

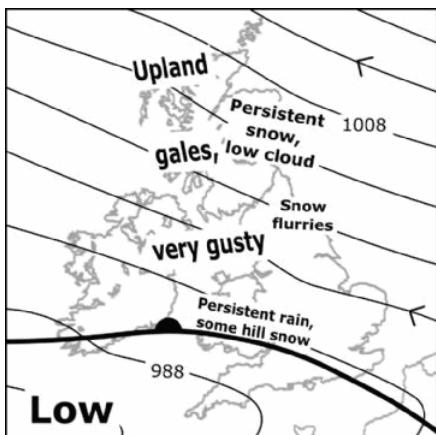
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Tuesday, 3 February, 2026



British Mountain Summary:

Based on forecast chart for noon 3 February, 2026

Feeling bitterly cold in gale force easterly winds over the hills. Snow falling to lower slopes, most constant in eastern Scotland with further drifting and whiteout over hills. Snow flurries over the Pennines. Some cloud breaks near west coasts. Rain and increasingly hill snow for Wales, persistent in southeast.

Headline for Lake District

Gales, gusty. Brief local flurries, cloud breaks west.

Detailed Forecast for Tuesday, 3 February, 2026

How windy? (On the summits)	Easterly 35 to 50mph, very gusty in places around higher fells and on downslopes west of high terrain.
Effect of wind on you?	Challenging walking conditions over exposed terrain, gusts knocking you off balance; significant wind chill.
How wet? (Precipitation and its impact)	Rare flurries Often dry, an odd snow flurry over the fells may come in from east, spots of rain below 400m.
Cloud on the hills?	Mostly higher areas, breaks west Some cloud banks drifting over higher slopes, mostly above 700-800m, most common eastern half of Lakeland. Further west, cloud well broken toward tops.
Chance of cloud free summits?	30% east, to 50% west.
Sunshine? Air clarity (below cloud)	Weak glimpses of sun mostly in west. Slight haze.
How Cold? (at 750m)	-1C, to local +1C west Lakeland. Wind chill feeling like -12 to -15C.
Freezing Level	500 to 600m, but toward west more variable just above freezing toward some upper slopes, but high terrain frozen.

Lake District - Looking Ahead

	Wednesday 4 February	Thursday 5 February
How windy? (On the summits)	East to southeasterly 20 to 30mph, strongest gusts in places in morning, particularly western areas.	Easterly 35 to 50mph, very gusty around high tops and passes, locally downslope.
Effect of wind on you?	Blustery, in places affecting comfortable walking around the higher fells, considerable wind chill.	Walking strenuous, or arduous in places, frequent buffeting knocking you off balance. Significant wind chill.
How wet? (Precipitation and its impact)	Patchy sleet then rain A little snow over fells in the morning, mostly east, amounts generally small. Turning mostly to sleet or light rain with time toward upper slopes, may fade out during afternoon.	A little rain, or snow tops Intermittent snow flurries mostly eastern and northern fells, mostly rain below 600m. Patchy small amounts westward.
Cloud on the hills?	Fairly extensive, better northwest Cloud covering many fells in the morning, from mid-slopes upward toward south and east Lakes, higher bases northwest, some breaks forming higher up.	Capping some tops Banks of cloud drifting across higher slopes mostly above 700m and toward eastern half of Lakeland. Well broken patches over tops further west.
Chance of cloud free summits?	30%	40%
Sunshine? Air clarity (below cloud)	Largely overcast, misty morning. Some improvement to better visibility if drier afternoon.	Variable cloud, some brighter spells, glimpses of sun mainly west where visibility good. General slight haze.
How Cold? (at 750m)	0 or -1C, rising later to +2C. Wind chill feeling like -7 to -10C.	Around 0C, later dropping to -1 or -2C. Wind chill feeling like -10 to -15C.
Freezing Level	500-600m in east, but variable above 700m in west; tending to rise, later in day just above freezing to most tops.	Near to freezing above 700-800m, particularly eastern fells, but variable in west; tending to lower toward evening.

Planning Outlook

All mountain areas of Britain from Wednesday, 4 February, 2026

East or southeasterly winds prevail, strong to gale force over many hills for sustained periods this week. Freezing levels will vary, rising briefly during Wednesday from the south, but lowering widely again below 600m during Thursday, tending to lift again over England and Wales on Friday, then possibly rising just above freezing point to higher mountains in Scotland during the weekend, before colder air returns again next week. Further snowfalls mostly over eastern hills in Scotland, occasionally hills in England & Wales, mixed with rain here. Indications of less precipitation and lower wind speeds more often by early next week. Highest cloud breaks generally west & northwest Scotland.

Forecast issued at 16:15 on Monday, 2 February, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.