

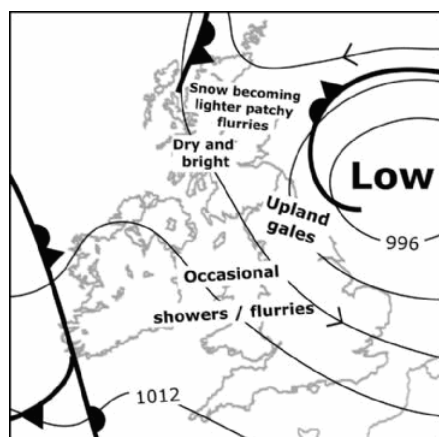
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Wednesday, 7 January, 2026



British Mountain Summary:

Based on forecast chart for noon 7 January, 2026

Gale-force NW'ly winds England, Wales and S Scotland, slowly lessen from west. Areas of snow falling over N & E Scotland tends to ease and become patchy. A few showers or flurries elsewhere, but largely dry SW Highlands. Much terrain remains frozen, substantial snow depths much of Highlands.

Headline for Lake District

Windy, early gales lessen. Often dry, occasional flurries on fells.

Detailed Forecast for Wednesday, 7 January, 2026

How windy? (On the summits)	Northwesterly 40mph early morning, stronger gusts over 50mph in places around dawn, tending to gradually lessen, to 25mph during afternoon, less by evening.
Effect of wind on you?	Significant wind chill and strenuous walking with buffeting on exposed high terrain in the morning at least, improving, but still blustery into afternoon.
How wet? (Precipitation and its impact)	Largely dry, brief local showers One or two brief showers coming inland from the Irish Sea, snow flurries on fells, but much of the day likely dry. Into night, some patchy snow moves in from west, rain or sleet lower slopes.
Cloud on the hills?	Mostly higher western areas Patchy cloud over higher tops, may often cling around some slopes, mostly western areas, but good breaks to many tops inland and eastern Lakeland.
Chance of cloud free summits?	60%
Sunshine? Air clarity (below cloud)	Mix of cloud and sun. Visibility mostly very good.
How Cold? (at 750m)	-2 or -3C, or slightly higher into night. Feeling like -10 to -15C if exposed to wind, coldest in morning.
Freezing Level	Much terrain frozen inland. Up to 400-500m coastal areas, slight rise into night.

Lake District - Looking Ahead

	Thursday 8 January	Friday 9 January
How windy? (On the summits) Effect of wind on you?	Westerly at first 15 to 20mph, soon often less, variable direction. Strengthening E-NE'ly evening-night. Mostly small during daytime.	Northerly 20 to 30mph, chance stronger early in day. Feeling blustery with marked wind chill in exposure on higher fells.
How wet? (Precipitation and its impact)	Patchy light snow Occasional snow flurries, sleet or rain low to mid-slopes.	Possible flurries Patchy snow from overnight still falling as light flurries over fells into morning, sleet lower slopes, tending to fade out.
Cloud on the hills? Chance of cloud free summits?	Varied cloud around hills Cloud banks mostly higher western slopes, but risk also areas of fog some inland valleys and some coastal lower slopes, likely most widely south Lakeland. 40%	Varied patches, more widely morning Banks of cloud likely over many higher slopes in the morning, but tending to thin and break, some patches may cling around tops in north and eastern areas all day. 50%
Sunshine? Air clarity (below cloud)	Varied cloud and sun, a veil of high cloud. Visibility very good in places, but risk misty or hazy some lower areas.	Any sun weak due to a veil of high cloud. Visibility increasingly very good.
How Cold? (at 750m) Freezing Level	-2C, up to 0C nearer coast. Frost many inland valleys, all day out of sunlight. Otherwise 500-600m, or slightly higher toward the coast.	-1 or -2C. Feeling near/below -10C if exposed to stronger winds. 300 to 600m, highest nearer to coasts, but some terrain frozen into the valleys.

Planning Outlook

All mountain areas of Britain from Thursday, 8 January, 2026

Terrain remaining widely frozen into the weekend, extensive deep snow cover for Highlands, less nearer the central belt. An additional substantial snowfall for Wales & Peak District on Thursday night, accompanied by gales. A fairly benign end to the week for Scotland, showers near some west coasts. By late Saturday into Sunday, southerly winds strengthen to gales - as a frontal system approaches, snow then freezing rain is likely, before at least a temporary rise of freezing level - some thawing develops on lower terrain, most pronounced in Wales toward higher slopes. Chilly patterns next week with some further hill snow, many mountains often sub-zero, but overall less cold.

Forecast issued at 16:20 on Tuesday, 6 January, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.