

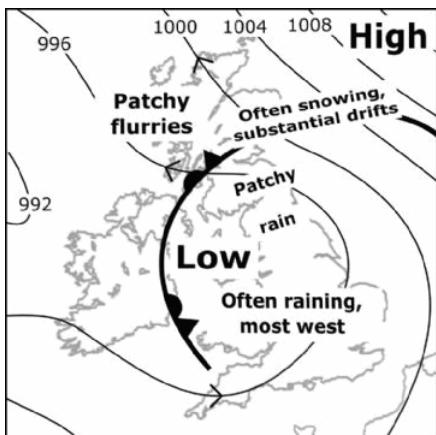
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



Wheelwrights Cottages provide a wide range of self-catering accommodation around Langdale and beyond to suit all requirements. Please call us on 015394 37635 for details or go to www.wheelwrights.com

General Summary for Saturday, 31 January, 2026



British Mountain Summary:

Based on forecast chart for noon 31 January, 2026

Winter conditions on most high mountains; deep snow and large drifts in central/east Scotland, whiteout conditions in fog. Mostly dry NW Scotland. Morning rain in south Scotland and England trends patchy, often dry south Pennines. Often raining in Wales, most on western slopes. Freezing levels rise towards upper slopes.

Headline for Lake District

Morning rain trends patchy to often dry; blustery but easing

Detailed Forecast for Saturday, 31 January, 2026

| | |
|---|--|
| How windy? (On the summits) | Starting easterly 30-40mph, soon shifting southeasterly, then an easing tendency afternoon towards 25-30mph. |
| Effect of wind on you? | Walking strenuous to start the day with wind chill, effects easing though remaining blustery in exposure until dusk. |
| How wet? (Precipitation and its impact) | Patchy rain, sleet on the high tops Patchy rain drifts across most fells from the south through much of the day, may fall as sleet onto the highest tops; falls likely light in nature most of the day; perhaps dry for a few hours around midday. |
| Cloud on the hills? | Mostly high terrain, lower south and east Cloud caps the high fells likely all day, lowest bases on south and east fells, and may at times fill in here more widely over high terrain. High bases towards northeast Lakeland, breaks to summits possible, best chance of breaks around midday hours. |
| Chance of cloud free summits? | 30% |
| Sunshine? Air clarity (below cloud) | Some bright/sunny glimpses around the midday hours, best chance around northern fells. Good visibility, at times poor in precipitation, also some haze. |
| How Cold? (at 750m) | 2C, may rise to 3C later. Feeling like -8C in direct wind. |
| Freezing Level | Likely just the high summits in the morning, lifting above the summits. Beware frozen ground/icy surfaces above 700-800m all day. |

Lake District - Looking Ahead

| | Sunday 1 February | Monday 2 February |
|---|---|--|
| How windy? (On the summits) | Southeasterly 20-25mph, trending southerly and easing, largely 15mph or less, though some variability west. | Before dawn, variable, 10mph, shifting southeasterly and gradually rising, reaching 30-35mph by dusk. |
| Effect of wind on you? | Be mindful of changing conditions: walking at times impeded on west high terrain, but trending towards small effects. | Small to start the day, becoming noticeable with time, strenuous walking with wind chill by dusk. |
| How wet? (Precipitation and its impact) | Rain on-and-off Patches of rain will come and go throughout the day, a few dry periods are probable, notably on northern fells, but always with a tendency to return; risk of a broader area of rain late in the day. | Patchy rain Rain drifts onto the fells from the south from time to time, may be more frequent afternoon but also dry periods, driest on northern fells. Precipitation falling as sleet on the high summits. |
| Cloud on the hills? | Over high terrain, variably lower Cloud shrouds the high fells most or all day. Bases will lower during periods of rain, locally to middle slopes. | Mostly high terrain and east fells The high fells will be capped by cloud much of the day, lowest bases in the south and east, approaching middle elevations during precipitation. High breaks on fells north of Great Gable, with some clear summits. |
| Chance of cloud free summits? | 30% | 30% |
| Sunshine? Air clarity (below cloud) | Glimpses of sun here and there but often cloudy. Visibility mostly good, turning poor in rain. | Sun breaks most frequent to the northwest. Generally good visibility, though turns poor in rain. |
| How Cold? (at 750m) | 1 or 2C. | 1C, though may start a degree cooler. Feeling like -8 to -13C with time in the wind. |
| Freezing Level | 900m. A chance of freezing temperatures locally lower late in the day. | Poorly defined and variable, likely just highest summits but some slopes to freezing at 700-800m. |

Planning Outlook

All mountain areas of Britain from Sunday, 1 February, 2026

Unsettled weather persists through the late weekend and into next week: a southerly flow is dominant through Monday, lifting freezing levels and bringing precipitation to most mountain groups through the early week. The Munros will likely stay below freezing; precipitation will continue to fall as snow on high terrain: snowdrifts from the Cairngorms to central and southern Highlands with a continued risk of flooding here. Gales are likely as well.

Southeasterly winds will tend to re-establish later in the week, lowering freezing levels and drawing cloud and precipitation into the Pennines and eastern Scotland, the snow level dropping to middle elevations with time. Cloud and precipitation more patchy in the west with the brightest skies northwest of high summits.

Forecast issued at 16:30 on Friday, 30 January, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.