

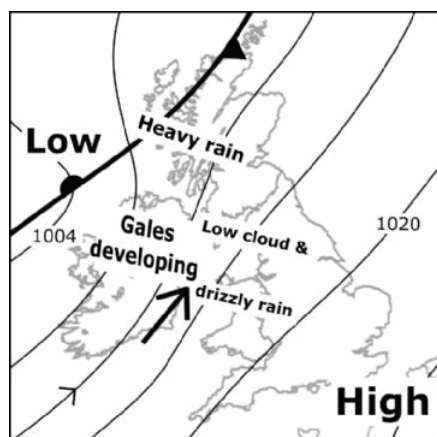
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Thursday, 2 October, 2025



British Mountain Summary:

Based on forecast chart for noon 2 October, 2025

A persistently wet day for western Scotland, increasingly sustained heavy falls setting in. Southerly winds strengthen to become widely gale force over the mountains afternoon into evening. Small amounts of rain elsewhere, but drizzly for all. Low cloud blanketing hills, highest bases north of major hill groups.

Headline for Lake District

Wind strengthening, gales later. Drizzly rain and low cloud.

Detailed Forecast for Thursday, 2 October, 2025

How windy? (On the summits)	Southerly 25 to 40mph, strongest through the second half of the day, then 50-70mph evening into the night.
Effect of wind on you?	Very blustery conditions, and increasingly from the west becoming arduous in the afternoon. Deteriorating further after dark.
How wet? (Precipitation and its impact)	Frequent drizzle, wetter by evening A damp day with frequent drizzly outbreaks. Steadier then heavier rain setting in later in the day into the evening and overnight.
Cloud on the hills?	Extensive Extensive low cloud across the fells through the day with bases varying but often around 600-700m. At times lower in the west and south, to 500m or locally lower slopes near coasts.
Chance of cloud free summits?	10%, to 20% northeast.
Sunshine? Air clarity (below cloud)	Little or no sun Visibility often poor due to drizzle.
How Cold? (at 750m)	9 or 10C, fairly humid air, but feeling closer to freezing in stronger winds.
Freezing Level	Above the summits

Lake District - Looking Ahead

	Friday 3 October	Saturday 4 October
How windy? (On the summits)	Southwesterly 25mph, or briefly less in morning, but increasing rapidly afternoon, by evening 60-70mph.	Southwest soon westerly, 50 to 70mph, gusts likely 80mph on high tops, mainly in morning; peak speeds tending to lessen.
Effect of wind on you?	Fairly small in the morning, but expect deteriorating conditions with time, becoming severe later in day into evening.	Difficult mobility across higher terrain all day, gusts could knock you over. The most severe conditions likely early in day.
How wet? (Precipitation and its impact)	Some early showers; heavy rain develops Overnight rain clearing to showers by dawn, these fade to be often dry for a few hours in morning. Rain then develops from southwest, setting in quickly widely heavy afternoon. Very wet underfoot, streams in spate or flood.	Often raining all day Frequent to near-constant rain, particularly western Lakeland where rarely ceasing over many hours, at times heavy. Fast-flowing streams, expect flooding.
Cloud on the hills?	Varied, some breaks, lowering in rain Banks of cloud over the fells from dawn, most persistent on high summits toward south/western Lakes, but breaks may form to many tops for a few hours. Lowering as rain develops, increasingly filling in.	Extensive Cloud base varying, but likely shrouding higher fells all day, lowest bases in western Lakeland, 500-700m. Some breaks to 800m or above in eastern areas.
Chance of cloud free summits?	50% later 10%	20%
Sunshine? Air clarity (below cloud)	Early sun weakens as high cloud increasingly covers the sky, then overcast. Visibility very good, then hazier, poor in rain.	Rare if any brief sun. Rather hazy, poor visibility in rain.
How Cold? (at 750m)	6 or 7C. Feeling like -5C or later colder as wind speeds increase.	5 or 6C. Wind chill making it feel near -10C.
Freezing Level	Above the summits	Above the summits

Planning Outlook

All mountain areas of Britain from Friday, 3 October, 2025

Mild and humid southwesterlies bring prolonged heavy rain to western Scotland late this week where streams will be fast-flowing, flooding developing. Wet underfoot most western areas. A couple of fast-moving low pressure systems late this week - gales increasingly during Thursday, then after a brief lull early Friday, a more intense system bringing increasingly stormy conditions by later Friday, continuing into Saturday. Dropping much cooler during Saturday, to freezing on higher Scottish summits. Showery and windy conditions easing only gradually into Sunday. Changeable westerlies continue next week for Scotland, high pressure builds at times further south.

Forecast issued at 16:26 on Wednesday, 1 October, 2025

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.