

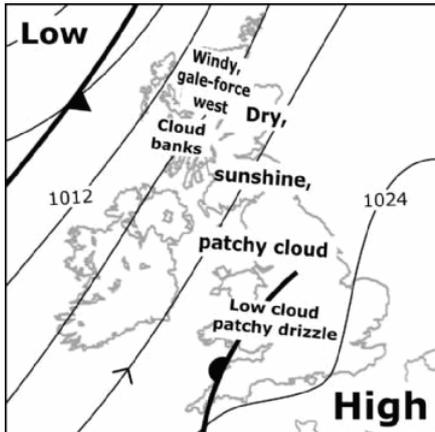
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Saturday, 7 March, 2026



British Mountain Summary: Based on forecast chart for noon 7 March, 2026

Another dry and mostly sunny day across the Scottish mountains, but patchy cloud capping some western tops at times; strong southerly wind for northwest Highlands, gale force gusts Skye. England and Wales: Sunny for Lakes and N Pennines, but low cloud much of Wales, and capping Peak District, a little light rain.

Headline for Lake District

Dry with fairly extensive sunshine, thicker cloud perhaps far south. Breezy.

Detailed Forecast for Saturday, 7 March, 2026

How windy? (On the summits)	Southeasterly 15 to 20mph, local gusty spots around higher western fells.
Effect of wind on you?	Fairly small.
How wet? (Precipitation and its impact)	Precipitation not expected
Cloud on the hills?	Local patches, lifting Some cloud banks mostly early in day over mid to upper slopes in south Lakes, likely to lift higher up and increasingly clear. Patches may linger over southernmost fells tops, nearest a cloud sheet.
Chance of cloud free summits?	80%, but 60% far south.
Sunshine? Air clarity (below cloud)	Sunshine for the fells (after fog in many valleys at first), but cloud sheet may drift into southernmost fells. Visibility excellent.
How Cold? (at 750m)	2C, but some spots slightly colder in the morning.
Freezing Level	Above freezing overall, but some upper slopes may start close to freezing, plus patchy frost some valleys at dawn.

Lake District - Looking Ahead

	Sunday 8 March	Monday 9 March
How windy? (On the summits)	Southerly 15 to 25mph	Southwesterly 15 to 25mph
Effect of wind on you?	Mostly small	Mostly small
How wet? (Precipitation and its impact)	Risk of occasional rain. Risk of occasional patches of rain, mostly for western areas.	Patchy light rain Patches of light rain and drizzle tending to extend in from the west. Small amounts.
Cloud on the hills?	May cover western tops Uncertain detail, but cloud banks may cover higher terrain, mostly toward westernmost fells.	Covering hills increasingly Hills will likely increasingly be covered in low cloud, as patchy rain develops from the west.
Chance of cloud free summits?	50%	30%
Sunshine? Air clarity (below cloud)	Broken cloud, giving a little patchy sun here and there. Marked haze.	Any early patchy sun, tending to give way to dull, overcast skies. Slight haze, and poor visibility in any patchy light rain.
How Cold? (at 750m)	5 or 6C	5C
Freezing Level	Above the summits, but slight frost some valleys at dawn.	Above the summits

Planning Outlook**All mountain areas of Britain from Sunday, 8 March, 2026**

More cloud by Sunday as weak fronts encroach in from the west, some drizzly rain moving into mainly western parts, hazy elsewhere; dense across southern areas. Patchy rain likely in the west at least early in the new week, likely dropping back just below freezing on the Munros for a time with some snowfall on higher areas. Winds fairly light early week, then a risk of strengthening southwesterly later in the week; changeable weather conditions with spells of rain coming in from the Atlantic. Remaining old snow cover on Scottish mountains stays largely consolidated with little change, only very patchy snow remains around highest tops in England and Wales.

Forecast issued at 7:53 on Saturday, 7 March, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.