

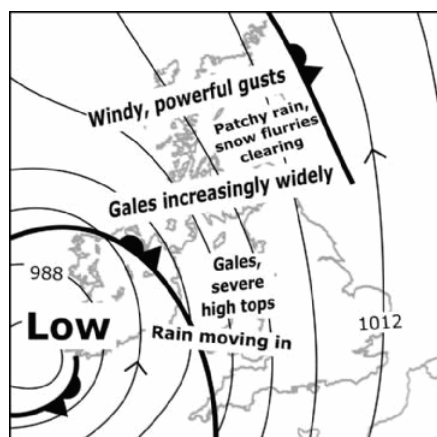
# Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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## General Summary for Tuesday, 20 January, 2026



### British Mountain Summary:

#### Based on forecast chart for noon 20 January, 2026

Strong southeasterlies, gusting gale-force Scottish mountains, strengthening widely. Gales all day for Wales, severe on high tops, increasingly northern England also. Some light rain and hill snow flurries, mostly eastern Scotland, fading with rising cloud base. Heavier rain develops in south Wales.

### Headline for Lake District

Windy, strengthening gales. Patchy cloud clearing.

## Detailed Forecast for Tuesday, 20 January, 2026

<b>How windy? (On the summits)</b>	Southeasterly 30 to 45mph, strengthening with time, during afternoon reaching 55-60mph southwestern areas from Scafell to Pillar; very gusty in places downslope NW of higher fells.
<b>Effect of wind on you?</b>	<b>Strenuous or increasingly arduous walking over most higher terrain, becoming difficult southwest Lakeland, gusts knocking you off balance in places. Wind chill becoming significant.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>A little rain in morning</b> Patchy areas of light rain moving northwards early morning, fading out to become dry then onward until night, when eventually some rain then arrives from south.
<b>Cloud on the hills?</b>	<b>Mostly south in morning, lifting</b> Covering higher fells all day, to mid-slopes in south in morning, some higher bases north Lakes. Improving with rising bases during the day, patches may linger over southern tops, but many tops clearing.
<b>Chance of cloud free summits?</b>	<b>30% rising to 70% afternoon.</b>
<b>Sunshine?</b> Air clarity (below cloud)	Varied layers of high cloud, some brighter moments north Lakes, a little sun. Visibility mostly good away from cloud, but hazier with time from south.
<b>How Cold? (at 750m)</b>	2C. Wind chill feeling like -10C, to nearer -15C in stronger speeds.
<b>Freezing Level</b>	Above the summits, but icy surfaces on some highest tops.

## Lake District - Looking Ahead

	Wednesday 21 January	Thursday 22 January
<b>How windy? (On the summits)</b>  <b>Effect of wind on you?</b>	Southeasterly 30 to 50mph, speed likely to vary during the day.  <b>Walking often arduous over exposed terrain, at times gusts knocking you off balance. Significant wind chill.</b>	Easterly 40 to 50mph, stronger gusts in places near and west of higher tops, including through elevated passes.  <b>Challenging conditions, difficult in exposure and gusts knocking you off balance not just on tops. Significant wind chill.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Patchy rain, risk frequent</b> Rain on and off, may be fairly persistent for periods, sleet or wet snow falling at times on higher tops; smaller amounts northwestern fells.	<b>Rain and sleet on and off</b> Rain most frequent south and eastern fells, turning to sleet or freezing rain on higher terrain, possibly snow flurries later. Patchier northwestward.
<b>Cloud on the hills?</b>       <b>Chance of cloud free summits?</b>	<b>Fairly extensive</b>  Covering most higher fells, from 500 to 700m upward, most persistent south and east, higher breaks toward northwest.  <b>20%</b>	<b>Varied over tops</b>  Often covering higher fells, bases around 600-700m, but some higher breaks toward the west and northwest Lakes.  <b>30%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Overcast and dull, poor visibility in rain, locally better at times north/west areas.	Largely cloudy, some brighter moments western areas. Visibility poor in precipitation, a general haze, locally better west.
<b>How Cold? (at 750m)</b>  <b>Freezing Level</b>	1C. Wind chill feeling like -10 to -13C where exposed on higher areas. Near or just below freezing above 800m.	2C, but may drop to around 0C particularly north and eastern areas. Wind chill feels as cold as -15C. Just above freezing to high tops, possibly all day in west, but likely to drop near to freezing around 700-800m upward.

## Planning Outlook

## All mountain areas of Britain from Wednesday, 21 January, 2026

Strong east to southeasterlies continue beyond midweek, sustained gales over most mountains with powerful gusts downslope toward west. Near or just below freezing on higher tops - colder air is likely to move into Scotland at least late in the week, much mountain terrain then frozen with severe chill factor. Scope for substantial snowfalls over eastern Scottish hills later this week. Sleet or snow mostly higher tops in England and Wales, may fall lower over the weekend. Low cloud often covering many hills across Britain, clearer and drier toward western coasts. Circulating low pressure and cold air likely into next week, with further snowfalls likely.

## Forecast issued at 16:30 on Monday, 19 January, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.