

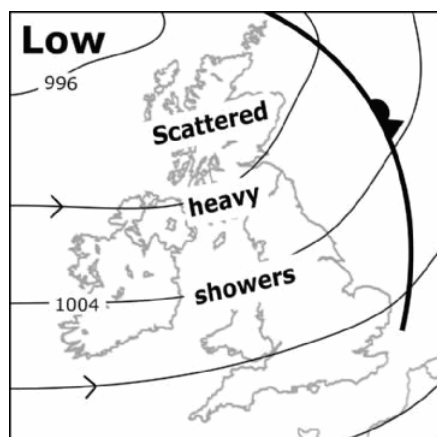
# Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Conistone.



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## General Summary for Saturday, 13 September, 2025



### British Mountain Summary:

**Based on forecast chart for noon 13 September, 2025**

Showery south-westerly airflow across the mountains. Most frequent showers western hills, where they will band into prolonged rain for a time with heavy or even torrential bursts. Scattered heavy showers spreading to eastern mountains too. Risk of thunder. Cloud shrouding western hills, occasional further east.

### Headline for Lake District

Blustery and chilly. Frequent showers and hill fog tops. Risk thunder.

## Detailed Forecast for Saturday, 13 September, 2025

<b>How windy? (On the summits)</b>	Southwesterly 25 to 30mph, at times 35mph higher fells.
<b>Effect of wind on you?</b>	<b>Blustery across the fells, affecting ease of walking and balance on exposed tops and ridges. Considerable wind chill.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Frequent heavy showers</b> Clusters of showery rain, merging to be more constant rain for periods, especially as a trough moves in from the west. Heavy bursts on and off, risk of hail and thunder.
<b>Cloud on the hills?</b>	<b>Frequently covering high tops</b> Cloud base frequently changing, but often covering higher summits in the west, bases typically 700-800m. Breaks to tops more often north and eastern fells.
<b>Chance of cloud free summits?</b>	<b>30%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Brief glimpses of sun mostly in east Lakes. Visibility often reduced by rain, intermittently good.
<b>How Cold? (at 750m)</b>	6 or 7C. Feeling sub-zero, around -5C on highest tops directly in the wind.
<b>Freezing Level</b>	Above the summits

## Lake District - Looking Ahead

	Sunday 14 September	Monday 15 September
<b>How windy? (On the summits)</b>	Southerly backing south-easterly 20 to 30mph, increasingly lifting to 35 to 50mph through the course of the afternoon.	West to southwesterly, in the range 35 to 50mph, perhaps up to 60mph for a time.
<b>Effect of wind on you?</b>	<b>Increasingly arduous, and then later in the afternoon difficult. Very gusty and turbulent, significant chill and buffeting.</b>	<b>Be prepared for difficult conditions much of the day, with significant wind chill and buffeting.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Wet for much of the day</b> After a dry start, rain will set in from the southwest, initially light but will become heavier through the day. Scope for some torrential bursts later in the afternoon.	<b>Frequent rainfall</b> Frequent showery precipitation will drive in from the west through the day, giving periods of constant rainfall across the fells.
<b>Cloud on the hills?</b>	<b>Forming widely in the rain</b>  Fells may be clear for a time early on, but soon as rain develops, cloud will widely form over the fells and become extensive.	<b>Most likely extensive.</b>  Varying bases, but often around 600-800m, covering the fells in cloud for much of the day.
<b>Chance of cloud free summits?</b>	<b>Lowering to 20% in rain.</b>	<b>20%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Soon overcast.  Visibility very good at first, becoming poor in rain.	Little or no sun.  Visibility sometimes poor due to rain.
<b>How Cold? (at 750m)</b>	7C	8C
<b>Freezing Level</b>	Above the summits	Above the summits

## Planning Outlook

**All mountain areas of Britain from Sunday, 14 September, 2025**

Staying unsettled and cyclonic through into next week with temperatures staying on the cool side, often feeling below freezing in exposure to wind on higher terrain.

During Sunday and into Monday, a deeper Atlantic low is expected to move in, bringing more extensive heavy rain northwards and gales - the strongest wind probably focused on England & Wales. Some improvement expected for a time into middle of next week, but the longer range outlook into late September remains unsettled.

**Forecast issued at 16:29 on Friday, 12 September, 2025**

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.