

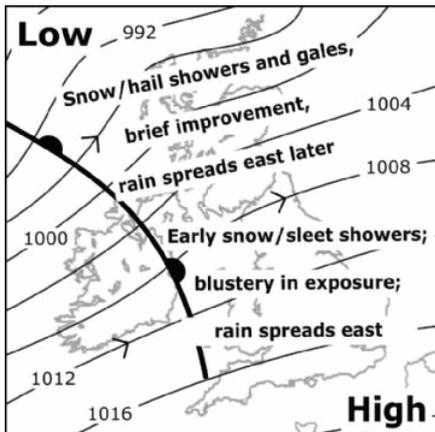
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Monday, 16 March, 2026



British Mountain Summary: Based on forecast chart for noon 16 March, 2026

Snow and hail showers affect most areas in the morning, frequent over western hills. A brief easing, then several hours of rain arrives to Wales, moving north and east into England and Scotland through afternoon and into evening. A notable rise in temperature with arrival of rain. Strong wind all day, a slight easing for a few hours.

Headline for Lake District

Snow/hail showers, then later afternoon rain; very windy

Detailed Forecast for Monday, 16 March, 2026

How windy? (On the summits)	Westerly 35-40mph, easing towards the lower end of the range and shifting southwesterly afternoon, then strengthening late afternoon into evening, speeds up to a gusty 50mph.
Effect of wind on you?	Strenuous walking in exposure all day with significant wind chill, particularly arduous in the morning. A slight easing of conditions for a few hours, but then a significant deterioration into evening.
How wet? (Precipitation and its impact)	Hail and snow showers, then afternoon rain Showers through morning, snow above 300m, the snowfall level rising towards 600m. Some hail likely as well. Rain then arrives from the west afternoon, setting in widely for several hours.
Cloud on the hills?	High tops and west fells often in cloud, more extensive later Cloud base varying: near precipitation below 450m, perhaps 300m morning. Otherwise, cloud base 600m, rising slightly for a few hours east Lakes, but then fog filling in from at least middle slopes up through afternoon, down to 300m west.
Chance of cloud free summits?	30%, lowering to almost nil
Sunshine? Air clarity (below cloud)	A patchwork of sunshine, increasingly weakened by thickening high cloud. Persistent haze - and very poor visibility in precipitation, better visibility to the east.
How Cold? (at 750m)	-1C, rising toward 1C afternoon, then sharply rising to 4C, likely rising further overnight. Will feel as cold as minus 15C due to wind chill.
Freezing Level	500-600m to start, steadily rising to 900m by afternoon, sharply lifting well above the summits with arrival of rain.

Lake District - Looking Ahead

	Tuesday 17 March	Wednesday 18 March
How windy? (On the summits) Effect of wind on you?	South-southwesterly 40-55mph on higher tops. Strongest Pillar to Skiddaw. Powerful gusts, including lower slopes. Arduous walking in exposure with significant wind chill, most difficult mobility towards northwest Lakes.	Southwesterly 10-20mph, shifting southerly and easing to 10mph or less, perhaps a lull. Small
How wet? (Precipitation and its impact)	Frequent/persistent drizzle south fells Frequent to persistent drizzle from Pillar east to High Street, some drizzle over Helvellyn group too. Fells to the north largely dry, some light drizzle in the wind. May ease somewhat for a time.	Substantially dry A few spots of light rain affecting the fells here and there, amounting to very little if any.
Cloud on the hills?	Blanket of fog at least south lakes Persistent fog south Lakes, cloud base 200-400m. Higher cloud base north Lakes - the cloud may clear completely at times afternoon, but expect cloud to be extensive above about 600-750m.	Mostly high terrain, particularly west Banks of cloud at various heights in the morning, lifting after sunrise, largely to 800m and up. Helvellyn to Blencathra may substantially clear for most of the day.
Chance of cloud free summits?	10% south lakes to 30% north	80% east, 60% west
Sunshine? Air clarity (below cloud)	South lakes: Dull and murky most or all day. Pockets of sun north, possibly frequent for a few hours; visibility good although hazy towards the sea.	Some sunshine but often shrouded by high cloud and perhaps some lower cloud in the west. Good visibility.
How Cold? (at 750m) Freezing Level	4 or 5C. Feeling like -7 to -10C in direct wind. Above the summits	5C lifting to 7C. May just touch the high summits.

Planning Outlook**All mountain areas of Britain from Tuesday, 17 March, 2026**

Areas of low cloud, drizzly rain and strong winds will continue to affect mainly western mountains until Wednesday, the rain at times heavy in western Scotland. Pressure begins to quickly rise on Wednesday, providing fairly widely settled conditions across the country. Some cloud and spotty light rain lingers in north England/south Scotland for a few days, elsewhere becoming mostly sunny. England, Wales, and southwest Scotland seeing milder temperatures, mostly light wind but the occasional stronger breeze. Elsewhere in Scotland stays cooler, some overnight frosts possible under clear-sky nights. Over the weekend, first indications of a cool easterly wind building across all areas, perhaps some periods of rain south, but further detail currently uncertain.

Forecast issued at 16:21 on Sunday, 15 March, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.