

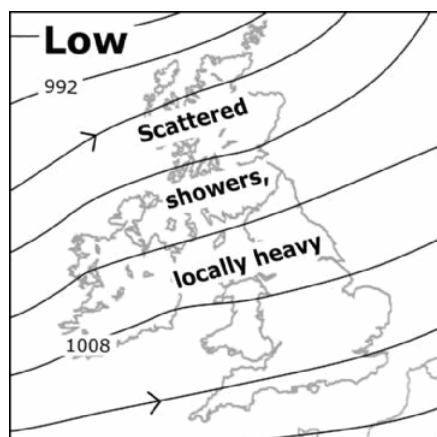
# Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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## General Summary for Friday, 12 September, 2025



### British Mountain Summary:

#### Based on forecast chart for noon 12 September, 2025

Buffeting south-westerly winds will bring a chill across the mountains with showers; these most frequent in the west, well scattered elsewhere. Some heavy and possible hail and thunder. Cloud frequent on western tops, clearer in the east.

### Headline for Lake District

Blustery and chilly with frequent showers, some heavy.

## Detailed Forecast for Friday, 12 September, 2025

<b>How windy? (On the summits)</b>	Southwesterly 25 to 30mph, often 35mph higher fells.
<b>Effect of wind on you?</b>	<b>Strenuous walking into the wind on higher terrain, affecting balance and stability over exposed tops and ridges. Feeling cool.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Frequent heavy showers</b> Frequent showery rain over west and southwestern Lakeland, heavy bursts. Scattered showers further eastwards, risk local hail and thunder.
<b>Cloud on the hills?</b>	<b>Fairly extensive, odd breaks east</b> Cloud extensive above 600-800m on western fells much of the day with ragged patches to lower slopes. Bases higher north and east of highest fells with some breaks, though tops only briefly clear if at all.
<b>Chance of cloud free summits?</b>	<b>30%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Some glimpses of sun east of high fells, otherwise overcast. Often poor visibility west, increasingly widely; briefly very good out of showers.
<b>How Cold? (at 750m)</b>	6 or 7C. Feeling near/just below freezing in direct wind.
<b>Freezing Level</b>	Above the summits

## Lake District - Looking Ahead

	Saturday 13 September	Sunday 14 September
<b>How windy? (On the summits)</b>	Southwesterly 25 to 30mph, at times 35mph higher fells.	Southerly backing south-easterly 20 to 30mph, increasingly lifting to 35 to 50mph through the course of the afternoon.
<b>Effect of wind on you?</b>	<b>Blustery across the fells, affecting ease of walking and balance on exposed tops and ridges. Considerable wind chill.</b>	<b>Increasingly arduous, and then later in the afternoon difficult. Very gusty and turbulent, significant chill and buffeting.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Frequent heavy showers</b> Clusters of showery rain, merging to be more constant rain for periods. Heavy bursts on and off, risk of hail and thunder.	<b>Wet for much of the day</b> After a dry start, rain will set in from the southwest, initially light but will become heavier through the day. Scope for some torrential bursts later in the afternoon.
<b>Cloud on the hills?</b>	<b>Frequently covering high tops</b>  Cloud base frequently changing, but often covering higher summits in the west, bases typically 700-800m. Breaks to tops more often north and eastern fells.	<b>Forming widely in the rain</b>  Fells may be clear for a time early on, but soon as rain develops, cloud will widely form over the fells and become extensive.
<b>Chance of cloud free summits?</b>	<b>40%</b>	<b>Lowering to 20% in rain.</b>
<b>Sunshine?</b> Air clarity (below cloud)	Brief glimpses of sun mostly in east Lakes. Visibility often reduced by rain, intermittently good.	Soon overcast.  Visibility very good at first, becoming poor in rain.
<b>How Cold? (at 750m)</b>  <b>Freezing Level</b>	6 or 7C. Feeling sub-zero, around -5C on highest tops directly in the wind.  Above the summits	7C  Above the summits

## Planning Outlook

## All mountain areas of Britain from Saturday, 13 September, 2025

Unsettled southwesterlies dominate through the weekend into early next week - often windy with frequent rain, cloud capping the tops. Showery bursts at times with a risk of hail and thunder. Driest and highest cloud bases toward eastern Scotland. Temperatures on the cool side, often feeling below freezing in exposure to wind on higher terrain. During Sunday and into Monday, a deeper Atlantic low is expected to move in, bringing more extensive heavy rain and gales - the strongest wind probably focused on England & Wales. Some improvement expected for a time into middle of next week, but the longer range outlook into late September remains unsettled.

## Forecast issued at 14:50 on Thursday, 11 September, 2025

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.