

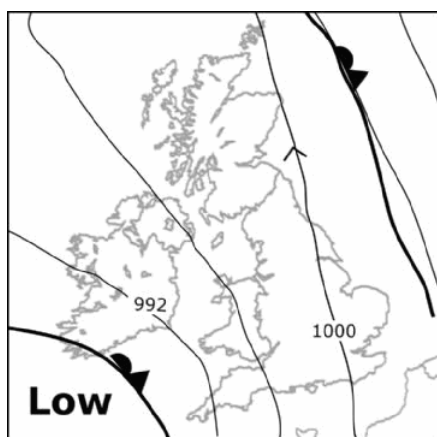
# Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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## General Summary for Monday, 9 February, 2026



### British Mountain Summary:

#### Based on forecast chart for noon 9 February, 2026

Overall very little change with occasional rain, or on higher slopes in Scotland, snow. Fog persistent on nearly all mountain areas. The wind continuing fairly light. Wales will from the southwest become windy with pulses of showery rain.

### Headline for Lake District

Fairly light wind; a few pockets of rain. Persistent fog.

## Detailed Forecast for Monday, 9 February, 2026

<b>How windy? (On the summits)</b>	Southerly 20mph, strengthening later afternoon toward 30mph.
<b>Effect of wind on you?</b>	<b>Mostly small</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Rain, mostly light here and there. Total rainfall small.</b> Occasional drizzle and rain, rarely heavy. Locally precipitation lasting an hour or so but total rainfall small.
<b>Cloud on the hills?</b>	<b>Persistent fog</b> Persistent fog above 350 to 500m south lakes and 600 to occasionally 800m north lakes.
<b>Chance of cloud free summits?</b>	<b>Almost nil</b>
<b>Sunshine?</b> Air clarity (below cloud)	A little sun here and there, but generally cloudy. Very good visibility lower slopes.
<b>How Cold? (at 750m)</b>	2C
<b>Freezing Level</b>	Above the summits

## Lake District - Looking Ahead

	<b>Tuesday 10 February</b>	<b>Wednesday 11 February</b>
<b>How windy? (On the summits)</b>  <b>Effect of wind on you?</b>	Southeasterly between 30 and 40mph; may ease toward 20mph during day  <b>Walking increasingly arduous with height: here and there sudden gusts reaching lower slopes northwest of major summits. Significant wind chill.</b>	Confidence in forecast is low: Direction varied in the range 10 to perhaps 25mph. <b>Mostly fairly small.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Rain on and off; sleet higher tops</b> Rain, drizzle or above about 800m sleet on and off - although will fizzle out from the south.	<b>Intermittent rain</b> Rain and drizzle on and off, but falling as sleet or snow on higher fells.
<b>Cloud on the hills?</b>  <b>Chance of cloud free summits?</b>	<b>Mountains persistently foggy; cloud base rising</b>  South lakes: Persistent fog above 300 to 450m although may improve through day giving breaks to perhaps 650m. North lakes: most cloud above 400m, breaks to 600m, perhaps to 750m in afternoon.  <b>Almost nil</b>	<b>Very extensive</b>  Most hills persistently cloud covered above 400 to 600m.  <b>Almost nil</b>
<b>Sunshine?</b> Air clarity (below cloud)	Widely dull and murky; perhaps improving afternoon to give a little sun and very good visibility.	Little or no sun. Extensively dull and misty.
<b>How Cold? (at 750m)</b>  <b>Freezing Level</b>	2C Will feel near -10C directly in the wind.  Just above highest summits.	1 to 3C.  900m or above.

**Planning Outlook****All mountain areas of Britain from Tuesday, 10 February, 2026**

A change from mid week as a low centre crosses Britain bringing stronger wind and initially rain . But precipitation will turn to snow Scottish Highlands on Wednesday then progressively southwards into England and Wales on Thursday - with most terrain frozen and fresh snow lying on most mountains by Friday morning. Cold 'winter' conditions will then persist through next weekend.

**Forecast issued at 13:24 on Sunday, 8 February, 2026**

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.