

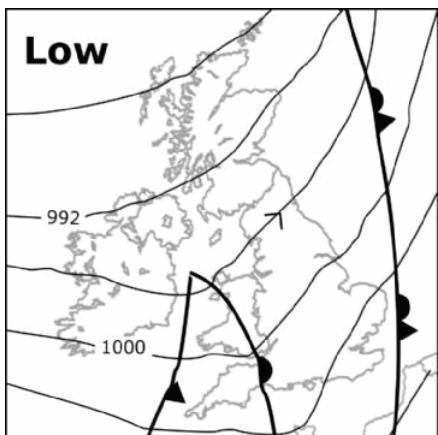
# Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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## General Summary for Sunday, 15 February, 2026



### British Mountain Summary:

**Based on forecast chart for noon 15 February, 2026**

Overnight snow (considerable western Scotland north to Skye) will have cleared, leaving snow (rain lower slopes) showers in Scotland (driest toward east), whilst further south rain and snow on and off. Most mountain terrain will be frozen although thawing lower slopes.

### Headline for Lake District

Frozen terrain. Frequent snow, rain lower slopes.

## Detailed Forecast for Sunday, 15 February, 2026

<b>How windy? (On the summits)</b>	Westerly 30 to sometimes 35 to 40mph at dawn and perhaps again afternoon.
<b>Effect of wind on you?</b>	<b>Significant wind chill and widely arduous walking on higher areas.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Rain and snow on and off</b> Persistent snow before dawn. Through day hail and snow showers - but through middle of day over 2 or 3 hours the precipitation frequent or almost constant. Mostly rain below 600m.
<b>Cloud on the hills?</b>	<b>Frequently or persistently covering the fells.</b> Fog persistent across the hills most or all day; sometimes cloud below 300m though mostly above 500m east of Helvellyn. Will improve at times, mainly later afternoon as cloud base rises to 600m or 700m.
<b>Chance of cloud free summits?</b>	<b>Less than 10%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Bursts of sunshine now and again, mainly lower areas east Cumbria. Sometimes good visibility, but very poor in precipitation.
<b>How Cold? (at 750m)</b>	Soon 0 or 1C. Will feel as close to minus 12C where exposed to the wind.
<b>Freezing Level</b>	Nearly all terrain frozen, albeit freezing level soon 800m or 900m.

## Lake District - Looking Ahead

	Monday 16 February	Tuesday 17 February
<b>How windy? (On the summits)</b>	West veering toward northerly 20 to 30mph - although possibly as high as 40mph for a few hours morning.	Northerly high confidence in dropping to less than 15mph in a lull, but for a few hours from dawn 20, possibly 30mph.
<b>Effect of wind on you?</b>	<b>Considerable wind chill and walking impeded or sometimes arduous.</b>	<b>Becoming negligible</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Snow showers; sometimes frequent</b> Snow and hail showers, sometimes frequent and threat of the precipitation almost constant over a couple of hours. Mostly rain below 450m. Chance isolated thunder.	<b>Precipitation not expected</b>
<b>Cloud on the hills?</b>	<b>Extensive</b>  Cloud base varying, between 300m near precipitation and otherwise 500 to occasionally 750m.	<b>Very little if any</b>
<b>Chance of cloud free summits?</b>	<b>20%</b>	<b>90%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Occasional sunshine - mainly lower slopes east Cumbria. Very varied visibility; very poor or appalling in snow, but otherwise excellent.	Bright sunshine. Superb visibility.
<b>How Cold? (at 750m)</b>	0 or 1C. Will feel around minus 10C directly in the wind.	-2C
<b>Freezing Level</b>	700m to 850m. Some valleys may be partly frozen after a frost	450m but most terrain frozen: partial thawing lowest particularly sunlit slopes.

**Planning Outlook****All mountain areas of Britain from Monday, 16 February, 2026**

Persistently cold most mountain areas, particularly across Scotland next week. Further snow from time to time. England and particularly Wales will have intermittently higher freezing levels resulting in freeze-thaw cycles.

**Forecast issued at 12:12 on Saturday, 14 February, 2026**

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.