northern Britain, then intermittent rain though the week, most frequent and heaviest western mountains together with areas of low cloud and pulses of strong wind.

Forecast issued at 14:58 on Saturday, 2 August, 2025

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.