

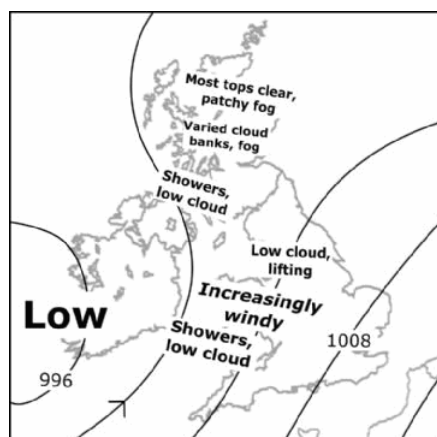
# Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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## General Summary for Friday, 16 January, 2026



### British Mountain Summary:

#### Based on forecast chart for noon 16 January, 2026

Dry for much of the Highlands, many northern mountains clear, in places above patchy valley fog, some weak sun through high-level cloud above the mountains. Breezy toward the west, some showers southwest coasts of Scotland, also S/W Wales. Areas of low cloud over Pennines and S Lakes may linger.

### Headline for Lake District

Breezy, increasing. Lowest cloud south, breaks north, mostly dry.

## Detailed Forecast for Friday, 16 January, 2026

<b>How windy? (On the summits)</b>	Southerly 20 to 25mph, tending to increase during day to 30mph in places higher fells, mainly western Lakeland.
<b>Effect of wind on you?</b>	<b>Feeling blustery with marked wind chill over higher terrain. May start to affect comfortable walking some exposed spots.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Little or no precipitation</b> Chance of odd showers grazing the coast in western Lakes, snow flurries over higher tops.
<b>Cloud on the hills?</b>	<b>Most persistent south Lakes, breaks north</b> Low cloud most persistent southern Lakeland, from 300-500m up in the morning, tending to rise into afternoon, though often covering fells above 600-700m. Higher and more broken cloud northwards, patches lifting at times.
<b>Chance of cloud free summits?</b>	<b>20% south, to 60% north.</b>
<b>Sunshine?</b> Air clarity (below cloud)	A mix of cloud and patchy sun, best north. Visibility very good away from cloud.
<b>How Cold? (at 750m)</b>	0 or 1C. Feeling like -5 to 8C if exposed to stronger breeze
<b>Freezing Level</b>	800m tending to rise a little to 900m or slightly higher afternoon onward.

**All mountain areas of Britain from Saturday, 17 January, 2026**

Often dry and chilly conditions into the weekend with a south to south-easterly airflow developing, gusty wind in places. General patterns into the second half of January favour a colder continental influence. The snow pack across the Scottish Highlands will be enhanced by further spells of snowfall where fronts edge in from the west, whilst for England and Wales snow accumulating on the hills at times, perhaps in the form of showers from the east.

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.