

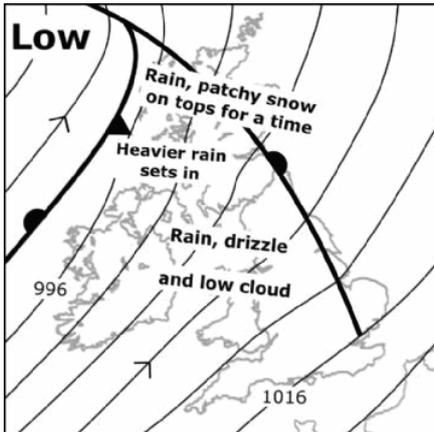
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Sunday, 1 March, 2026



British Mountain Summary:

Based on forecast chart for noon 1 March, 2026

South-southwesterly upland gales, strengthening further for Wales during the day, later extending northward. Early snow on hills in the Highlands, patchier northwards, turning increasingly to rain as temperature rises, heavier rain for West Highlands. Generally wet for western England & Wales with blanket low cloud.

Headline for Lake District

Windy, increasingly gales. Wet all day with very low cloud.

Detailed Forecast for Sunday, 1 March, 2026

<p>How windy? (On the summits)</p> <p>Effect of wind on you?</p>	<p>South-southwesterly strengthening from dawn 30 to 40mph, downslope gusts to the north/east. Sustained speeds rising, 50mph over tops afternoon, 60mph higher fells by evening.</p> <p>Walking strenuous with chaotic gusts. Deteriorating, conditions becoming difficult with considerable wind chill.</p>
<p>How wet? (Precipitation and its impact)</p>	<p>Rain and drizzle throughout the day</p> <p>From dawn, patches of rain drift northeastward from the Irish Sea across all areas, most frequent to the southwest, but soon increasingly widely, becoming persistent and heavier. Steady rain mixed with drizzle all day.</p>
<p>Cloud on the hills?</p> <p>Chance of cloud free summits?</p>	<p>Extensive, lowering blanket fog across fells</p> <p>Cloud shrouds most fells all day, some early higher bases to 700m or above north and east from Helvellyn, but lowering widely to 500-600m, forming persistently from 300-400m up near coast in west and south.</p> <p>Almost nil south/west Lakes, to 10% north/east.</p>
<p>Sunshine? Air clarity (below cloud)</p>	<p>Mostly cloudy, some bright moments to the northeast where visibility good. Visibility more limited at times south and west, hazy or increasingly murky.</p>
<p>How Cold? (at 750m)</p> <p>Freezing Level</p>	<p>1 or 2C at first, lifting to 5C. Feeling as cold as -10C in strongest wind.</p> <p>Just touching the highest summits at and before dawn, soon lifting well above.</p>

Lake District - Looking Ahead

	Monday 2 March	Tuesday 3 March
How windy? (On the summits) Effect of wind on you?	South to southwesterly; speed likely to drop from risk 40-50mph at first, to around 20mph by middle of day onward. Difficult conditions around dawn likely to lessen in the morning, remaining blustery in places, but smaller effects with time.	Variable or perhaps mostly easterly, 15-20mph in places, but likely often less. Mostly small.
How wet? (Precipitation and its impact)	Rain gradually fading A band of rain early in the day, may persist for a few hours, tending to ease off and break up, some uncertainty of timing, to leave drier conditions afternoon.	Precipitation rare if any Chance of local pockets of drizzle around low cloud.
Cloud on the hills?	Fairly extensive, then lifting and breaking Covering many fells early in day, varied banks to some lower slopes in southern areas for a few hours. Tending to gradually rise with some breaks, possibly more widely onward through afternoon.	Patchy cloud lifting, mostly clearing Some varied cloud banks in the morning, plus patchy mist around sheltered valleys, lifting to higher slopes and clearing from many fells, but some may linger.
Chance of cloud free summits?	10% rising to 40%	60%
Sunshine? Air clarity (below cloud)	Cloudy much of day, but some brighter skies and glimpses of sun may emerge from west. Visibility poor in rain, improving with time from west.	Varied cloud, some sun breaking through, a veil of high cloud likely persists. Visibility very good, some haze or mist early in day.
How Cold? (at 750m) Freezing Level	4C, dropping into night to 1C. If exposed to stronger wind at first, feeling like -7C. Above the summits, then likely to lower into night onto highest tops around 900m.	1C rising to 3C. Close to freezing on some higher slopes above 800m plus some valleys from dawn, otherwise above the summits.

Planning Outlook**All mountain areas of Britain from Monday, 2 March, 2026**

A drop of freezing level onto higher mountains develops during Monday into Monday night; weakening fronts bringing some precipitation, but fading. Higher pressure expands across the British Isles into Tuesday and stays nearby with commonly drier conditions and periods of light winds during early March, though mixed with pushes of strengthening south-southwesterlies bringing some occasional rain in from the west. Often milder air during the next couple of weeks, possibly briefly colder again by the end of the coming week.

Forecast issued at 16:00 on Saturday, 28 February, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.