

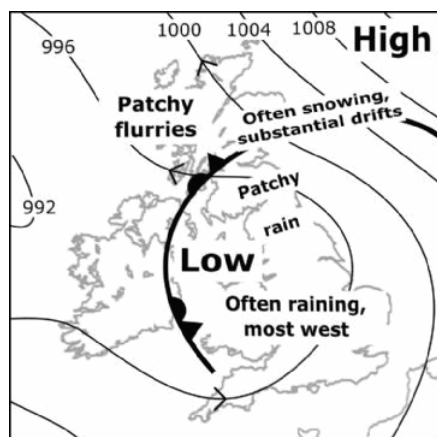
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Saturday, 31 January, 2026



British Mountain Summary:

Based on forecast chart for noon 31 January, 2026

Winter conditions on most high mountains; deep snow and large drifts in central/east Scotland, whiteout conditions in fog. Mostly dry NW Scotland. Morning rain in south Scotland and England trends patchy, often dry south Pennines. Often raining in Wales, most on western slopes. Freezing levels rise towards upper slopes.

Headline for Lake District

Morning rain trends patchy to often dry; blustery but easing

Detailed Forecast for Saturday, 31 January, 2026

How windy? (On the summits)	Starting easterly 30-40mph, soon shifting southeasterly, then an easing tendency afternoon towards 25-30mph.
Effect of wind on you?	Walking strenuous to start the day with wind chill, effects easing though remaining blustery in exposure until dusk.
How wet? (Precipitation and its impact)	Patchy rain, sleet on the high tops Patchy rain drifts across most fells from the south through much of the day, may fall as sleet onto the highest tops; falls likely light in nature most of the day; perhaps dry for a few hours around midday.
Cloud on the hills?	Mostly high terrain, lower south and east Cloud caps the high fells likely all day, lowest bases on south and east fells, and may at times fill in here more widely over high terrain. High bases towards northeast Lakeland, breaks to summits possible, best chance of breaks around midday hours.
Chance of cloud free summits?	30%
Sunshine? Air clarity (below cloud)	Some bright/sunny glimpses around the midday hours, best chance around northern fells. Good visibility, at times poor in precipitation, also some haze.
How Cold? (at 750m)	2C, may rise to 3C later. Feeling like -8C in direct wind.
Freezing Level	Likely just the high summits in the morning, lifting above the summits. Beware frozen ground/icy surfaces above 700-800m all day.

All mountain areas of Britain from Sunday, 1 February, 2026

Southeasterly winds will tend to re-establish later in the week, lowering freezing levels and drawing cloud and precipitation into the Pennines and eastern Scotland, the snow level dropping to middle elevations with time. Cloud and precipitation more patchy in the west with the brightest skies northwest of high summits.

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.