

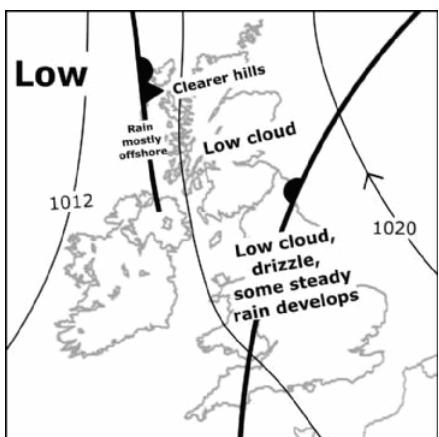
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Sunday, 18 January, 2026



British Mountain Summary:

Based on forecast chart for noon 18 January, 2026

Cloudy and damp air over many hills, more persistent rain and drizzle develops over northern England and east Wales. Clearer toward north-northwest Scotland. Near or below freezing on Scottish mountains. South to southeasterly winds, gusty in places; strongest toward Skye.

Headline for Lake District

Moderate wind, locally gusty. Lowest cloud south, rain develops.

Detailed Forecast for Sunday, 18 January, 2026

How windy? (On the summits)	South to southeasterly 15 to 25mph, gusty around higher tops.
Effect of wind on you?	Blustery in exposure on some tops, may start to affect comfortable walking in places, giving marked wind chill.
How wet? (Precipitation and its impact)	Drizzle, then rain develops afternoon Patchy drizzle mainly over southern Lakeland in morning, some snow grains on tops. During afternoon, some steadier rain becoming persistent particularly south and eastern areas, continuing into evening.
Cloud on the hills?	Lowest and most persistent south A cloud sheet covers southern Lakeland from mid-elevations upward most or all day. Cloud more varied northwestward, banks often covering high tops, but base higher and some breaks possible.
Chance of cloud free summits?	10% south, to 30% north/northwest.
Sunshine? Air clarity (below cloud)	Glimpses of weak sun mainly north Lakes. Largely overcast, dull, misty to many mid-levels or some lower slopes.
How Cold? (at 750m)	1 or 2C. Feeling like -7C directly in the wind.
Freezing Level	Near to freezing on higher slopes, high terrain at least partly frozen.

Lake District - Looking Ahead

	Monday 19 January	Tuesday 20 January
How windy? (On the summits)	South to southeasterly 20mph, gusty 25mph in places around some higher fells.	Southeasterly 25 to 40mph, risk strengthening further later, very gusty in places downslope NW of higher fells.
Effect of wind on you?	Small effect on walking, but noticeable chill on higher terrain.	Strenuous walking over most higher terrain, gusts affecting balance in places; marked wind chill.
How wet? (Precipitation and its impact)	A little rain Patchy rain up to the summits, may become more persistent from south.	Rain at times Rain on and off, most frequent southern Lakeland, patchier northwards.
Cloud on the hills?	Extensive, lowest south Low cloud shrouding the fells widely, from low to mid-slopes upward especially in south Lakes. Some higher bases northwest, but rarely above higher tops.	Fairly extensive Covering higher fells all day, to mid-slopes in south, some higher bases north Lakes.
Chance of cloud free summits?	20%	20%
Sunshine? Air clarity (below cloud)	Overcast and dull, poor visibility over many fells, hazy lower down, locally better north.	Generally cloudy and dull. Hazy or misty over most fells, some good visibility lower slopes in north if dry.
How Cold? (at 750m)	2 or 3C. Feeling like -5 to -8C directly in the wind.	2C. Wind chill feeling like -10C.
Freezing Level	Above freezing to higher tops, but high terrain stays partly frozen.	Above the summits, but icy surfaces on some highest tops.

Planning Outlook

All mountain areas of Britain from Monday, 19 January, 2026

South to southeasterly winds prevail into the new week, trending more easterly in Scotland, widely strengthening to become persistently windy, gales over mountains with powerful gusts. Mountains staying near to freezing point in Scotland, typically just above freezing to high tops in England and Wales for a few days. Initially weak fronts try to push in from the west bringing occasional rain and high-level snow, then some more persistent falls later in the week; generally driest in northwest Scotland. Colder air trying to move in from the east into later January, leaving most mountain terrain frozen in the longer range.

Forecast issued at 15:30 on Saturday, 17 January, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.