

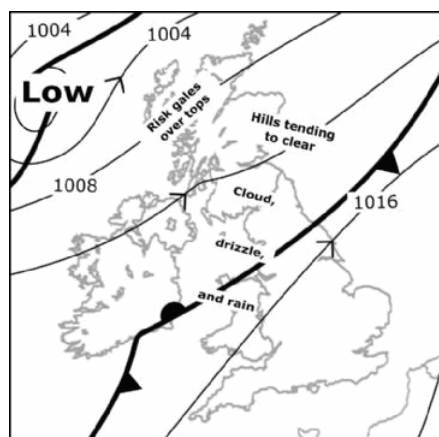
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Conistone.



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General Summary for Friday, 19 September, 2025



British Mountain Summary:

Based on forecast chart for noon 19 September, 2025

Mostly dry and blustery for Scottish Highlands; cloud, some showers, and risk of gales on west coast tops. Persistent cloud and rain for southern Scotland, north England, and north Wales with a similar risk of gales on highest tops. Rain more patchy south Pennines and south Wales, some cloud breaks to inland summits.

Headline for Lake District

Extensive cloud and rain; risk gales over tops early

Detailed Forecast for Friday, 19 September, 2025

How windy? (On the summits)	Southwesterly 30 to 40mph, likely strongest in morning with highest gusts up to 50mph. Tending to ease later in the day.
Effect of wind on you?	Feeling blustery with balance affected in places on high terrain; strongest morning winds may cause difficult conditions in exposure. Marked wind chill.
How wet? (Precipitation and its impact)	Persistent rain, heavy at times Persistent rain, occasionally heavy, most often southwestern fells. Rarely fully ceasing, but may ease to become drizzly for periods, greatest chance of drier spells from Skiddaw to Helvellyn.
Cloud on the hills?	Extensive, lowest south/west Cloud from lower slopes up on fells overlooking the sea. Cloud base will be higher in the eastern fells but summits will remain shrouded.
Chance of cloud free summits?	Less than 10%
Sunshine? Air clarity (below cloud)	Little or no sunshine Poor visibility, locally better occasionally northeastern fells.
How Cold? (at 750m)	11 or 12C; feeling humid. Feeling near 0C in direct strongest wind.
Freezing Level	Above the summits.

Lake District - Looking Ahead

	Saturday 20 September	Sunday 21 September
How windy? (On the summits)	Forecast details uncertain. Lull in the morning, picking up through afternoon and rising towards 50mph+ by evening.	Northerly 45-55mph, risk much stronger around dawn, up to 65mph. Tending to ease through afternoon.
Effect of wind on you?	Small at first, comfort of walking increasingly affected, becoming arduous or difficult into evening. Marked wind chill.	Arduous conditions much of the day, difficult in the morning. Significant wind chill.
How wet? (Precipitation and its impact)	Setting in persistent and heavy Rain on and off in the morning, best of breaks on northern fells; increasingly persistent and heavy through afternoon continuing overnight. Very wet underfoot conditions developing and rivers in spate.	Morning rain, then some showers Heavy rain at and before dawn; very wet underfoot with streams in spate; some flooding likely. Gradually breaking and passing east through morning. Showers follow the rain.
Cloud on the hills?	Extensive Widespread cloud on high ground in the morning will lower and thicken through the day reaching the lowest slopes on the western and southern fells.	Clear after morning fog From dawn, extensive above 600-700m with lower banks in places. Bases lift and break, clearing the fells. Occasional banks return to high tops during showers.
Chance of cloud free summits?	10%	Rising to 80%
Sunshine? Air clarity (below cloud)	Sunshine unlikely. Very poor visibility.	Mostly cloudy at dawn, tending to break into patchy sun through the day. Very good visibility.
How Cold? (at 750m)	7 or 8C, tending to lower towards 5C through afternoon. Feeling like -8C in strongest wind.	3C rising to 5C. Feeling like -13C in strongest direct wind.
Freezing Level	Above the summits.	Above the summits

Planning Outlook

All mountain areas of Britain from Saturday, 20 September, 2025

An unsettled weekend ahead as low pressure brings heavy rain to England and southern Scotland on Saturday with strong winds. Conditions increasingly wet underfoot with streams in spate - some flooding is likely. A northerly wind in Scotland begins to draw unseasonably cold air into the Highlands, bringing freezing levels down to high terrain. Cold air flows into into England and Wales through Sunday on a strong wind - wind chills in direct exposure may reach as low as -10 to -15C.

Some showers into northern Scotland on Monday will fade for a substantially dry week ahead with good sunny breaks for many. Temperatures staying cool but slowing rising day-by-day.

Forecast issued at 16:30 on Thursday, 18 September, 2025

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.