

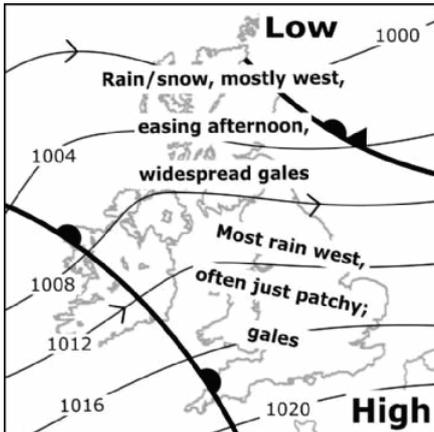
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Monday, 23 February, 2026



British Mountain Summary:

Based on forecast chart for noon 23 February, 2026

Widespread gales, severe for several hours on higher terrain. Early showers from the west affect many hills, particularly Scotland where rain will be frequent; snow on high terrain. Rain slowly eases afternoon, then a warm front approaches Wales, bringing more rain and rising temperatures here, spreading widely overnight.

Headline for Lake District

Gales, risk severe for a time; frequent light rain west falls

Detailed Forecast for Monday, 23 February, 2026

<p>How windy? (On the summits)</p> <p>Effect of wind on you?</p>	<p>West-southwesterly 40-45mph, soon westerly and trending stronger, up to 55mph in exposure for several hours. Easing for a few hours into evening, 20-30mph, shifting SW'ly too, deteriorating again overnight.</p> <p>Challenging walking conditions for most of the day with significant wind chill; crouching may be necessary for stability for several hours. Effects easing, but walking remains strenuous during daylight.</p>
<p>How wet? (Precipitation and its impact)</p>	<p>Light rain, mostly western fells</p> <p>Rain affecting many areas at and before dawn, soon trending to a light and patchy nature, though western fells may be more often rainy with drizzle on high terrain in cloud. Mostly dry by evening, but several hours of rain into night as well.</p>
<p>Cloud on the hills?</p> <p>Chance of cloud free summits?</p>	<p>Fairly extensive, lowering in rain, may improve east</p> <p>Covering higher fells most or all day above 700m, but forming to 400-500m western areas in rain, may lower fairly widely for periods in the morning. Best of any breaks toward northeast Lakes, the chance of breaks increasing with time.</p> <p>20% rising to 40%</p>
<p>Sunshine? Air clarity (below cloud)</p>	<p>Largely cloudy, some brief sun breaking through eastern areas, but then high cloud forming afternoon to weaken/shroud sun.</p> <p>Hazy toward coast, visibility fairly good at times inland, but poor if in rain.</p>
<p>How Cold? (at 750m)</p> <p>Freezing Level</p>	<p>2C at and before dawn, gradually rising during daylight, reaching 4C by evening, rising further overnight.</p> <p>Feeling like -10 to -15C directly in the wind.</p> <p>Just above highest summits at dawn, but icy surfaces on high tops with local hardened snow patches remain. Soon lifting well-above the summits.</p>

Lake District - Looking Ahead

	Tuesday 24 February	Wednesday 25 February
How windy? (On the summits) Effect of wind on you?	Southwesterly 35 to 45mph, turbulent gusts over 50mph at times on higher fells. Arduous walking over higher exposed terrain, frequent buffeting. Considerable wind chill despite milder air.	Southwesterly 25-40mph, notable gusts including to lower slopes. Greatest risk of strong wind in west Lakeland. Strenuous walking much of the day with buffeting gusts and notable wind chill. A risk of deteriorating conditions.
How wet? (Precipitation and its impact)	Some drizzle west and south Drizzly over many fells at and before dawn, particularly west and southwestern fells. Most fells becoming dry, a few odd drizzly spots in south/west Lakeland.	Patchy rain Rain comes and goes here and there throughout the day, may be often drizzly on the high slopes in south Lakeland, also a risk of larger areas of rain more widely but these passing.
Cloud on the hills? Chance of cloud free summits?	Extensive, lowest west & south Shrouding the fells above 400-500m in west and south, or lower nearest coast, Higher bases to 600m or above northeast, and perhaps more often broken with time, best chance Helvellyn to Blencathra. 10%, rising to 30%	Fairly extensive Fog shrouds the fells from middle slopes upward, often to the lower slopes of the Scafell group towards Coniston. Best chance of higher breaks near Catbells/Blencathra, but unlikely to summits. 20%
Sunshine? Air clarity (below cloud)	Largely cloudy, murky southwestern areas, locally better visibility north Lakes.	A few brighter periods towards north/east Lakeland, otherwise overcast and dull. Good visibility where out of cloud, but otherwise poor.
How Cold? (at 750m) Freezing Level	4 to 6C. In exposure to wind, feeling like -6 to -8C. Above all summits.	6C. Feeling like -5 to -8C in the wind. Above the summits.

Planning Outlook**All mountain areas of Britain from Tuesday, 24 February, 2026**

West to southwesterly winds prevail during the week ahead as areas of low pressure move toward northwest Scotland ; regular rainfall here, most frequent and heavy over western mountains. Weak high pressure keeps the weather drier to the south and east early in the week. Sustained gales over the mountains, only brief lulls around mid-week. Temperatures rising into mid-week with freezing levels soon lifting off summits in England and Wales for substantial snow thaws . Some thawing in Scotland too. Later in the week, becoming more widely unsettled again with cooler temperatures, at times showery with hail, some snow on Scottish Munros. The final days of February favour colder northwesterly air and a drop of freezing level; a dry and bright spell is possible early weekend.

Forecast issued at 16:28 on Sunday, 22 February, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.