

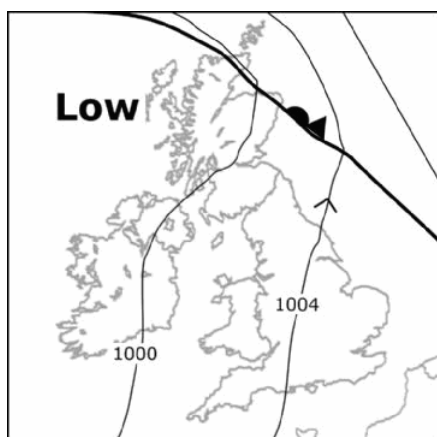
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Conistone.



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General Summary for Sunday, 8 February, 2026



British Mountain Summary:

Based on forecast chart for noon 8 February, 2026

Little change with rain or on higher areas in Scotland snow on and off - showery in character Wales; and the mountains extensively foggy. Fairly light wind - except in northern Scotland at first.

Headline for Lake District

Rain on and off; extensive fog. Light wind.

Detailed Forecast for Sunday, 8 February, 2026

How windy? (On the summits)	Southerly 15 to on higher tops 20mph.
Effect of wind on you?	Small
How wet? (Precipitation and its impact)	Rain now and again Rain and drizzle on and off - will not amount to a great deal in total, particularly so north lakes.
Cloud on the hills?	All or nearly all fells persistently covered. Persistent fog most of region, but by afternoon in north lakes perhaps a few breaks to 600m and here and there higher slopes briefly clearing or between cloud layers.
Chance of cloud free summits?	Less than 10%
Sunshine? Air clarity (below cloud)	Widely dull, misty or murky, particularly south lakes.
How Cold? (at 750m)	2C
Freezing Level	Above the summits.

Lake District - Looking Ahead

	Monday 9 February	Tuesday 10 February
How windy? (On the summits)	South-easterly 15 to 25mph.	Southeasterly between 30 and 40mph; may ease toward 20mph during day
Effect of wind on you?	Mostly small	Walking increasingly arduous with height: here and there sudden gusts reaching lower slopes northwest of major summits. Significant wind chill.
How wet? (Precipitation and its impact)	Patches or spots of rain here and there Within an overcast environment, here and there patches, or occasional spots, of rain, particularly southern and eastern fells.	Rain on and off; sleet higher tops Rain, drizzle or above about 800m sleet on and off - although will fizzle out from the south.
Cloud on the hills?	Extensive Hill fog again extensive. Highest bases north lakes where most cloud above 600m, perhaps breaks to 750m.	Mountains persistently foggy; cloud base rising South lakes: Persistent fog above 300 to 450m although may improve through day giving breaks to perhaps 650m. North lakes: most cloud above 400m, breaks to 600m, perhaps to 750m in afternoon.
Chance of cloud free summits?	20%	Almost nil
Sunshine? Air clarity (below cloud)	Overcast. General haze, extensive areas of mist and murk.	Widely dull and murky; perhaps improving afternoon to give a little sun and very good visibility.
How Cold? (at 750m)	3C	2C Will feel near -10C directly in the wind.
Freezing Level	Above the summits	Just above highest summits.

Planning Outlook

All mountain areas of Britain from Monday, 9 February, 2026

Little change over the next few days with continued foggy conditions over most mountains, and rain, or on higher mainly Scottish areas snow. Intermittently southeasterly winds approaching gale force.
Later in the week, progressively colder from the north with fresh snow on many mountains.

Forecast issued at 12:07 on Saturday, 7 February, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.