

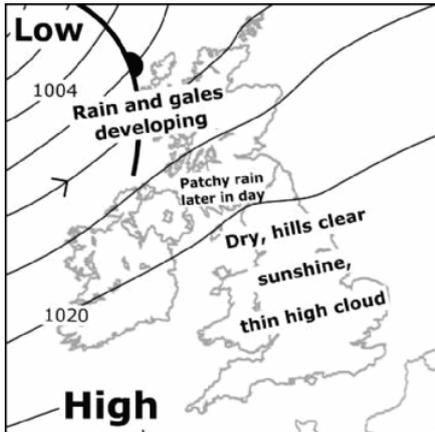
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Monday, 23 March, 2026



British Mountain Summary:

Based on forecast chart for noon 23 March, 2026

Wind speed increasing significantly across Scotland, becoming severe-gale force over mountains into afternoon. Rain and briefly some snow on tops moving in from the west. England and Wales dry, with sun through a veil of high cloud, also increasingly windy - upland gales evening into night.

Headline for Lake District

Increasingly windy, gales later. Dry, hills clear, weak sun.

Detailed Forecast for Monday, 23 March, 2026

How windy? (On the summits)	Variable 10-15mph or less at first, soon becoming south-southwesterly, 20-25mph by noon. Increasingly more rapidly during afternoon, later 40-50mph, gusts 60mph on higher fells from dusk.
Effect of wind on you?	Fairly small up to early afternoon, but expect increasingly blustery conditions, and deteriorating further into evening as gales make walking difficult later.
How wet? (Precipitation and its impact)	Precipitation unlikely until late A little light rain possible in northwest Lakes late afternoon up to dusk. Onward into night, persistent and heavier rain developing widely.
Cloud on the hills?	Little if any until night Rare fragments drifting onto some western tops mainly late in the day. Into night, cloud lowering over the fells increasingly widely.
Chance of cloud free summits?	90%
Sunshine? Air clarity (below cloud)	Sunshine tending to weaken as high cloud thickens, may become obscured afternoon. Visibility excellent.
How Cold? (at 750m)	0C rising to 3C by late afternoon. As wind increases, chill factor later in daytime feeling like -10C in exposure.
Freezing Level	800m plus frost in valleys around dawn. Rising above freezing to highest tops by middle of day.

Lake District - Looking Ahead

	Tuesday 24 March	Wednesday 25 March
How windy? (On the summits) Effect of wind on you?	Southwesterly 45 to 60mph, risk 70mph higher fells for a few hours; peak speeds may moderate a little during day. Difficult conditions across the fells, any mobility challenging in exposure. Significant wind chill.	Northwesterly 35 to 50mph, varying speeds with squally gusts around showers. Challenging walking conditions, frequent buffeting, often arduous over higher exposed terrain. Significant wind chill.
How wet? (Precipitation and its impact)	Heavy rain likely sets in, later snow Persistent and increasingly heavy rain setting in over several hours, most likely through middle of day, may continue into afternoon, snow on tops later in day.	Frequent hail and snow Showery snow and hail falling to lower slopes, frequent to at times near-constant over coastal areas in the west, but extending across all the region. Risk of isolated thunder & lightning.
Cloud on the hills?	Extensive Shrouding the fells widely, from lower elevations upward west and south Lakes. Higher bases mostly above 600m northeastern areas.	Varying over tops Cloud base constantly changing, will come and go all day above 800-900m, frequently capping high tops toward coast, patches at times to 600m. Clearing tops for periods.
Chance of cloud free summits?	10%	30%
Sunshine? Air clarity (below cloud)	Largely cloudy, dull then murky in rain. Visibility increasingly very poor.	Bursts of bright sunshine. Visibility intermittently very good, but appalling for periods in showers with brief whiteout over tops.
How Cold? (at 750m) Freezing Level	3C in morning, lowering to 0C up to dusk. Feeling like -12 to -15C in the wind. Above the summits for many hours, then rapid drop from northwest to 700m later in daytime, then 500-600m after dark.	-1 or -2C, slight rise into afternoon. Wind chill feeling like -15 to -18C on tops. 500m from dawn, lifting to 700m, slightly higher away from showers.

Planning Outlook**All mountain areas of Britain from Tuesday, 24 March, 2026**

Cold, wintry conditions across all mountains into midweek - significant chill factor from gale force west then northwesterly winds. Showery hail and snow falling to increasingly lower elevations in the Highlands on Tuesday, whilst a band of heavy rain moves slowly southward over England & Wales. Hail and snow showers extend southwards into Wednesday, by then below freezing on all tops above 600-700m. Fewer showers by Thursday for many, though further snow then rain moves into western Scotland. Temperature and freezing level then varying as changeable westerlies prevail for Scotland through the weekend into early next week with periods of upland gales widely, accompanied by spells of rain, hill snow and hail showers; some windows of drier weather more often affect England & Wales.

Forecast issued at 16:07 on Sunday, 22 March, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.