

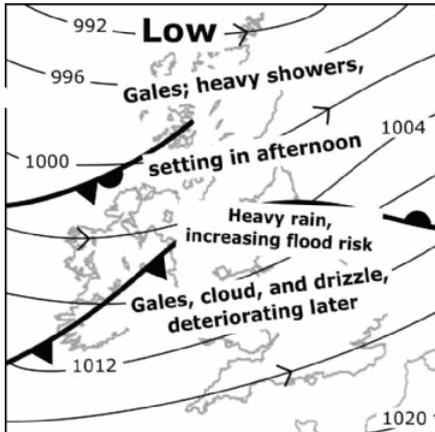
# Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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## General Summary for Tuesday, 24 March, 2026



### British Mountain Summary:

**Based on forecast chart for noon 24 March, 2026**

Widespread gales, severe early in Scotland. Showers in west Scotland, pushing east, turning snowy and setting in for a time. Near constant rain for Lakeland and Yorks Dales, becoming heavy with a rising flood risk. Rain spreads widely across England and Wales later, wind strengthens in Wales.

### Headline for Lake District

Gales and near-constant rain, increasingly heavy with flood risk

## Detailed Forecast for Tuesday, 24 March, 2026

<b>How windy? (On the summits)</b>	Southwesterly 45 to 55mph, risk 60mph. Easing towards 35-45mph for several hours around midday, may restrengthen at times across southern fells.
<b>Effect of wind on you?</b>	<b>Difficult conditions across the fells in the morning, any mobility challenging in exposure with significant wind chill. Effects will ease slight but walking will remain strenuous in exposure, at least.</b>
<b>How wet? (Precipitation and its impact)</b>	<b>Heavy rain sets in</b> Often raining across the southern fells from dawn, some patches further north, setting in constantly for most of the afternoon with heavy falls. Rain starts turning to snow on high terrain evening into night. Becoming very wet underfoot and a risk of flooding, at least in the south and west.
<b>Cloud on the hills?</b>	<b>Extensive</b> Shrouding the fells widely, from lower elevations upward west and south Lakes. Higher bases mostly above 600m northeastern areas, but then extensive cloud building here as well, 400m and up afternoon and locally lower.
<b>Chance of cloud free summits?</b>	<b>10%</b>
<b>Sunshine? Air clarity (below cloud)</b>	Largely cloudy, dull and murky in rain. Visibility increasingly very poor.
<b>How Cold? (at 750m)</b>	5 or 6C from morning into afternoon. Temperature begins to drop rapidly as evening approaches, towards 0C, lower after dark. Feeling like -12 to -15C in the wind.
<b>Freezing Level</b>	Above the summits for many hours, then rapid drop from northwest to 700m later in daytime, then 500-600m after dark.

## Lake District - Looking Ahead

	Wednesday 25 March	Thursday 26 March
<b>How windy? (On the summits)</b> <b>Effect of wind on you?</b>	Northwesterly 35 to 50mph, varying speeds with squally gusts around showers. <b>Challenging walking conditions, frequent buffeting, often arduous over higher exposed terrain. Significant wind chill.</b>	Northwesterly 20-30mph early, gradually easing and shifting westerly, 10-15mph into evening. <b>Walking impeded with balance challenges on high exposed ridges early. Easing to fairly small effects.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Frequent hail and snow</b> Showery snow and hail falling to lower slopes, frequent to at times near-constant over coastal areas in the west, but extending across all the region. Risk of isolated thunder & lightning.	<b>Daytime precipitation unlikely</b> Some patchy rain may approach the western fells as evening falls.
<b>Cloud on the hills?</b>	<b>Varying over tops</b> Cloud base constantly changing, will come and go all day above 800-900m, frequently capping high tops toward coast, patches at times to 600m. Clearing tops for periods.	<b>Little expected during daylight</b> The occasional cloud patch may graze the high fell tops, but most hills free of cloud until a deck of cloud arrives into nighttime.
<b>Chance of cloud free summits?</b>	<b>30%</b>	<b>90%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Bursts of bright sunshine. Visibility intermittently very good, but appalling for periods in showers with brief whiteout over tops.	Bright sunshine early, high cloud gradually fills in from the west, trending overcast. Excellent visibility.
<b>How Cold? (at 750m)</b> <b>Freezing Level</b>	-1 or -2C, slight rise into afternoon. Wind chill feeling like -15 to -18C on tops. 500m from dawn, lifting to 700m, slightly higher away from showers.	-2 or -3C, gradually rising, to 0C evening, then several degrees above 0C overnight. Feeling like -10 to -13C in early wind. 500-600m, some lower frosts likely too. A slight rise, then sharply lifting above the summits for several overnight hours.

**Planning Outlook****All mountain areas of Britain from Wednesday, 25 March, 2026**

Cold, wintry conditions across all mountains into midweek - significant chill factor from gale force west then northwesterly winds. Hail and snow showers extend southwards into Wednesday, by then below freezing on all tops above 600-700m. Fewer showers by Thursday for many, though further snow then rain moves into western Scotland. Temperature and freezing level then varying as changeable westerlies prevail for Scotland through the weekend into early next week with periods of upland gales widely, accompanied by spells of rain, hill snow and hail showers; some windows of drier weather more often affect England & Wales.

**Forecast issued at 15:55 on Monday, 23 March, 2026**

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.