

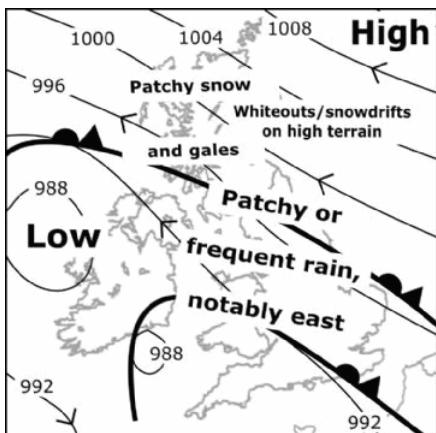
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Sunday, 25 January, 2026



British Mountain Summary:

Based on forecast chart for noon 25 January, 2026

Blustery for most, gales in Scotland which will be severe on high tops early. Continued snow and local whiteout conditions on high terrain in east Scotland, snowdrifts build here. Often raining over the Pennines and south Wales, more intermittent in north Wales and Lakeland (sleet or snow on high summits).

Headline for Lake District

Blustery wind with patchy rain, both easing slightly with time

Detailed Forecast for Sunday, 25 January, 2026

How windy? (On the summits)	East to southeasterly 35-45mph early, stronger at and before sunrise. Gradually easing with time to around 30-35mph by nighttime.
Effect of wind on you?	Strenuous walking most of the day in exposure, particularly early when strongest sustained winds will make forward mobility arduous. Considerable wind chill.
How wet? (Precipitation and its impact)	Morning rain turns patchy; snow on tops Rain on many fells in the morning, most frequent on the high tops and eastern fells; snow is likely above 700-800m. A trend towards drier weather, though odd patches will still affect the east.
Cloud on the hills?	Fairly extensive over tops Often covering much higher terrain above 700-800m, sometimes lower in east Lakes, to 600m in precipitation. Higher bases and some breaks toward west.
Chance of cloud free summits?	30%
Sunshine? Air clarity (below cloud)	A few glimpses of sun on low westernmost slopes where visibility good. Otherwise cloudy, increasingly hazy and poor visibility over many hills in fog and precipitation.
How Cold? (at 750m)	0C, may begin to lower slightly just around dusk. Feeling like -8 to -12C in the wind.
Freezing Level	800m, locally slightly higher toward the west. Dropping later in the day, reaching 500-600m overnight.

Lake District - Looking Ahead

	Monday 26 January	Tuesday 27 January
How windy? (On the summits)	Southeasterly 30-35mph, gusts reaching 40mph or higher over tops, strengthening around/after dusk.	East-southeasterly 50-60mph. Gusty, most powerful gusts reaching up to 70mph in direct exposure.
Effect of wind on you?	Walking strenuous with notable buffeting in exposure frequently challenging stability. Significant wind chill.	Mobility tortuous on most terrain, likely requires crouching or crawling in strongest gusts. Severe wind chill.
How wet? (Precipitation and its impact)	Patchy snow south/east Occasional patchy sleet/snow drifts onto the southern and eastern fells. Only patches of snow in the wind towards the northwest fells and often dry here.	Snow most of the day Snow will be quite persistent on the high fells. Often snowing on the southern and eastern fells as well. Best of dry windows in northwest Lakeland, but periods of snow reaching here as well.
Cloud on the hills?	Best of high breaks to the northwest Cloud persistently clings to the middle and upper slopes of south and eastern Lakeland. Highest bases to the north of Great Gable where breaks may reach fell tops at times.	Fairly extensive Most high terrain shrouded all day, often lowering to middle slopes, particularly south and east where middle or lower slopes may stay shrouded for extended periods. Best of higher breaks in northwest Lakeland.
Chance of cloud free summits?	30%	10%
Sunshine? Air clarity (below cloud)	Often bright to the northwest early, then high cloud builds with time. Often good visibility but quickly turns poor during snow/sleet falls.	No sunshine expected. Visibility often very poor, appalling on high terrain in blowing snow.
How Cold? (at 750m)	-2C. Feeling as cold as -13C, later -18C in direct wind.	-2 or -1C. Feeling like -20C or colder in strongest wind.
Freezing Level	500-600m.	400-600m; may vary during the day, lowest frozen terrain on eastern fells.

Planning Outlook

All mountain areas of Britain from Monday, 26 January, 2026

An unsettled week ahead: a dominance of low pressure will bring periods of wet weather and gales (at times severe), to all areas. Winds will be predominantly east-southeasterly, particularly in Scotland, maintaining the cold air with freezing levels consistently to middle or lower slopes - wind chills will be severe. A near-term risk of flooding in the eastern highlands.

Wind direction will be more variable in England and Wales, at times shifting south-southwesterly and drawing in milder air, bringing freezing levels to upper slopes or even above the high summits.

Low cloud often covering many hills with only local sunny breaks here and there.

Forecast issued at 16:05 on Saturday, 24 January, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.