

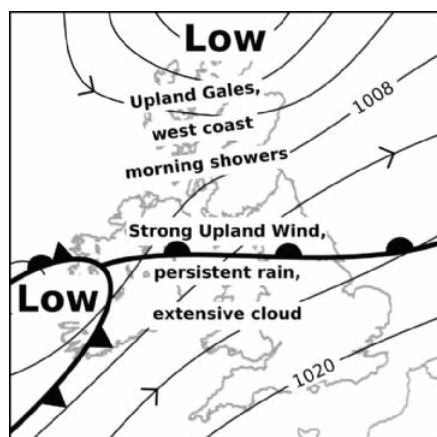
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Thursday, 18 September, 2025



British Mountain Summary:

Based on forecast chart for noon 18 September, 2025

Strong upland wind or gales across the mountains. Frontal wave bringing persistent, heavy rain and extensive cloud from North Wales to the Southern Uplands. Highlands drier, especially east of A9, but showery near the west and north-west coast in the morning. Temperatures mild but with notable wind chill.

Headline for Lake District

Strong upland wind. Rain & extensive cloud afternoon.

Detailed Forecast for Thursday, 18 September, 2025

How windy? (On the summits)	Southwesterly 40 to 50mph, the strongest speeds eastern Lakes. Very gusty.
Effect of wind on you?	Difficult walking conditions will make progress challenging. Gusts may blow you over. Marked wind chill.
How wet? (Precipitation and its impact)	Dry morning; persistent rain afternoon A dry morning will give way to persistent, occasionally heavy, rain arriving in the afternoon. Least rain towards eastern fells.
Cloud on the hills?	Becoming extensive Patchy cloud on higher ground in the morning will in and lower as rain arrives in the afternoon. Cloud will reach the lowest slopes in the southern and western fells.
Chance of cloud free summits?	50% becoming 10%
Sunshine? Air clarity (below cloud)	Morning: Patchy sunshine through high cloud. Hazy over the Irish Sea but excellent visibility inland. Afternoon: Little or no sun. Poor visibility.
How Cold? (at 750m)	9C. Feeling below 0C in the wind.
Freezing Level	Well above the summits.

Lake District - Looking Ahead

	Friday 19 September	Saturday 20 September
How windy? (On the summits)	Southwesterly 30 to 45mph, likely strongest in morning, may ease slightly further late in the day.	Forecast details uncertain. Lull likely in the morning, possibly picking up to northeasterly 20 to 25mph.
Effect of wind on you?	Feeling blustery with balance affected in places on high terrain, especially morning. Marked wind chill.	Negligible initially. May begin to affect the comfort of walking by the afternoon. Marked wind chill later.
How wet? (Precipitation and its impact)	Rain or drizzle most of the day Persistent rain, occasionally heavy, particularly southwestern fells. Rarely fully ceasing, but may ease to become drizzly for periods, smallest amounts northeast.	Light rain likely turning heavy & persistent Rain on and off in the morning likely to get persistent and heavier in the afternoon. Very wet underfoot conditions developing and rivers in spate. Small chance of drier conditions if position of front shifts.
Cloud on the hills?	Extensive, lowest south/west Cloud from lower slopes on fells overlooking the sea. Cloud base will be higher in the eastern fells but summits will remain shrouded.	Extensive Widespread cloud on high ground in the morning will lower and thicken through the day reaching the lowest slopes on the western and southern fells.
Chance of cloud free summits?	10%	10%
Sunshine? Air clarity (below cloud)	Little or no sunshine Poor visibility, locally better occasionally northeastern areas.	Sunshine unlikely. Very poor visibility.
How Cold? (at 750m)	11C. Feeling close to 0C in the wind.	7C, dropping a little into the afternoon. Feeling around freezing in the afternoon wind.
Freezing Level	Above the summits.	Above the summits.

Planning Outlook

All mountain areas of Britain from Friday, 19 September, 2025

Weather remains mixed into and through the weekend, often with high winds, regions of persistent rain and extensive cloud. Temperatures falling through Saturday across the UK with the higher Scottish summits dropping below freezing and frosts in some glens. Looking increasingly likely that high pressure will take hold from the north on Sunday evening, bringing a period of more settled weather across the country for a couple of days at least, perhaps longer.

Forecast issued at 16:30 on Wednesday, 17 September, 2025

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.