

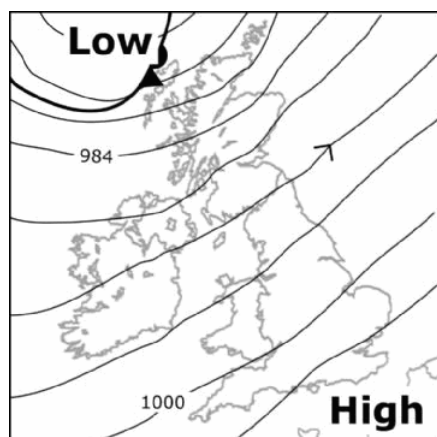
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Monday, 12 January, 2026



British Mountain Summary:

Based on forecast chart for noon 12 January, 2026

Extensive upland gales, although storm force at first N Scotland. Bands of showers, of hail, and snow higher areas, will merge to give periods of almost constant precipitation on many western mountains. Small risk thunder. Driest conditions will be on easternmost mountains and S Wales.

Headline for Lake District

Gale force upland wind. Rain (hail and snow higher tops); fog.

Detailed Forecast for Monday, 12 January, 2026

How windy? (On the summits)	Southwesterly 35 to 40mph, perhaps 45mph highest tops. Marginal drop in speed through day.
Effect of wind on you?	Walking widely difficult on higher areas, frequent buffeting even lower elevations. Significant wind chill.
How wet? (Precipitation and its impact)	Frequent showers; hail, snow higher tops, small risk lightning Frequent, sometimes near constant showery heavy rain, with hail and small risk thunder. Wet snow highest fells. Very wet underfoot.
Cloud on the hills?	Extensive higher areas Covering higher fells above 600m, and in rain cloud base sometime below 300 or 400m. Highest cloud base north lakes, where a few breaks above 750m northeastern fells.
Chance of cloud free summits?	Almost nil
Sunshine? Air clarity (below cloud)	Rare if any glimpses of sun. A general haze, visibility poor in rain.
How Cold? (at 750m)	4C. Will feel as cold as -10C where exposed to the wind.
Freezing Level	Above the summits.

Lake District - Looking Ahead

	Tuesday 13 January	Wednesday 14 January
How windy? (On the summits)	Forecast confidence remains low: Generally southerly 25 to perhaps 40mph, although speeds may be lower.	West backing southerly around 25mph before later in day strengthening to 40-50mph.
Effect of wind on you?	Walking on higher areas may well be or become arduous and wind chill considerable.	May well be fairly small for several hours before walking.becomes increasingly difficult and wind chill significant.
How wet? (Precipitation and its impact)	Rain may become incessant Increasing threat of rain spreading northwards, heaviest south lakes.	Risk of snow an hail showers Showers may come in off the sea giving hail and snow, although rain lower particularly coastal slopes. Threat precipitation setting in late in day.
Cloud on the hills?	Becoming very extensive in rain Patches of fog may clear for a few hours to reveal some higher summits. But in rain, particularly across south lakes, cloud likely to fill in across the hills.	Probably remaining extensive on most or all higher areas Cloud sometimes forming below 450m near the coast, but cloud base generally rising to 600 to 750m - possibly a few breaks to higher summits.
Chance of cloud free summits?	20%	20%
Sunshine? Air clarity (below cloud)	Sunshine not expected. Visibility very good, but deteriorating to widely poor in rain.	Occasional sunshine, mainly well inland. Visibility often very good, but very poor in snow.
How Cold? (at 750m)	4C	-1C
Freezing Level	Above the summits.	700m coastal hills; otherwise 500 or 600m.

Planning Outlook

All mountain areas of Britain from Tuesday, 13 January, 2026

High rainfall and intermittently windy across most mountains over the next week or more as a series of Atlantic lows cross Britain. With uncertainty in the tracks of some lows, Tuesday's forecast remains very uncertain - but by Wednesday a transient weak ridge of high pressure will bring a brief improvement. Higher summits sometimes below freezing point S Scotland southwards: snow may accumulate on highest summits. Mostly below freezing Scottish Highlands enabling snow to accumulate widely.

Forecast issued at 7:42 on Monday, 12 January, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.