

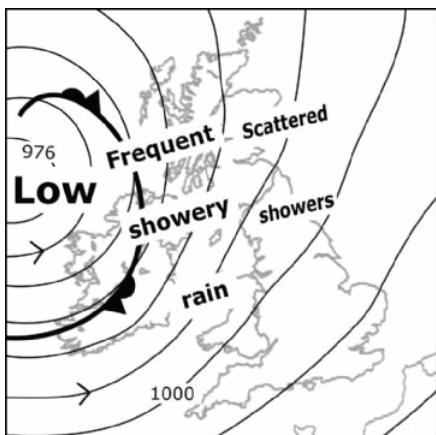
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Sunday, 31 August, 2025



British Mountain Summary:

Based on forecast chart for noon 31 August, 2025

Low pressure southwest of the Hebrides, brings strong to gale force southerly winds; marked chill. Showery rain frequent on western hills from west Highlands to Snowdonia, with showers increasingly developing elsewhere. Hill fog varied, but extensive west/southern Highlands. Highest cloud bases in northern Scotland.

Headline for Lake District

Strong winds, marked chill. Showery rain, extending inland. Some heavy.

Detailed Forecast for Sunday, 31 August, 2025

How windy? (On the summits)	Southerly, 35 to 45mph, but often 50mph on higher fells, stronger gusts, risk at times 60mph highest tops.
Effect of wind on you?	Arduous walking conditions across the fells, balance difficult in exposure on ridges, gusts could knock you over. Significant wind chill.
How wet? (Precipitation and its impact)	Showery rain increasingly Bursts of rain throughout the day, most frequent west and southern fells early morning, but increasingly widespread. Risk of isolated thunder.
Cloud on the hills?	Varied over tops Cloud base varying, often covering higher fells above 800m, sometimes 600m in southwest, patches elsewhere in rain. Breaks occasionally higher, especially in northeast.
Chance of cloud free summits?	40% in west, 60% in east
Sunshine? Air clarity (below cloud)	Brief glimpses of sun mostly north/east. Visibility good away from showers, but general slight haze.
How Cold? (at 750m)	9 or 10C, little change all day. Wind chill feeling below freezing, near -5C in exposure on highest summits.
Freezing Level	Above the summits

Lake District - Looking Ahead

	Monday 1 September	Tuesday 2 September
How windy? (On the summits)	South turning southwesterly, 25 to 40mph.	Southwesterly 15 to 20mph, later dropping to 10mph.
Effect of wind on you?	Frequent buffeting, strenuous walking over exposed high terrain, affecting balance on ridges. Considerable wind chill.	Mostly small
How wet? (Precipitation and its impact)	Heavy showers, hail and thunder Showery rain throughout the day, merging into clusters of more constant rain at times mainly in west/southwest. Heavy bursts with hail, risk of lightning.	Scattered, mostly brief, showers Scattered showers, but fairly brief with much of the day dry. Risk of more coherent showery rain moving up from the south into the overnight period.
Cloud on the hills?	Rarely above high tops Often covering higher slopes above 600-800m, most persistent west and southwest Lakes, lowering in rain. Some breaks toward higher tops, but only briefly clearing.	Lifting to or above tops, at least for a time. Higher slopes likely covered from dawn, but increasingly bases will lift to, or above, the tops toward and into the afternoon. May lower again later in day from south.
Chance of cloud free summits?	30%	60%
Sunshine? Air clarity (below cloud)	Rare brief glimpses of sun. Visibility intermittently good; but general haze, poor in rain.	Dull start, patchwork of sun coming through for a time. Visibility very good.
How Cold? (at 750m)	9 to 11C. Feeling sub-zero directly in the wind on higher fells.	11C
Freezing Level	Above the summits	Above the summits

Planning Outlook

All mountain areas of Britain from Monday, 1 September, 2025

Low pressure continues to dominate early in the new week, maintaining unsettled conditions widely. Areas of rain and heavy showers, risk of hail and thunder. Windy, gales over mountains early in the week, tending to ease for periods at least in the Highlands mid-late week, whilst southwesterlies often remain strong over England and Wales. Some improvement possible toward next weekend, though the extended outlook into the second week of September remains changeable. Mid-September shows signs of a better improvement as pressure tends to rise more widely.

Forecast issued at 16:26 on Saturday, 30 August, 2025

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.