

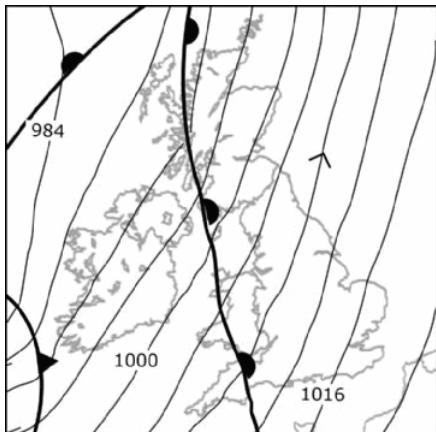
# Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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## General Summary for Sunday, 11 January, 2026



### British Mountain Summary:

**Based on forecast chart for noon 11 January, 2026**

Widely very difficult mountain conditions in severe or storm force upland winds. From west, rapid snow melt commencing and extensive fog - giving whiteout in some areas. Underfoot areas of ice, in some areas on lower slopes.

### Headline for Lake District

Storm force upland wind; snow turning to rain.

## Detailed Forecast for Sunday, 11 January, 2026

<b>How windy? (On the summits)</b>	Southerly, 60mph morning slight easing afternoon. Powerful gusts.
<b>Effect of wind on you?</b>	<b>Difficult conditions over the mountains; mobility widely challenging. Sometimes difficult to stand, in places sudden ferocious gusts reaching lower slopes, Severe wind chill.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Heavy rain</b> Snow until after dawn. Turning to rain morning. Becoming very wet underfoot. Least wet northeastern fells.
<b>Cloud on the hills?</b>	<b>Persistent fog</b> Shrouding the fells all day, to lowest slopes south Lakeland, highest bases toward Ullswater, where rarely 600-700m.
<b>Chance of cloud free summits?</b>	<b>Almost nil</b>
<b>Sunshine?</b> Air clarity (below cloud)	Sunshine not expected; widely dull and misty.
<b>How Cold? (at 750m)</b>	-1C at dawn, rising toward +3 to 5C, small variation of temperature with height. Will feel as cold as minus 13C directly in wind.
<b>Freezing Level</b>	300 to 500m up to dawn; lifting above summits morning - but most terrain frozen and areas of ice.

## Lake District - Looking Ahead

	Monday 12 January	Tuesday 13 January
<b>How windy? (On the summits)</b>	Southwesterly 45mph.	Low confidence in forecast: Generally southerly 25 to perhaps 40mph, although speeds may be lower.
<b>Effect of wind on you?</b>	<b>Walking widely difficult on higher areas, frequent buffeting even lower elevations.</b> <b>Significant wind chill.</b>	<b>Walking on higher areas may well be or become arduous and wind chill considerable.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Rain much of the day</b> Frequent to near-constant rain, some heavier showery bursts mixed in, particularly west and southwestern fells. Very wet underfoot due to previous rain and where snow melts.	<b>Rain may become incessant</b> Increasing threat of rain spreading northwards, heaviest south lakes.
<b>Cloud on the hills?</b>	<b>Extensive higher areas</b>  Covering higher fells most or all day above 700-800m, at times 500-600m near to the Irish Sea. Some breaks higher up mostly northeastern Lakeland.	<b>Becoming very extensive in rain</b>  Patches of fog may clear for a few hours to reveal some higher summits. But in rain, particularly across south lakes, cloud likely to fill in across the hills.
<b>Chance of cloud free summits?</b>	<b>10%</b>	<b>20%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Rare if any glimpses of sun. A general haze, visibility poor in rain.	Sunshine not expected. Visibility very good, but deteriorating to widely poor in rain.
<b>How Cold? (at 750m)</b>	4C. Wind chill feeling around -10C where directly exposed on tops.	4C
<b>Freezing Level</b>	Above the summits.	Above the summits.

## Planning Outlook

## All mountain areas of Britain from Monday, 12 January, 2026

High rainfall and intermittently windy across most mountains areas next week as a series of Atlantic lows cross Britain .

From Tuesday day to day confidence very low due to uncertainty in timing and tracking of lows .

Over England and Wales, temperatures on higher summits will intermittently be below freezing point: snow may accumulate on highest summits. Freeze thaw cycles will occur on the Scottish Highlands, although above 900m periods of thaw may well be brief, with progressive enhancement of the snowpack likely.

## Forecast issued at 7:40 on Sunday, 11 January, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.