

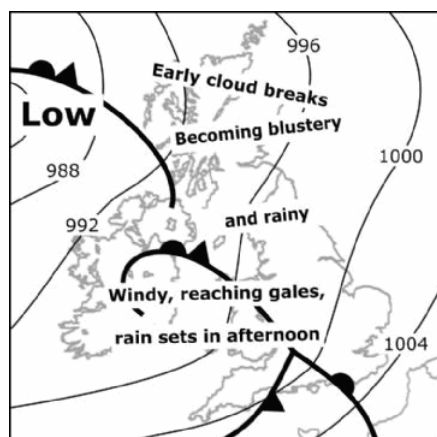
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Sunday, 7 December, 2025



British Mountain Summary:

Based on forecast chart for noon 7 December, 2025

Patchy rain in western areas early, drier east though lots of cloud over summits; some clear tops central and south Pennines. Winds soon begin to strengthen widely, quickest in Wales and reaching gale force here afternoon. Rain also arrives from the west afternoon, spreading widely into evening.

Headline for Lake District

Mostly dry but cloudy early, turning blustery and rainy

Detailed Forecast for Sunday, 7 December, 2025

How windy? (On the summits)	Southerly 15-20mph at dawn, soon shifting southeasterly and strengthening towards 25-30mph with gusts of 35mph or higher over the high fells afternoon. Trending westerly later and remaining near 30mph and may further strengthen over night.
Effect of wind on you?	Fairly small from dawn but increasingly blustery conditions, risk more arduous walking developing where exposed with considerable buffeting, marked wind chill.
How wet? (Precipitation and its impact)	Rain arrives afternoon, setting in into evening Largely dry through morning, a few drizzly spots here and there. Rain becomes more frequent afternoon, setting in widely and persistently into evening with local heavy falls.
Cloud on the hills?	Extensive, some local breaks in the morning Some breaks possible in north if dry for a time, but shrouding the fells widely in rain, banks of cloud from low to mid elevations upward, particularly southern areas.
Chance of cloud free summits?	20%
Sunshine? Air clarity (below cloud)	Generally cloudy and misty, poor visibility most hills as rain develops, locally better north Lakes in morning.
How Cold? (at 750m)	5C, small variation with added height. Temperatures rise to 6 or 7C for a few afternoon hours, then lowering again into nighttime. Feeling like -5C or possibly colder if exposed to stronger wind.
Freezing Level	Above the summits.

Lake District - Looking Ahead

	Monday 8 December	Tuesday 9 December
How windy? (On the summits)	Southwesterly 30 to 40mph; speed likely to fluctuate with stronger gusts over tops reaching 45mph+.	From dawn, southeasterly 30-40mph, soon rising to a gusty 50-65mph and gradually shifting SW'ly. Risk further deteriorating.
Effect of wind on you?	Strenuous walking in exposure all day, considerable buffeting in exposure and marked wind chill. Some variability.	Conditions soon difficult over exposed terrain, you may struggle to stay on your feet during gusts. Significant wind chill.
How wet? (Precipitation and its impact)	Rain on and off Showery rain most frequent west and southern fells, some heavier, possible hail. Rain more widespread for a few early hours.	Near-constant rain, turning showery later Heavy, incessant rain through morning. Trending towards showery rain afternoon, may remain persistent south and west fells. Beware fast-rising streams, flood risk.
Cloud on the hills?	Often covering tops southwest Frequently capping higher fells, particularly Scafell-Conistone group, bases varying 700 to 900m. Further north/east, sometimes on upper slopes, but breaking for periods.	Extensive A sheet of cloud cloaks the hills from middle slopes upward, down to low slopes on southern fells. Some variability, local improvements around Blencathra but unlikely lifting above 700m.
Chance of cloud free summits?	30%	Less than 10%
Sunshine? Air clarity (below cloud)	Largely cloudy, rare glimpses of sun northeastern areas. Visibility good where dry, but reduced for periods in showers.	Overcast and dull. Poor visibility.
How Cold? (at 750m)	5C, a slow rise after dark. If exposed to stronger winds, risk feeling like -7C on high tops.	7 to 9C, warmest over the midday hours. Sharply cooling overnight. Feeling like -3 to -5C in strongest wind.
Freezing Level	Above the summits.	Above the summits

Planning Outlook

All mountain areas of Britain from Monday, 8 December, 2025

Generally unsettled into the week with areas of low pressure moving in from the Atlantic on prevailing southwesterly winds. Temperatures relatively mild, higher tops in the Highlands intermittently just below freezing point; expect periods of thawing even up to these tops. Day-to-day weather detail will be uncertain even in short-range as complex systems develop - a series of frontal systems bringing spells of rain, at times more widespread and heavy - any snowfall mostly confined to highest tops in Scotland; also showers at times with hail mostly near western coasts. Wind speeds will also vary, often blustery with periods of gales or severe gales on tops, but local lulls too.

Forecast issued at 16:18 on Saturday, 6 December, 2025

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.