

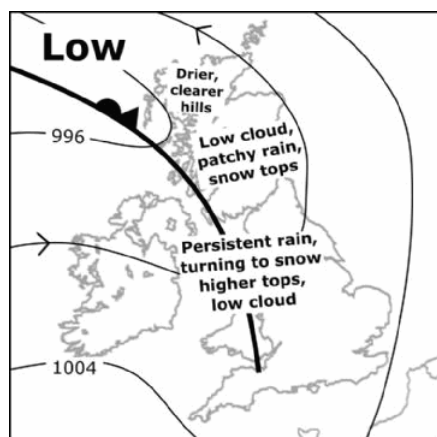
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



Wheelwrights Cottages provide a wide range of self-catering accommodation around Langdale and beyond to suit all requirements. Please call us on 015394 37635 for details or go to www.wheelwrights.com

General Summary for Sunday, 1 February, 2026



British Mountain Summary:

Based on forecast chart for noon 1 February, 2026

Extensive low cloud and patchy areas of rain, or snow on higher mountains, merging into more constant precipitation from the west over England, Wales and southwest Scotland. Driest conditions for the coastal northwest Highlands. Improving afternoon for Wales. Variable winds, dropping fairly light Highlands.

Headline for Lake District

Rain frequent or persistent and increasingly blustery.

Detailed Forecast for Sunday, 1 February, 2026

How windy? (On the summits)	South to southwesterly 15 to 20mph, later in day turning westerly and may increase to become gustier 20-25mph.
Effect of wind on you?	Fairly small, but feeling blustery in places particularly later in day with marked wind chill.
How wet? (Precipitation and its impact)	Rain frequent, some heavy, becomes snow high tops Patches of rain will come and go in morning, but increasingly more frequent or persistent rain develops from west, some heavier showery bursts mixed in, turning to snow on higher fells above 700-800m, possible hail.
Cloud on the hills?	Over high terrain, variably lower Cloud shrouds the high fells most or all day. Bases will lower during periods of rain, locally to middle slopes.
Chance of cloud free summits?	30%
Sunshine? Air clarity (below cloud)	Glimpses of sun mainly east early in day but often cloudy. Visibility starts good, turning poor in rain.
How Cold? (at 750m)	1 or 2C. Feeling like -7C in stronger wind later.
Freezing Level	900m, slight drop to 800m later in day mainly in south.

All mountain areas of Britain from Monday, 2 February, 2026

Southeast then easterly winds will prevail during the week ahead, strong to gale force over many hills for sustained periods. From Monday into Tuesday onward, colder air temperature and lower freezing level again, leaving mountain terrain widely frozen from mid-elevations upward, or to lower slopes in eastern Scotland. Further snow will affect eastern mountains, with additional accumulations and drifting. Some periods of hill snow for England and Wales into midweek. Cold easterly patterns are expected to continue onward into mid February, though higher pressure to the north may see reduced precipitation amounts, always driest with highest cloud in west.

Forecast issued at 16:30 on Saturday, 31 January, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.