

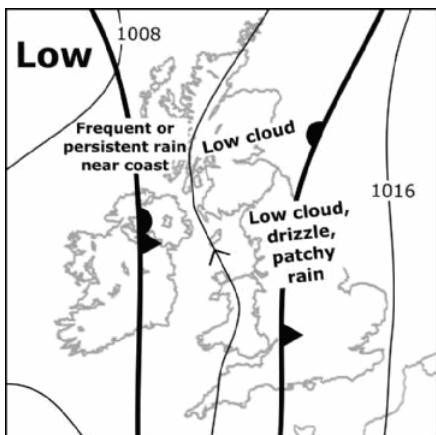
# Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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## General Summary for Monday, 19 January, 2026



### British Mountain Summary:

#### Based on forecast chart for noon 19 January, 2026

Rain near the west coast of Scotland, largely dry inland, but low cloud covering southern Highlands widely, higher and more broken cloud northward. Rain or drizzle and blanket fog over the Pennines, drier for Lakes and Wales, with best cloud breaks northern areas. Southerly winds strongest N/W Scotland, gusty.

### Headline for Lake District

Gusty wind in places. Lowest cloud south, some drizzle.

## Detailed Forecast for Monday, 19 January, 2026

<b>How windy? (On the summits)</b>	South to southeasterly 20mph, gusty 25mph in places around some higher fells.
<b>Effect of wind on you?</b>	<b>Small effect on walking, but noticeable chill on higher terrain.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Drizzle in places</b> Occasional light rain and drizzle, most frequent southern fells, small amounts overall.
<b>Cloud on the hills?</b>	<b>Extensive, lowest south</b> Low cloud shrouding the fells widely, from low to mid-slopes upward especially in south Lakes. Some higher bases northwest, but rarely above higher tops.
<b>Chance of cloud free summits?</b>	<b>20%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Overcast and dull, poor visibility over many fells, hazy lower down, locally better north.
<b>How Cold? (at 750m)</b>	2 or 3C. Feeling like -5 to -8C directly in the wind.
<b>Freezing Level</b>	Above freezing to higher tops, but high terrain stays partly frozen.

## Lake District - Looking Ahead

	Tuesday 20 January	Wednesday 21 January
<b>How windy? (On the summits)</b>	Southeasterly 30 to 45mph, risk strengthening further later, very gusty in places downslope NW of higher fells.	Southeasterly 30 to 50mph, speed likely to vary during the day.
<b>Effect of wind on you?</b>	<b>Strenuous or increasingly arduous walking over most higher terrain, gusts affecting balance in places; marked wind chill.</b>	<b>Walking often arduous over exposed terrain, gusts frequently knocking you off balance. Significant wind chill.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Rain at times</b> Rain on and off, most frequent southern Lakeland, patchier northwards.	<b>Patchy rain, risk frequent</b> Rain on and off, may be fairly persistent for periods, sleet or wet snow falling at times on higher tops; smaller amounts northwestern fells.
<b>Cloud on the hills?</b>	<b>Fairly extensive higher areas</b>  Covering higher fells all day, to mid-slopes in south in morning, some higher bases north Lakes. Some improvement possible with rising bases during the day.	<b>Fairly extensive</b>  Covering most higher fells, from 500 to 700m upward, most persistent south and east, higher breaks toward northwest.
<b>Chance of cloud free summits?</b>	<b>30%</b>	<b>20%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Generally cloudy, some brighter moments north Lakes. Hazy or misty over southern fells, some good visibility lower slopes in north if dry.	Overcast and dull, poor visibility in rain, locally better at times north/west areas.
<b>How Cold? (at 750m)</b>	2C. Wind chill feeling like -10 to -13C.	1C. Wind chill feeling like -10 to -13C where exposed on higher areas.
<b>Freezing Level</b>	Above the summits, but icy surfaces on some highest tops.	Near or just below freezing above 800m.

## Planning Outlook

## All mountain areas of Britain from Tuesday, 20 January, 2026

South to southeasterly winds prevail during the week ahead, widely strengthening to become persistently windy, gales over mountains with powerful gusts. Mountains near to freezing point in Scotland, typically just above freezing to high tops in England and Wales for a few days. A slowly circulating weather system will bring areas of rain and high-level snow, becoming more persistent as the week progresses, cloud covering most hills; generally driest and clearest in northwest Scotland. Colder air trying to move in from the east into later January, leaving most mountain terrain frozen in the longer range.

## Forecast issued at 16:17 on Sunday, 18 January, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.