

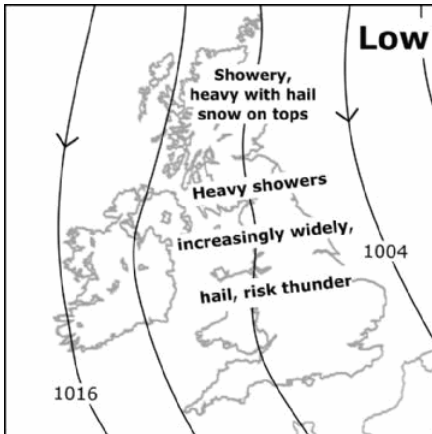
# Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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## General Summary for Thursday, 14 May, 2026



**British Mountain Summary:  
Based on forecast chart for noon 14 May, 2026**

Another cold day for May with considerable chill factor in exposure to brisk northerly winds. Showers focused on north-facing areas in the morning, but forming increasingly widely, falling as snow on Scottish Munros, at times higher tops elsewhere; heavy bursts with hail, isolated thunder.

**Headline for Lake District**

Chilly and breezy. Increasingly showery with hail.

## Detailed Forecast for Thursday, 14 May, 2026

<b>How windy? (On the summits)</b>	North-northwesterly 20 to 25mph, tending to increase in afternoon, some stronger squally gusts around showers.
<b>Effect of wind on you?</b>	<b>Considerable wind chill for mid-May. At times walking becoming uncomfortable in exposure on high tops.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Showers forming, some hail.</b> A mostly dry and bright start, but clouds will bubble up, with scattered showers forming from late morning. Most widespread afternoon, some heavy with hail, chance isolated thunder.
<b>Cloud on the hills?</b>	<b>Varied, but banks forming tops in showers.</b> Given flow direction, generally well elevated bases with tops often clear. However, in and around showers, banks may form above 700-900m.
<b>Chance of cloud free summits?</b>	<b>60%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Sunniest during early part of morning inland, before skies fill in with cloud. Visibility excellent, but temporarily poor in showers.
<b>How Cold? (at 750m)</b>	2C rising to 4C afternoon. Feeling like -7C directly in wind on higher tops.
<b>Freezing Level</b>	Close to top of Scafell Pike in the morning, lifting further above tops afternoon.

## Lake District - Looking Ahead

	Friday 15 May	Saturday 16 May
<b>How windy? (On the summits)</b> <b>Effect of wind on you?</b>	North to northwesterly 25 to 30mph at dawn, easing down to 15 to 20mph through day. <b>Blustery start to the day, with considerable wind chill and some buffeting, but becoming mostly small.</b>	West or southwesterly 10-15mph, increasing gradually to 15-20mph, later in day 20-25mph. <b>Mostly small, but starting to feeling more noticeably breezy later.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>A few brief showers</b> One or two brief showers near coast in morning, then mainly inland and toward east by afternoon, but many places often dry. Chance of brief hail.	<b>Risk a little rain mainly later</b> Rare brief showers passing eastwards, otherwise many hours likely dry. Then increasing risk of patchy rain moving in from west, more persistent into evening.
<b>Cloud on the hills?</b>  <b>Chance of cloud free summits?</b>	<b>Patches lifting above tops</b>  Cloud banks mostly western tops early in the day, may come and go for a few hours, but bases rising and clearing above most tops by middle of day onward.  <b>70%</b>	<b>Mostly little until later</b>  Patchy cloud banks form on some slopes in morning, mainly western areas, lifting and clearing. Later in day, cloud banks form on tops as rain develops.  <b>80%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Patchy sun, best early morning inland, then improving in coastal areas afternoon. Visibility excellent, briefly lowering in local showers.	Sunshine best early in day, high cloud tends to thicken from west to cover the sky. Visibility excellent.
<b>How Cold? (at 750m)</b>  <b>Freezing Level</b>	Close to 0C at dawn, lifting to +3 or 4C. Feeling near -10C directly in early wind.  700-800m at dawn, but lifting above the tops.	1C rising to 5C afternoon.  800m plus frost inland valleys at dawn. Rising by middle of day above freezing to highest tops.

## Planning Outlook

### All mountain areas of Britain from Friday, 15 May, 2026

Becoming gradually less cold into the weekend as northerly winds ease and then switch toward west-southwesterly. Fewer showers by Friday with sunny spells. A dry start to Saturday, frost at dawn where skies are clear. Rain and lowering cloud moves onto west coast areas during Saturday, persistent rain later western Scotland. By Sunday and Monday, areas of showery rain will pass eastwards during the daytimes, leaving western areas generally drier with cloud breaks afternoon-evenings. South-southwesterlies then prevail for a few days next week, with rain at times Tuesday and Wednesday on western hills, particularly Scotland. A drier and warmer theme later in the week as higher pressure builds.

### Forecast issued at 16:30 on Wednesday, 13 May, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.