

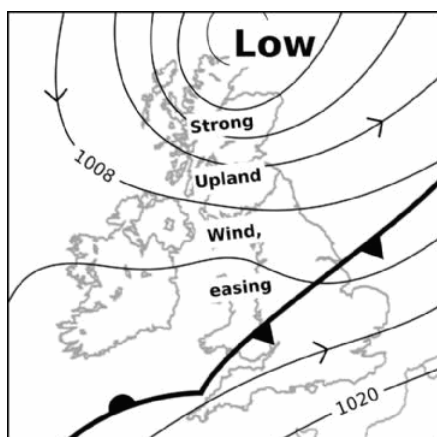
# Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Conistone.



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## General Summary for Tuesday, 16 September, 2025



### British Mountain Summary:

**Based on forecast chart for noon 16 September, 2025**

Strong upland winds across the UK in the morning will ease from the west into the afternoon. Frequent showers in west-coastal regions; more scattered inland with the Peak District and Cairngorms National Parks becoming or staying largely dry. Extensive cloud on most high ground. Temperatures feeling cool.

### Headline for Lake District

Strong upland wind, easing. Showery

## Detailed Forecast for Tuesday, 16 September, 2025

<b>How windy? (On the summits)</b>	Westerly 30 to 35mph at first, strongest over higher fells, easing into the afternoon to 25mph.
<b>Effect of wind on you?</b>	<b>Arduous conditions through morning, significant wind chill. Easing into the afternoon.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Periods of showery rain</b> Showers, some drizzly in nature, rather frequent for a few hours, particularly western Lakeland. Scope for a heavy burst or two. Becoming more scattered in the afternoon. Persistent rain arriving well into the night.
<b>Cloud on the hills?</b>	<b>Frequent on upper slopes, lifting to tops.</b> Frequent cloud covering upper slopes of the fells from dawn. Gradual rise of the bases to tops, where there will be intermittent clearing in the afternoon.
<b>Chance of cloud free summits?</b>	<b>20% lifting to 60%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Glimpses of sunshine coming through. Hazy later due to high cloud. Visibility very good away from showers.
<b>How Cold? (at 750m)</b>	8C. Feeling below freezing in the wind.
<b>Freezing Level</b>	Above the summits

	Wednesday 17 September	Thursday 18 September
<b>How windy? (On the summits)</b>  <b>Effect of wind on you?</b>	Still some uncertainty as weather system approaches: Soon southwesterly 35 to 45mph. Risk 50mph+ evening.  <b>Expect arduous, blustery conditions, affecting ease of walking and balance on ridges. Further deterioration into evening likely.</b>	Forecast details very uncertain. Southwesterly 40 to 60mph, details very uncertain. Gusty.  <b>Arduous or difficult walking conditions will make progress challenging. Gusts may blow you over. Marked wind chill.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Rain and drizzle, may fade</b>  Very wet underfoot and streams in spate after overnight rain. Rain and drizzle likely fairly persistent, possibly steady or heavier rain for a few hours. May fade and break up into showers or patchy light rain mostly west.	<b>Little rain, some areas likely dry</b>  Probably substantially dry especially north/northeast fells, but risk of rain encroaching remains throughout the day, amounts likely small, but could become light drizzly rain over a few hours windward southwest fells.
<b>Cloud on the hills?</b>	<b>Fairly extensive</b>  Cloud likely to cover higher slopes most or all day, at times blanketing fells to mid-slopes especially during rain.	<b>Patchy cloud on and off</b>  Patchy cloud will come and go through the day on high ground, greatest risk toward southwest. Cloud will become more widespread and lower to mid-slopes should rain arrive.
<b>Chance of cloud free summits?</b>	<b>20%</b>	<b>50%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Generally overcast, varied layers of cloud. Visibility reduced by rain, at times poor; some possible improvement if rain eases.	Patchy sunshine through high cloud. Hazy over the Irish Sea but excellent visibility inland.
<b>How Cold? (at 750m)</b>  <b>Freezing Level</b>	8 to 10C. Feeling near or below freezing in the wind.  Above the summits	9C. Feeling below 0C in the wind.  Well above the summits.

## Planning Outlook

**All mountain areas of Britain from Wednesday, 17 September, 2025**

An ongoing unsettled outlook generally dominated by low pressure. Extensive rain and gales into midweek, likely wettest on west-coastal regions. Areas of rain and showers frequently in the forecast later in the week. Temperatures near-average, but feeling cool when exposed to wind. A chillier northwesterly may emerge by next weekend, briefly dropping near freezing on highest Scottish tops. Indications then favour higher pressure at least briefly expanding northwards early next week for some drier days, but unlikely to settle down for long.

**Forecast issued at 16:31 on Monday, 15 September, 2025**

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.