MOUNTAIN WEATHER INFORMATION SERVICE

Lake District

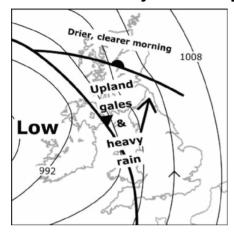
The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.





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General Summary for Sunday, 19 October, 2025



British Mountain Summary: Based on forecast chart for noon 19 October, 2025

Gale-force south to southeasterlies across the mountains. Extensively wet with blanket low cloud. The heaviest rain across Wales and southwest Scotland, pushing further across the southern Highlands with time. Driest conditions for northern Scotland early in day; briefly drier Pennines mid-late morning.

Headline for Lake District

Upland gales. Rain much of day, heaviest south.

Detailed Forecast for Sunday, 19 October, 2025

How windy? (On the summits)	Southeasterly 30 to 50mph, speed varying during day, often very gusty around higher tops; starting to lessen later. Expect challenging walking conditions over higher fells, gusts knocking you off balance. Marked wind chill.	
Effect of wind on you?		
How wet? (Precipitation and its impact)	Raining most of day, particularly southern fells; heavy rain setting in widely Rain and drizzle from dawn most persistent south Lakes, less at first in north. More constant and heavy rain setting in widely for many hours. Starting to break up and fade only beyond dusk.	
Cloud on the hills?	Extensive, lowest south Shrouding many fells all day, from low to mid-heights upward in southern areas. Higher base northwards, but rarely above 600-700m, covering most higher fells.	
Chance of cloud free summits?	Below 10% south, 20% north.	
Sunshine? Air clarity (below cloud)	Sun unlikely, overcast all day. Hazy, or widely murky in rain, poorest in southern areas.	
How Cold? (at 750m)	7 or 8C. Feeling near -5C directly in the wind.	
Freezing Level	Above the summits	

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Lake District - Looking Ahead

	Monday 20 October	Tuesday 21 October
How windy? (On the summits) Effect of wind on you?	Direction variable, mostly 10mph or less. For a few hours in morning, may be SE'ly 20mph. Occasional gusty spells. Mostly small	Westerly, 20 to 25mph, to 30mph for periods over higher fells, may tend to increase during day. Feeling blustery in exposure with marked wind chill on higher terrain. May start to affect comfortable walking in places.
How wet?	Risk of rain and showers	Rain on and off
(Precipitation and its impact)	Uncertain areas of rain moving around slowly, some heavier showery bursts possible. A chance that most of the rain stays away further south, but greater risk showery rain afternoon-evening.	Showery rain likely to come and go, most common on western fells, may give frequent rain locally over an hour or more.
Cloud on the hills?	Varied cloud banks, may persist	High tops often in cloud
	Banks of cloud across many fells from dawn into the morning, lasting all day if areas of rain occur. Some breaks may form to upper slopes, locally varied.	Often covering higher fells above 600-800m, lowest and most frequent western areas. Breaks at times higher up further east. Some early fog in sheltered valleys.
Chance of cloud free summits?	40%	30%
Sunshine? Air clarity (below cloud)	Largely cloudy, chance of some weak sun. Visibility good below cloud if dry.	Largely cloudy, brief glimpses of sun mainly east Lakes. Visibility very good away from rain.
How Cold? (at 750m)	7C, little change all day.	6 or 7C, little change, small variation with height in morning. Feeling near/below freezing in stronger wind.
Freezing Level	Above the summits	Above the summits

Planning Outlook

All mountain areas of Britain from Monday, 20 October, 2025

A mixed outlook into the new week as low pressure dominates with areas of rain and showers, which will vary locally day-to-day. Some windows of drier weather, particularly central parts of the Highlands. Wind speeds will also vary, but some lulls, but abrupt spells of upland gales possible. Risk of heavier rain spreading from Wales into northern England and southern Scotland later Wednesday into Thursday. Likely significantly colder later in the week with northerly winds, dropping below freezing on higher mountains, with snow showers especially Scottish Munros.

Forecast issued at 16:00 on Saturday, 18 October, 2025

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.