

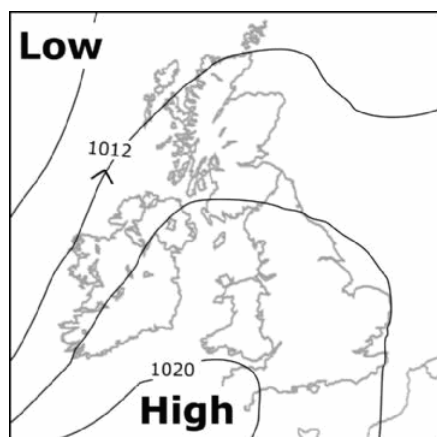
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Conistone.



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General Summary for Saturday, 14 February, 2026



British Mountain Summary:

Based on forecast chart for noon 14 February, 2026

A transient ridge of high pressure will bring a cold but mostly sunny day although a few snow flurries on some western hills. Nearly all terrain frozen. Toward dusk, initially near the west coast the wind will increase quickly - ahead of severe upland gales and snow overnight.

Headline for Lake District

Terrain frozen. Light wind; extensive sun.

Detailed Forecast for Saturday, 14 February, 2026

How windy? (On the summits) Effect of wind on you?	Northwesterly 15 or 20mph at dawn. Will drop through morning to or below 10mph in a prolonged lull. Strengthening again toward dusk. Small or negligible but very difficult conditions quickly developing after dark.
How wet? (Precipitation and its impact)	Precipitation very unlikely Risk of the odd snow flurry or shower spreading slowly inland later afternoon.
Cloud on the hills? Chance of cloud free summits?	Very little - patches forming initially coastal fells afternoon Mountains extensively free of cloud. From midday, increasing chance patches covering areas above 500 to 650m, near and coast and gradually extending across south lakes. 90%, dropping to 70% afternoon
Sunshine? Air clarity (below cloud)	Extensive bright sunshine before high level cloud spreads eastward afternoon. Excellent or superb visibility.
How Cold? (at 750m) Freezing Level	-2 or -3C. Terrain largely frozen from valleys up. Through day freezing level becoming 400 to 600m, highest sunlit slopes and toward coast.

Lake District - Looking Ahead

	Sunday 15 February	Monday 16 February
How windy? (On the summits) Effect of wind on you?	Westerly 30 to sometimes 40mph. But at first, a very gusty 55mph, then a temporary slight lull. Significant wind chill and widely arduous walking on higher areas.	West veering toward northerly 20 to 30mph - although possibly as high as 40mph for a few hours. Likely to impede ease of walking and risk strengthening to make walking difficult and wind chill significant.
How wet? (Precipitation and its impact)	Hail and snow showers Persistent snow before dawn. Through day hail and snow showers - but over 2 or 3 hours the precipitation frequent or almost constant. Mostly rain below 600m.	Snow showers; sometimes frequent Snow and hail showers, sometimes frequent and threat of the precipitation almost constant over a couple of hours. Mostly rain below 450m.
Cloud on the hills? Chance of cloud free summits?	Frequently or persistently covering higher summits. Fog across the hills from dawn in precipitation. Will improve markedly morning as cloud base rises to 600m or above, albeit cloud base changing quickly: forming below 400m lower slopes near showers. 10%	Extensive Cloud base varying, between 300m near precipitation and otherwise 500 to occasionally above 750m. 20%
Sunshine? Air clarity (below cloud)	Bursts of sunshine developing (after dull start) particularly lower areas east Cumbria. Sometimes excellent visibility, but abruptly very poor in snow.	Occasional sunshine - mainly lower slopes east Cumbria. Very varied visibility; very poor or appalling in snow, but otherwise excellent.
How Cold? (at 750m) Freezing Level	Soon 0 or 1C. Will feel as close to minus 12C where exposed to the wind. Nearly all terrain frozen, albeit freezing level soon 900m.	0 or 1C. Will feel around minus 12C directly in the wind. 700m to 850m. Some valleys may be partly frozen after a frost

Planning Outlook

All mountain areas of Britain from Sunday, 15 February, 2026

Persistent cold most mountain areas, particularly across Scotland next week. Further snow from time to time. England and particularly Wales will have intermittently higher freezing levels resulting in freeze-thaw cycles.

Forecast issued at 12:24 on Friday, 13 February, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.