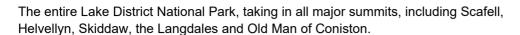
MOUNTAIN WEATHER INFORMATION SERVICE

Lake District

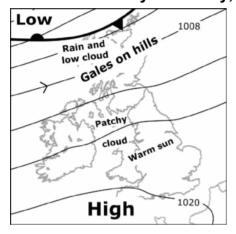






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General Summary for Friday, 8 August, 2025



British Mountain Summary:

Based on forecast chart for noon 8 August, 2025

Gale-force winds persist over higher terrain in Scotland. Rain and drizzle throughout the day toward the northwest, low cloud covering western mountains extensively; higher cloud bases eastwards. Cloud banks common on hills near the Irish Sea, clearer with more sun eastwards over England & Wales.

Headline for Lake District

Blustery over fells. Largely dry, cloud base lifting.

Detailed Forecast for Friday, 8 August, 2025

How windy? (On the summits)	Southwesterly 25 to 35mph, some stronger gusts on tops. Tending to increase later in the day, reaching 40mph over high tops, risk 50mph into night.		
Effect of wind on you?	Walking impeded notably over tops, affecting balance on ridges; more arduous in places. Considerable wind chill.		
How wet? (Precipitation and its impact)	Substantially dry Occasional odd spots of drizzly rain, amounting to little.		
Cloud on the hills?	Improving, some caps on high tops		
	Fairly extensive over high fells early in the day with banks to 400-600m in west. Lifting and breaking towards high terrain and off many tops, notably Helvellyn range, north and east. Cloud may often cap tops toward southwest Lakes.		
Chance of cloud free summits?	30% rising to 70%		
Sunshine? Air clarity (below cloud)	Bursts of sun increasingly frequent. Good visibility though limited by haze towards the Irish Sea.		
How Cold? (at 750m)	8C rising to 11C. Feeling at or just below freezing in strongest wind.		
Freezing Level	Above the summits		

MOUNTAIN WEATHER INFORMATION SERVICE

Lake District - Looking Ahead

	Saturday 9 August	Sunday 10 August
How windy? (On the summits)	Southwesterly 30 to 40mph, risk 50mph for periods on higher tops.	Westerly 25mph, to 30mph high tops for an hour or so from dawn, easing and turning southwest 15-20mph, occasionally less.
Effect of wind on you?	Strenuous walking on exposed higher terrain, frequent buffeting in places. Marked wind chill.	Blustery and feeling chilly early in day, becoming fairly small.
How wet?	A little rain for a time	Rain not expected
(Precipitation and its impact)	Patchy drizzle over coastal hills toward southwest in the morning. Risk of rain on and off for an hour or so through middle of day as a front moves south, then fading out.	
Cloud on the hills?	Varied patches, lowering in rain	Local patches clearing
	Patchy cloud banks mostly west and southwest fells early morning. Lifting for a time, but in rain, lowering cloud over higher slopes to 500-600m west, 700-800m east. Bases rising again later.	Patches of cloud around some slopes in morning, mostly west and southwestern fells, high tops may start above cloud; lifting to then cap some tops for a few hours, breaking above most hills midday into afternoon.
Chance of cloud free summits?	40%	60% rising to 90%
Sunshine? Air clarity (below cloud)	Glimpses of sun mostly east Lakes. Visibility good, but some haze; reduced in rain for a time.	Frequently sunny. Visibility increasingly very good.
How Cold? (at 750m)	10C. Feeling near/just below freezing in wind.	9C rising to 12C afternoon, may rise slightly higher evening onward. Feeling near freezing in wind in morning.
	Above the summits	Above the summits

Planning Outlook

All mountain areas of Britain from Saturday, 9 August, 2025

A mixed southwesterly weather pattern prevails. Often windy, especially Scotland. Fronts coming in from the Atlantic bringing periods of rain most frequently in west and northwest Scotland. Small amounts of rain reaching eastern Scotland, more often dry. Patchier and less frequent rain for western England and Wales - higher pressure building for periods to give drier and warmer weather here. Low cloud often shrouding western tops, sometimes to lower elevations near coasts, higher cloud bases eastwards with better breaks.

Forecast issued at 16:00 on Thursday, 7 August, 2025

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.