

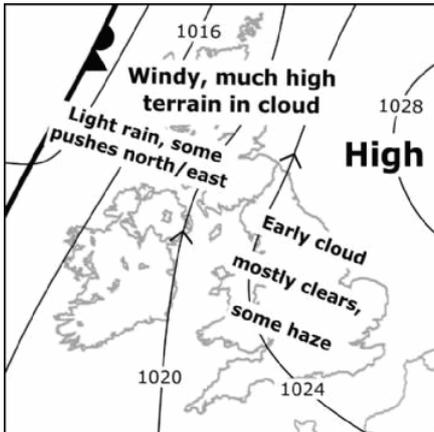
# Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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## General Summary for Wednesday, 4 March, 2026



### British Mountain Summary:

**Based on forecast chart for noon 4 March, 2026**

Windy in Scotland with gale-force gusts over high terrain. Much upper Highlands terrain in cloud, some rain and drizzle (most in the west); best breaks north of major hill groups. Varied cloud early in England and Wales, mostly clearing with increasing sun, though visibility limited by haze. Cool to mild England and Wales.

### Headline for Lake District

Breezy, gusty in exposure; cloud becomes well-broken

## Detailed Forecast for Wednesday, 4 March, 2026

<p><b>How windy? (On the summits)</b></p> <p><b>Effect of wind on you?</b></p>	<p>Southerly 20 to 25mph, in the morning. Gusty in places, a strengthening trend in speed, strongest gusts to 35mph but may be variably lower too. Wind will strengthen overnight.</p> <p><b>May be fairly small at first, but east of walking soon affected, at times strenuous in exposure during buffeting gusts and notable wind chill. Deteriorating overnight.</b></p>
<p><b>How wet?</b> (Precipitation and its impact)</p>	<p><b>Little if any precipitation</b></p> <p>Risk of occasional fine drizzle mostly southwestern coastal fells. An odd patch of rain may drift along the westernmost fells, but most hills will stay dry.</p>
<p><b>Cloud on the hills?</b></p> <p><b>Chance of cloud free summits?</b></p>	<p><b>Most persistent toward Irish Sea</b></p> <p>Cloud banks affecting southern fells in the morning, particularly Coniston group to Pillar, bases to around 600m but a breaking trend with time, perhaps to only occasional banks that may just form as thin layers. To the north and northeast, the fells largely clearing as the day goes.</p> <p><b>30% south in the morning, rising to 70% widely</b></p>
<p><b>Sunshine?</b> Air clarity (below cloud)</p>	<p>Patchy cloud around in the morning, most in the south, trending towards clearer skies and sun for many fells, southern fells most likely to see continued cloud.</p> <p>Good visibility but some haze.</p>
<p><b>How Cold? (at 750m)</b></p> <p><b>Freezing Level</b></p>	<p>5C, rising up to 7C, most likely on northern slopes but notable variability. Staying milder overnight on upper slopes.</p> <p>Directly in the wind feeling like -3 to -5C.</p> <p>A light frost in some valleys and sheltered slopes from before dawn, soon entirely thawing after sunrise.</p>

## Lake District - Looking Ahead

	Thursday 5 March	Friday 6 March
<b>How windy? (On the summits)</b>  <b>Effect of wind on you?</b>	Southwesterly 25-35mph from dawn, gradually easing, 15-20mph by evening, may lower further for a time.  <b>Strenuous walking and feeling chilly in exposure, slowly improving, may become fairly small.</b>	Northeasterly 15mph from dawn, easing into a lull for likely the rest of the day.  <b>Negligible.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Some patchy rain, risk more later</b> A few patches of rain drifting onto the fells from the south from time to time, though many fells stay dry through the morning. Risk of more widespread rain into the afternoon.	<b>Likely dry</b> A chance of early precipitation, snow on the tops with a mix of sleet and rain to lower slopes. This fades for dry fells.
<b>Cloud on the hills?</b>  <b>Chance of cloud free summits?</b>	<b>Mostly high terrain early, deteriorating afternoon</b> From dawn, cloud covers most terrain above 800m, lower bases southern fells, also some scattered patches to lower slopes more widely (these soon dissipating). May improve briefly to just higher terrain, but then becoming more extensive as rain arrives.  <b>30%</b>	<b>Mostly early, improving</b> Many fells in cloud above 600-700m in the morning though some local variability is likely, including some mist in sheltered valleys. Cloud will lift and break with time, the fells substantially clearing.  <b>30% rising to 70%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Some patchy weak sun, trending overcast. Visibility will be limited by haze.	A few glimpses of sun from dawn, cloud fading for afternoon sunshine. Very good visibility.
<b>How Cold? (at 750m)</b>  <b>Freezing Level</b>	5 or 6C, dropping into and overnight. Feeling like -5C early in direct wind, improving.  Above the summits.	0C rising to 2C.  600-700m, though some local frosts in sheltered valleys too. Rising to high tops, lifting off the summits overnight.

## Planning Outlook

### All mountain areas of Britain from Thursday, 5 March, 2026

Thursday into Friday sees a band of rain pass east across most mountains, then a relatively settled weekend for England and Wales, and perhaps east Scotland too. Varying conditions over the next couple of weeks as areas of high pressure build across the British Isles then slip eastwards: dry and bright days with light winds mixed with periods of strengthening south/westerly winds bringing occasional rain from the west. Temperatures will vary, at times lifting just above freezing to high Munro tops, but typically lowering again to high terrain and briefly mid-slopes. Freezing levels will only briefly touch high England and Wales summits, but some frosts into valleys during clear-sky nights. Remaining old snow cover on Scottish mountains stays largely consolidated with little change, any remaining snow in England and Wales will thaw.

### Forecast issued at 16:09 on Tuesday, 3 March, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.