

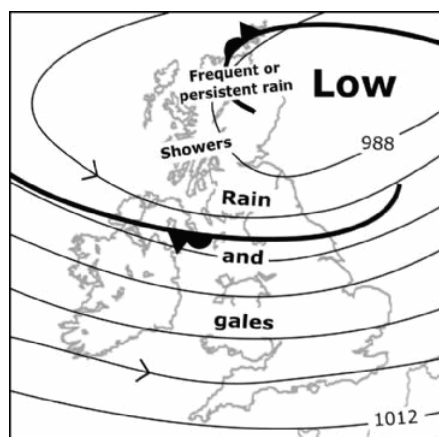
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Conistone.



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General Summary for Monday, 15 September, 2025



British Mountain Summary:

Based on forecast chart for noon 15 September, 2025

Rain likely persistent for the northern Highlands, at times heavy. Showery rain elsewhere over Scotland, may cluster locally into areas of more frequent rain. Wind variable for Highlands, but likely increasing. Westerly gales over hills in England, severe on tops in Wales, and raining most of the day.

Headline for Lake District

Gales across higher terrain. Near-constant rain, heavy at times.

Detailed Forecast for Monday, 15 September, 2025

How windy? (On the summits)	West to southwesterly, 40 to 50mph, up to 60mph higher fells, particularly morning.
Effect of wind on you?	Difficult conditions throughout the day with significant wind chill and buffeting. Balance often challenging on higher exposed terrain, gusts may knock you over.
How wet? (Precipitation and its impact)	Often raining all day, wettest west Frequent showery rain will drive in from the west through the day, heavy bursts on and off, merging into periods of constant rainfall across the fells, most persistent western areas, where wet underfoot, fast-flowing streams.
Cloud on the hills?	Extensive over higher fells Varying bases, but often around 600-800m, covering the fells in cloud for much of the day. Best and highest breaks likely toward east of Helvellyn group, but rarely above highest summits.
Chance of cloud free summits?	20%
Sunshine? Air clarity (below cloud)	Little or no sun. Visibility often poor due to rain, occasionally better in east Lakeland.
How Cold? (at 750m)	8C. Feeling like -2 to -4C in the wind.
Freezing Level	Above the summits

Lake District - Looking Ahead

	Tuesday 16 September	Wednesday 17 September
How windy? (On the summits)	Westerly 35 to 45mph at first, strongest over higher fells, easing down into the afternoon to 25mph.	Uncertainty as a complex weather system approaches: South to southwesterly, likely 25-35mph, risk of becoming gales.
Effect of wind on you?	Arduous conditions through morning, perhaps difficult for a time, significant wind chill. Easing into the afternoon.	Blustery conditions very likely, affecting ease of walking and balance on higher fells, risk deteriorating further.
How wet? (Precipitation and its impact)	Periods of showery rain Showers, some drizzly in nature, rather frequent for a few hours, particularly western Lakeland. Scope for a heavy burst or two. Becoming more scattered afternoon.	Rain and drizzle, may fade Rain and drizzle likely fairly persistent, possibly steady or heavier rain for a few hours. May fade and break up into showers or patchy light rain mostly west.
Cloud on the hills?	Frequent on upper slopes, lifting to tops. Frequent cloud covering upper slopes of the fells from dawn. Gradual rise of the bases to tops, where there will be intermittent clearing in the afternoon.	Fairly extensive Cloud likely to cover higher slopes most or all day, at times blanketing fells to mid-slopes especially during rain.
Chance of cloud free summits?	20% lifting to 60%	20%
Sunshine? Air clarity (below cloud)	Glimpses of sunshine coming through. Hazy later due to high cloud. Visibility very good away from showers.	Generally overcast, varied layers of cloud. Visibility reduced by rain, at times poor; some possible improvement if rain eases.
How Cold? (at 750m)	8C. Feeling below freezing in the wind.	8 to 10C. Feeling near or below freezing in the wind.
Freezing Level	Above the summits	Above the summits

Planning Outlook

All mountain areas of Britain from Tuesday, 16 September, 2025

An ongoing unsettled outlook generally dominated by low pressure. Uncertainty about the track of a developing low into midweek, a risk of further extensive rain and gales, though the worst of these conditions may be confined to England and Wales. Areas of rain and showers frequently in the forecast later in the week. Temperatures near-average, but feeling cool when exposed to wind. A chillier northwesterly may emerge by next weekend, briefly dropping near freezing on highest Scottish tops. Indications then favour higher pressure at least briefly expanding northwards early next week for some drier days, but unlikely to settle down for long.

Forecast issued at 16:15 on Sunday, 14 September, 2025

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.