

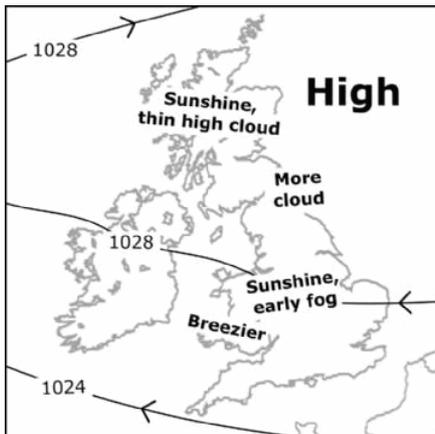
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Thursday, 19 March, 2026



British Mountain Summary:

Based on forecast chart for noon 19 March, 2026

Dry overall, clear hills and sunny, thin high cloud for Scotland. A zone of cloudier skies and some varied fog from the Borders to northeast Pennines. Warmer further southwards, sunny but hazy views, some early valley fog in Wales & Peak District. Light winds for most places, breezier in south Wales.

Headline for Lake District

Sun and patchy cloud banks. Light wind.

Detailed Forecast for Thursday, 19 March, 2026

How windy? (On the summits)	Variable, mostly east to southeasterly, less than 10mph, occasional local gusts 10-15mph.
Effect of wind on you?	Negligible.
How wet? (Precipitation and its impact)	Precipitation unlikely
Cloud on the hills?	Some banks over high fells Some early valley fog, this lifting and largely dissipating after sunrise. Odd banks further up the hill too, these also lifting, to just brief patches drifting over the high fells for most of the day.
Chance of cloud free summits?	70%
Sunshine? Air clarity (below cloud)	Sun and broken cloud, though weakened by high cloud. Visibility will be limited by a haze.
How Cold? (at 750m)	8 or 9C, only slight change with added height.
Freezing Level	Above the summits.

Lake District - Looking Ahead

	Friday 20 March	Saturday 21 March
How windy? (On the summits)	Southerly or variable 10mph or less.	West to southwesterly 10 to 15mph.
Effect of wind on you?	Small.	Small.
How wet? (Precipitation and its impact)	Precipitation not expected	Precipitation not expected
Cloud on the hills?	Mostly little Patchy fog in valleys from dawn, possible patchy cloud forming around some southern hill slopes for a time, but tending to lift above tops or largely disperse into middle of day.	Varied early fog mostly clearing Fog mostly valleys and lower hills in the morning, may lift upslope to patches on some tops during morning, increasingly dispersing or becoming confined near to coast. Most fells clear afternoon.
Chance of cloud free summits?	80%	70%
Sunshine? Air clarity (below cloud)	Mostly sunny. Visibility very good, some haze lower down.	Sunshine and some patchy cloud mostly in west; thin high cloud. Some haze particularly morning, better visibility afternoon.
How Cold? (at 750m)	Around 7C, some cooler spots at first, then some slightly warmer spots by afternoon.	7C, rising slightly into afternoon.
Freezing Level	Above the summits, but slight frost in valleys and some sheltered higher areas at dawn.	Above the summits, but patchy frost in valleys and sheltered higher areas around dawn.

Planning Outlook**All mountain areas of Britain from Friday, 20 March, 2026**

High pressure stays nearby toward the weekend, although retreats to allow west-southwesterly winds to move into Scotland, bringing more cloud to the northwest and some drizzle on Saturday, though most places remain dry. By Sunday, stronger westerly winds and a front passing eastwards with a spell of rain followed by lowering temperatures and showers with snow and hail over the hills in Scotland. A chilly start to the new week, near or below freezing over higher mountains, particularly Scotland. Changeable westerlies during next week, windy for all at times, showery conditions most common in western Scotland. High pressure to the south may rebuild to settle things again.

Forecast issued at 16:15 on Wednesday, 18 March, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.