

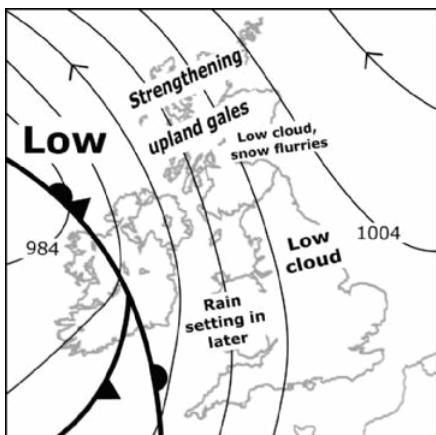
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Monday, 26 January, 2026



British Mountain Summary:

Based on forecast chart for noon 26 January, 2026

Gale-force and very gusty southeasterly winds Scottish mountains, tending to strengthen. Patchy snow and low cloud affects the eastern Highlands; largely dry and clearer toward west/northwest. Some cloud breaks for the Lakes. Rain and upland gales moves into Wales from the west in the afternoon.

Headline for Lake District

Windy, gusty. Mostly dry, varied cloud, clearer NW.

Detailed Forecast for Monday, 26 January, 2026

How windy? (On the summits)	East-southeasterly 30-35mph, gusts reaching 40mph or higher over tops, strengthening further around/after dusk, in places 50mph higher western fells.
Effect of wind on you?	Walking strenuous with notable buffeting in exposure frequently challenging stability. Significant wind chill.
How wet? (Precipitation and its impact)	Largely dry day Rare light flurries in the wind, but substantially dry through the day. Rain and upland snow develops onward into evening and night.
Cloud on the hills?	Best of high breaks to the northwest Cloud persistently clings to the middle and upper slopes of south and eastern Lakeland. Highest bases to the northwest of Great Gable where breaks may reach fell tops at times in afternoon.
Chance of cloud free summits?	30%, to 60% northwest afternoon.
Sunshine? Air clarity (below cloud)	Often bright to the northwest early, glimpses of sun, then high cloud builds with time. Often good visibility out of cloud.
How Cold? (at 750m)	-1 or -2C. Feeling as cold as -13C, later -18C in direct wind.
Freezing Level	500-600m, some local variation, slightly higher some west & northwestern areas.

Lake District - Looking Ahead

	Tuesday 27 January	Wednesday 28 January
How windy? (On the summits)	East-southeasterly 50-60mph, up to 70mph early in day high tops. Powerful gusts downslope in places.	Southeasterly 35 to 50mph - some uncertainty - speed likely to vary during day.
Effect of wind on you?	Mobility tortuous on most terrain, likely requires crouching or crawling in strongest gusts. Severe wind chill.	Arduous walking conditions, very gusty in places around western fells. Significant wind chill.
How wet? (Precipitation and its impact)	Hill snow in morning, easing Snow will be quite persistent on the high fells, sleet or rain below 400-500m, persistent through the morning, starting to fade afternoon, by this time wetter to higher elevations. Showers into evening.	Locally damp Fine drizzle where in cloud, mainly south Lakes, snow grains some higher tops.
Cloud on the hills?	Fairly extensive Most high terrain shrouded all day, often lowering to middle slopes, particularly south and east where middle or lower slopes may stay shrouded for extended periods. Best of higher breaks in northwest Lakeland.	Varied, breaks north/west Cloud banks lowest and most extensive toward south in morning. Some breaks forming, best toward north/west Lakes.
Chance of cloud free summits?	10%	30%
Sunshine? Air clarity (below cloud)	Overcast and dull. Visibility often very poor, appalling on high terrain in blowing snow.	Largely cloudy, some glimpses of sun. Visibility good below cloud.
How Cold? (at 750m)	-1C lifting to 0 or +1C from south. Feeling like -17 to -20C in strongest wind.	0C rising to 2C. Wind chill feeling like -10 to -13C.
Freezing Level	500-600m; tending to rise variably to 800m, most widely into the afternoon.	700 to 800m, rising just toward higher summits during daytime.

Planning Outlook

All mountain areas of Britain from Tuesday, 27 January, 2026

Powerful southeasterlies prevail across Scotland this week and many indications favour strong east or southeasterly winds onward into the first half of February. Scottish mountains are expected to stay below freezing in the extended range, fresh heavy snowfalls giving substantial depths and drifts across south and eastern areas, much less snow northwestward. Hills in England and Wales will see varying freezing levels, sub-zero for periods to 600m or lower, but intermittently lifting just above the tops - a mix of rain and upland snowfall. A generally unsettled pattern with Atlantic lows continuing to frequently circulate over Britain on a southerly track, whilst high pressure resides away to the north.

Forecast issued at 16:15 on Sunday, 25 January, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.