

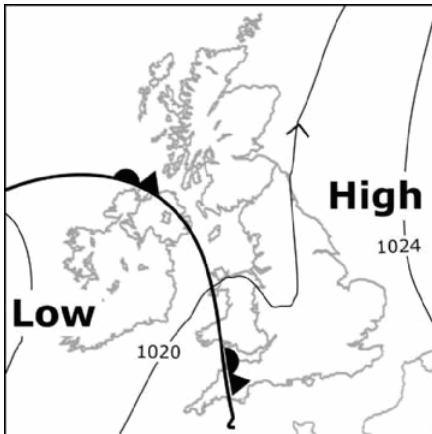
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Friday, 1 May, 2026



**British Mountain Summary:
Based on forecast chart for noon 1 May, 2026**

As pressure falls slowly, so extensive high level cloud and bursts of rain (perhaps thundery in places later in day) will spread east - although the precise locations of the showery rain remains uncertain. Patches of low cloud, mainly near Irish Sea coasts will accompany the rain.

Headline for Lake District

Bursts of rain, possibly heavy late in day. Fairly light wind.

Detailed Forecast for Friday, 1 May, 2026

How windy? (On the summits)	Southerly, 10 to 15mph. May increase to 20mph toward evening.
Effect of wind on you?	Fairly small.
How wet? (Precipitation and its impact)	Risk burst of rain morning; then developing more widely. Small risk lightning. Extensively dry morning before a few bursts of rain spread east. By mid or late afternoon, scattered heavy bursts with small risk thunder. Toward evening the rain may set in for an hour or so.
Cloud on the hills?	Patches forming in rain evening, mainly south lakes The hills cloud free possibly throughout daylight or until late afternoon when in and after rain, some slopes become foggy, locally from forest canopies up (particularly south lakes).
Chance of cloud free summits?	Almost certain until evening, then 40%
Sunshine? Air clarity (below cloud)	Sunshine, becoming weak through a veil of high cloud, which will probably extend eastward. Visibility good or very good, but some haze.
How Cold? (at 750m)	10C, up to 15C, warmest away from coastal fells, afternoon.
Freezing Level	Above the summits.

Lake District - Looking Ahead

	Saturday 2 May	Sunday 3 May
How windy? (On the summits) Effect of wind on you?	Generally southwesterly; 15 or 20mph. Small	North to northeasterly between 20 and possibly 35mph (low confidence at this stage). Expect considerable wind chill, and even on some lower slopes significant buffeting in gusty wind.
How wet? (Precipitation and its impact)	Risk occasional rain Largely or perhaps completely dry. However, risk pockets of drizzle in morning and bursts of showery rain later in day.	Probably raining most of daylight A broad band of rain may well drift only slowly northwards, bringing many hours of steady rain.
Cloud on the hills? Chance of cloud free summits?	Very extensive from dawn; will gradually lift although may persist Confidence in detail low: Particularly south lakes, cloud may through morning be below 300m and persist above 450 to 600m most or all day. In north lakes, cloud likely to rise to toward or above 700m, possibly all clearing. 30% rising gradually north lakes to 60%	Blanket of fog throughout or most of day The hills may be free of cloud ahead of the rain, possibly for several hours. But in rain, fog enveloping the hills, sometimes from lower slopes, particularly northeastern fells. 20%
Sunshine? Air clarity (below cloud)	Sunshine gradually coming through at least north lakes with mostly very good visibility after a dull and misty start.	Sunshine unlikely. Visibility frequently poor in rain.
How Cold? (at 750m) Freezing Level	8C. Above the summits.	5C: may well feel as cold as minus 5C directly in the wind. Above the summits.

Planning Outlook**All mountain areas of Britain from Saturday, 2 May, 2026**

Less settled from the weekend onwards. Rain will be more frequent although apart from on Saturday night and Sunday (when a band of rain will move north about as far as central Scotland - the detail presently very uncertain) total rainfall will remain fairly small.

Temperature levels will drop markedly, particularly on the Scottish Highlands, where overnight and mornings higher slopes will be below freezing point on Scottish Highlands - with hail and snow flurries. Overnight frosts may extend as far south as Wales again.

Forecast issued at 15:09 on Thursday, 30 April, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.