

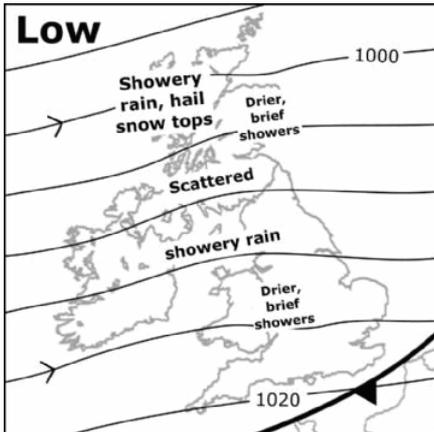
# Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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## General Summary for Sunday, 22 February, 2026



### British Mountain Summary: Based on forecast chart for noon 22 February, 2026

Showery southwesterlies, extensively gale force over higher terrain with significant chill factor. Rain and hail, snow falling above 900m in Scotland, most frequent west coastal areas. Fewer showers eastward across Scotland and for England & Wales, with some cloud breaks toward tops.

### Headline for Lake District

Upland gales. Showers on and off, mostly west.

## Detailed Forecast for Sunday, 22 February, 2026

<b>How windy? (On the summits)</b>	Southwesterly 40 to 50mph, frequent squally gusts in showers, toward 60mph on higher tops.
<b>Effect of wind on you?</b>	<b>Challenging conditions over the fells, frequent buffeting making walking arduous in exposure. Significant wind chill.</b>
<b>How wet? (Precipitation and its impact)</b>	<b>Showery rain, hail</b> Showers, at times feeling more continuous over western fells, some heavier bursts of rain with hail. Brief showers eastward. Toward dusk into evening, more constant heavier rain widely, may become sleet on tops.
<b>Cloud on the hills?</b>	<b>Fairly extensive higher areas</b> Covering the fells above 800m most of the time, but bases will vary in and out of showers, sometimes forming to 600m or lower near coast. Occasional breaks higher up mainly northeastern fells.
<b>Chance of cloud free summits?</b>	<b>30%</b>
<b>Sunshine? Air clarity (below cloud)</b>	Glimpses of sun, mostly toward east. Visibility intermittently very good, but reduced to occasionally poor in showers.
<b>How Cold? (at 750m)</b>	3C. Wind chill feeling like -10 to -15C on tops.
<b>Freezing Level</b>	Above the summits, then dropping back close to highest summits into night.

## Lake District - Looking Ahead

	Monday 23 February	Tuesday 24 February
<b>How windy? (On the summits)</b> <b>Effect of wind on you?</b>	Southwesterly 40 to 50mph in morning, easing slowly toward 25mph afternoon. Increasing again evening-night. <b>Arduous walking conditions over the fells in the morning, moderating during daytime. Significant wind chill early in day.</b>	Southwesterly 35 to 45mph, over 50mph at times on higher fells. <b>Arduous walking over higher exposed terrain, frequent buffeting. Considerable wind chill despite milder air.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Patchy rain, risk setting in heavier</b> Rain on and off, small amounts for a few hours at least, most common on western hills. Risk becoming more widely persistent, heavier with time south and western Lakeland.	<b>Drizzle mostly west and south</b> Drizzly over many fells, particularly west and southwestern fells, small amounts of rain, but feeling damp. Drier northeast Lakes.
<b>Cloud on the hills?</b>	<b>Fairly extensive, lowering in rain</b>  Covering higher fells most or all day above 700m, but forming to 400-500m western areas in rain, may lower fairly widely. Best of any breaks toward northeast Lakes.	<b>Extensive, lowest west &amp; south</b>  Shrouding the fells above 400-500m in west and south, or lower nearest coast, Higher bases to 600m or above northeast.
<b>Chance of cloud free summits?</b>	<b>20%</b>	<b>10%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Largely cloudy, some brief sun breaking through eastern areas. Hazy toward coast, visibility fairly good at times inland, but widely poor if in rain.	Largely cloudy, murky southwestern areas, locally better visibility north Lakes.
<b>How Cold? (at 750m)</b> <b>Freezing Level</b>	3C, then rising slightly from dusk. Feeling like -10 to -15C directly in the wind.  Just above freezing on highest summits in morning, rising higher above tops.	4 to 6C. In exposure to wind, feeling like -6 to -8C.  Above all summits.

**Planning Outlook****All mountain areas of Britain from Monday, 23 February, 2026**

West to southwesterly winds prevail during the week ahead as areas of low pressure move toward northwest Scotland whilst ridges of higher pressure occasionally nudge across southern Britain. Sustained gales over the mountains, only brief lulls. Temperatures will fluctuate above and below freezing on higher Scottish mountains, with periods of thaw and refreezing. England and Wales generally above freezing to tops with a substantial thaw of most upland snow. Frequent rainfall, often heavy over western mountains, at times showery with hail, some snow on Scottish Munros. The final days of February favour colder northwesterly air and a drop of freezing level.

**Forecast issued at 16:00 on Saturday, 21 February, 2026**

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.