

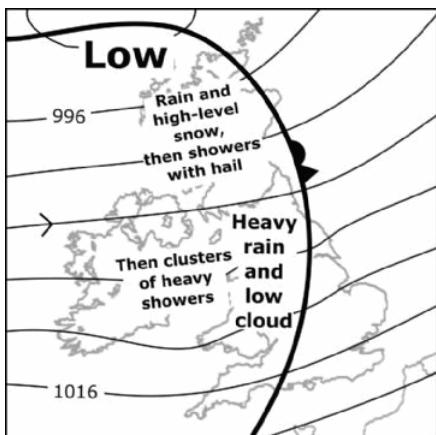
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Friday, 20 February, 2026



British Mountain Summary:

Based on forecast chart for noon 20 February, 2026

Extensive gale-force southwesterlies. A rise of freezing level toward higher tops in Scotland, where early hill snow soon turns mostly to rain. Lifting above freezing to highest tops in England & Wales by dawn, a few hours of heavy rain. Clusters of heavy showers follow into all western areas with hail, a chance of thunder.

Headline for Lake District

Upland gales. Wet much of day, heavy rain for periods.

Detailed Forecast for Friday, 20 February, 2026

How windy? (On the summits)	South-southwesterly 35 to 45mph, peak speeds fluctuate during day, but at times over 50mph with powerful squally gusts higher fells; shifting westerly later in day.
Effect of wind on you?	Challenging conditions with buffeting and significant wind chill; maintaining stability requires constant effort/crouching.
How wet? (Precipitation and its impact)	Often raining, heavy at times, with hail afternoon A swathe of persistent rain from dawn into early morning, briefly sleet on high tops, widely heavy, most sustained toward southwest. Breaking into showers, but these clustering again into afternoon to more prolonged rain at times, heavy bursts with hail, risk isolated thunder. Wet underfoot where snow melts.
Cloud on the hills?	Variable but fairly extensive Cloud shrouds high terrain with bases to middle slopes most or all day to the west of highest tops. Filling in more widely during periods of rain, but breaks towards high tops possible too during cessation in rain.
Chance of cloud free summits?	30%
Sunshine? Air clarity (below cloud)	Mostly cloudy but some bright/sunny breaks will come and go, best east. Variable visibility, very good when out of cloud and rain.
How Cold? (at 750m)	0C just at dawn, soon lifting to 3 or 4C. Feeling like -5 to -10C in direct wind.
Freezing Level	700-800m up to dawn, but soon rising above the summits; beware of still frozen terrain on tops.

Lake District - Looking Ahead

	Saturday 21 February	Sunday 22 February
How windy? (On the summits)	Southwesterly 35 to 40mph, tending to strengthen further up to dusk, reaching 50mph, risk 60mph after dark.	Southwesterly 40 to 50mph, frequent squally gusts in showers, toward 60mph on higher tops.
Effect of wind on you?	Strenuous walking conditions, making balance challenging on exposed ridges, becoming widely difficult later.	Challenging conditions over the fells, frequent buffeting making walking arduous in exposure. Significant wind chill.
How wet? (Precipitation and its impact)	Rain and drizzle Rain on and off, persistently drizzly at least much of the region, most constant rain toward west and southwest Lakes, likely heavier with time in afternoon.	Frequent rain, hail Showers, at times feeling more continuous, bursts of rain, some heavy with hail, particularly in west.
Cloud on the hills?	Extensive Blanketing the hills all day, from lower elevations upward west and southwestern fells, rarely above 400-500m. Furthest northeast, bases toward 600m at times.	Fairly extensive higher areas Covering the fells above 800m most of the time, but bases will vary in and out of showers, sometimes forming to 600m or lower near coast. Occasional breaks higher up mainly eastern fells.
Chance of cloud free summits?	10%	30%
Sunshine? Air clarity (below cloud)	Overcast and dull. Hazy, visibility widely poor in rain.	Glimpses of sun, mostly toward east. Visibility intermittently very good, but reduced to occasionally poor in showers.
How Cold? (at 750m)	5C. Where exposed to stronger winds on tops, feeling like -7C.	3C. Wind chill feeling like -10 to -15C on tops.
Freezing Level	Above the summits.	Above the summits.

Planning Outlook

All mountain areas of Britain from Saturday, 21 February, 2026

Southwesterly winds brings milder conditions into this weekend - lifting above freezing to tops in England and Wales with substantial thawing, and generally higher freezing levels in Scotland; periods of thawing to Munro summits will occur but also further snowfall and refreezing on higher terrain during the day-to-day variability of precipitation and freezing levels onward into early next week. Likely colder later next week, back below freezing on higher terrain for a run of days. Often windy with periods of upland gales. Some spells of heavy rain over all western hills and low cloud frequently covering the hills.

Forecast issued at 16:30 on Thursday, 19 February, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.