

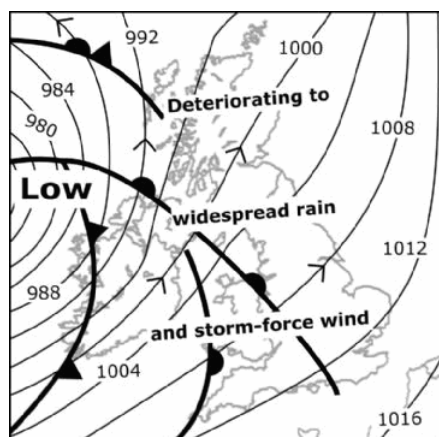
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Friday, 3 October, 2025



British Mountain Summary:

Based on forecast chart for noon 3 October, 2025

Mostly dry conditions early with modest wind effects, deteriorating as Storm Amy arrives. Winds reach gale-force around midday, further deteriorating through afternoon, reaching hurricane-force over high Scotland tops later. Rain becomes widespread with sustained heavy falls on western mountains; local flooding is likely.

Headline for Lake District

Moderate conditions deteriorate to heavy rain and violent wind

Detailed Forecast for Friday, 3 October, 2025

How windy? (On the summits) Effect of wind on you?	Overnight SW'ly gales ease to dawn to 25-30mph through morning. Shifting southerly around midday and rapidly rising to 35-50mph, shifting southwesterly later and rising further to 70-85mph with stronger gusts over tops. Some uncomfortable winds in the morning, then a rapid deterioration through afternoon to storm-force winds. Any mobility will be difficult by evening.
How wet? (Precipitation and its impact)	Some early showers; heavy rain develops Showers at dawn fade to largely dry conditions for a few hours in morning. Rain then develops from southwest after midday, setting in widely and heavy through afternoon. Very wet underfoot, streams in spate or flood.
Cloud on the hills? Chance of cloud free summits?	Varied, some breaks N/E; becoming extensive Banks of cloud over the fells from dawn, most persistent on high summits toward south/western Lakes, but breaks may form to tops near Blencathra/Helvellyn for a few hours. Lowering as rain develops, increasingly filling in. 40%, reducing to almost nil.
Sunshine? Air clarity (below cloud)	Early sun weakens as high cloud increasingly covers the sky, then overcast. Visibility very good, then hazier, becoming poor in rain.
How Cold? (at 750m) Freezing Level	7C, rising to 10 or 11C for several hours afternoon, then sharply dropping back to 7C into nighttime. Feeling near or below freezing as wind speeds increase, later colder into evening. Above the summits

Lake District - Looking Ahead

	Saturday 4 October	Sunday 5 October
How windy? (On the summits)	Soon westerly, 50 to 70mph, gusts likely 80mph on high tops, mainly in morning.	Northwesterly 40-50mph, shifting westerly and easing slightly, 35-45mph.
Effect of wind on you?	Difficult mobility across higher terrain all day, gusts could knock you over. The most severe conditions likely early in day.	Arduous conditions early will ease somewhat, though stability challenges will persist. Significant wind chill.
How wet? (Precipitation and its impact)	Often raining all day Frequent to near-constant rain western Lakeland where rarely ceasing over many hours, at times heavy. More showery east, though setting in at times here as well. Fast-flowing streams, expect flooding.	Intermittent rain sets in at times Often drizzly over the high fells, several pulses of more widespread rain come and go, may set in for several hours.
Cloud on the hills?	Extensive Cloud base varying, but likely shrouding higher fells all day, lowest bases in western Lakeland, 500-700m. Some breaks to 800m or above in eastern areas.	Becoming extensive High summits likely shrouded all day. High ground of Scafell group and west shrouded early, increasingly extensive from middle slopes up, some variable in base elevation.
Chance of cloud free summits?	20%	10%
Sunshine? Air clarity (below cloud)	Rare if any brief sun. Rather hazy, poor visibility in rain.	Glimpses of morning sun, skies soon overcast. Good visibility east of high fells at first, turning poor in cloud and rain.
How Cold? (at 750m)	5 or 6C. Wind chill making it feel near -10C.	5C rising to 7C. Feeling like -5C in direct wind.
Freezing Level	Above the summits	Above the summits

Planning Outlook

All mountain areas of Britain from Saturday, 4 October, 2025

Storm Amy clears to the northeast on Saturday, behind which temperatures drop much cooler, to freezing on higher Scottish summits. Showery and windy conditions prevail through the day easing only gradually into Sunday as another mild and humid westerly brings cloud and drizzle to high tops and western slopes. Changeable westerlies continue into the week with frontal boundaries in northern England and Scotland: frequent rain and cloud on western mountains, rain at times passing eastward. Rain and cloud slip south through England and Wales around midweek, though weakening as it goes. Early indications of several days of northerly winds late in the week, which will bring cool, showery conditions to many with a mix of sunny and rainy spells with snow on northernmost tops.

Forecast issued at 16:12 on Thursday, 2 October, 2025

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.