

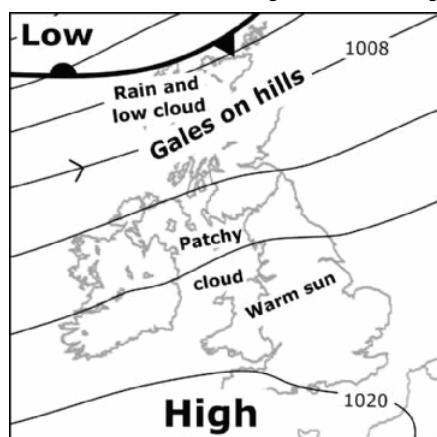
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Conistone.



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General Summary for Friday, 8 August, 2025



British Mountain Summary:

Based on forecast chart for noon 8 August, 2025

Gale-force winds persist over higher terrain in Scotland. Rain and drizzle throughout the day toward the northwest, low cloud covering western mountains extensively; higher cloud bases eastwards. Cloud banks common on hills near the Irish Sea, clearer with more sun eastwards over England & Wales.

Headline for Lake District

Blustery over fells. Largely dry, cloud base lifting.

Detailed Forecast for Friday, 8 August, 2025

How windy? (On the summits)	Southwesterly 25 to 35mph, some stronger gusts on tops. Tending to increase later in the day, reaching 40mph over high tops, risk 50mph into night.
Effect of wind on you?	Walking impeded notably over tops, affecting balance on ridges; more arduous in places. Considerable wind chill.
How wet? (Precipitation and its impact)	Substantially dry Occasional odd spots of drizzly rain, amounting to little.
Cloud on the hills?	Improving, some caps on high tops Fairly extensive over high fells early in the day with banks to 400-600m in west. Lifting and breaking towards high terrain and off many tops, notably Helvellyn range, north and east. Cloud may often cap tops toward southwest Lakes.
Chance of cloud free summits?	30% rising to 70%
Sunshine? Air clarity (below cloud)	Bursts of sun increasingly frequent. Good visibility though limited by haze towards the Irish Sea.
How Cold? (at 750m)	8C rising to 11C. Feeling at or just below freezing in strongest wind.
Freezing Level	Above the summits

All mountain areas of Britain from Saturday, 9 August, 2025

A mixed southwesterly weather pattern prevails. Often windy, especially Scotland. Fronts coming in from the Atlantic bringing periods of rain most frequently in west and northwest Scotland. Small amounts of rain reaching eastern Scotland, more often dry. Patchier and less frequent rain for western England and Wales - higher pressure building for periods to give drier and warmer weather here. Low cloud often shrouding western tops, sometimes to lower elevations near coasts, higher cloud bases eastwards with better breaks.

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.