

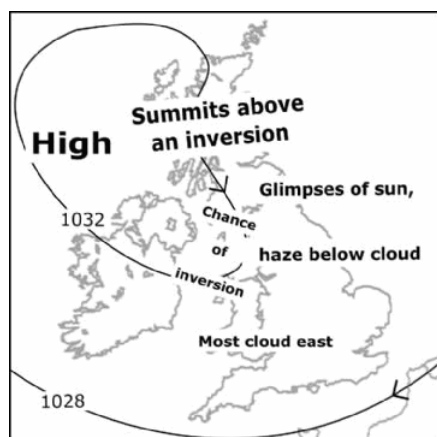
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Conistone.



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General Summary for Tuesday, 14 October, 2025



British Mountain Summary:

Based on forecast chart for noon 14 October, 2025

Inversion conditions still probable over Scottish Highland summits; exposed rock in fog below the inversion may be slippery, notably early. High Lakeland and Snowdonia summits near or above cloud as well. A mix of cloud and sun elsewhere as morning fog lifts, some haze below cloud later. Feeling mild to warm.

Headline for Lake District

High fells above an inversion, haze below the cloud

Detailed Forecast for Tuesday, 14 October, 2025

How windy? (On the summits)	Variable direction through a general north-northeasterly trend, 10mph or less. Some local 15mph gusts possible.
Effect of wind on you?	Negligible
How wet? (Precipitation and its impact)	No rain expected Fine mist the low fog layers may make exposed rock notably slippery, particularly around dawn.
Cloud on the hills?	Middle-level cloud, tops above an inversion Cloud banks around some mid to upper slopes, mostly toward east and north Lakes, also fog in many valleys at first. Highest summits likely near or above the cloud layer. Bases will lift somewhat through much mid-level terrain likely remains in fog.
Chance of cloud free summits?	80% (high fells above cloud layer)
Sunshine? Air clarity (below cloud)	Sunny on the high fells above the cloud layer. Some glimpses of sun lower down but often overcast and a lingering haze.
How Cold? (at 750m)	9 or 10C, small variation from lower slopes upward in morning, whilst highest tops slightly warmer than mid-heights all day, rising into the low teens.
Freezing Level	Above the summits

Lake District - Looking Ahead

	Wednesday 15 October	Thursday 16 October
How windy? (On the summits)	Variable 10mph or less. Some local gusts at all elevations.	Variable 10-15mph, often less. Gusty on the high tops and over exposed high ridges.
Effect of wind on you?	Negligible	Mostly small
How wet? (Precipitation and its impact)	No rain expected Exposed rock surfaces in the fog at dawn may be slick, mostly middle and lower elevations.	Damp air where in cloud Where within fog, some very fine drizzle drifting around and rock surfaces will be slick.
Cloud on the hills?	Cloud banks at various heights Banks of cloud at most heights in the morning; highest tops may be just around the top of the layer. Bases rising somewhat with banks continuing to form above 600m.	Variable on middle and high fells Banks of cloud at various heights in the morning, most broken around and east of Helvellyn. Bases lift to 600-700m, some breaks possible but may fill in more sheet-like at times.
Chance of cloud free summits?	50%	30%
Sunshine? Air clarity (below cloud)	A patchwork of cloud and sunshine. Some haze around though highest tops in very clear air at dawn.	Patchy sunshine though at times overcast. Good visibility below cloud though some haze around.
How Cold? (at 750m)	7 or 8C. Locally cooler in valleys at dawn. Warmer on tops above inversion, may warm to the low teens.	6C
Freezing Level	Above the summits	Above the summits

Planning Outlook

All mountain areas of Britain from Wednesday, 15 October, 2025

High pressure lingers over the country through the later days of this week: in the mornings, varied low cloud and valley fog is likely with highest tops still possibly above the cloud layer. As the weekend approaches, the inversion starts to weaken as pressure begins to fall gradually; cloud will begin to lift to higher slopes, starting to shroud mountain peaks more often. Local cloud breaks, best of breaks in west Wales, though a haze will linger on low slopes while high pressure remains in charge. Light winds overall, an easterly breeze likely for Wales.

Next weekend looks to be transitional as low pressure becomes favored. Winds rising with increasing cloud and a risk of rain.

Forecast issued at 15:40 on Monday, 13 October, 2025

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.